

Summer 2024

RECREATION CENTERS & SCHEDULES

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The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager at 619-235-1133, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.

PARK & FACILITY INFORMATION

Our staff cordially invites you to visit all recreation centers in Mira Mesa:

HOLIDAY CLOSURES

Juneteenth	June 19th
Independence Day	July 4th
Labor Day	September 2nd

IMPORTANT PHONE NUMBERS

SDPD (Non-Emergency)	(619) 531-2000
Ned Baumer Pool	(858) 538-8083
San Diego Humane Society	(619) 299-7012

OTHER FACILITIES

Verne Goodwin Senior Center

8460 Mira Mesa Blvd San Diego, CA 92126
(858) 578-7325

Rancho Penasquitos Skate Park

10111 Carmel Mountain Rd San Diego, CA 92129
(858) 538-8131

YOUTH SPORTS ORGANIZATIONS

Mira Mesa Little League

<https://www.miramesalittleleague.org/>

Mira Mesa Youth Football

<https://www.miramesachargers.org>

Mira Mesa AYSO

<https://www.miramesaayso.org>

Mira Mesa Girls Softball League

<https://www.mmgsoftball.com>

ADULT SPORTS ORGANIZATIONS

Co-Ed & Men's Softball

Peter McNamara www.socaladultsoftball.com

Adult Basketball League

Rob Powell www.sandiegobasketball.com

Senior Softball

Jim Smith (619) 358-3361

INDIVIDUALS WITH SPECIAL NEEDS

All activities accommodate people with disabilities. Upon availability, Therapeutic Recreation Services Department will provide additional assistance from recreation staff requiring a three week advance notice. An assessment will be determined if one-on-one aide is needed. Therapeutic Recreation Services is a Citywide program that provides recreation opportunities for people with disabilities.

PARK USE INFORMATION

For park use permits and reservations for the listed areas including, but not limited to sports field use, picnic areas, special events, and picnic shelters.

Please contact the following Recreation Centers:

HOURLASS FIELD COMMUNITY PARK (858) 538-8153

Maddox Park*	7809 Flanders Drive
Mason Joint Use	10340 San Ramon Drive
Mesa Verde Park	8350 Gold Coast
Hourglass Park	10440 Black Mountain Rd
Walker Joint Use	9125 Hillery Drive
Wangenheim Joint Use	9230 Gold Coast Drive
Westview Park*	11278 Westview Pkwy

LOPEZ RIDGE COMMUNITY PARK (858) 538-8171

Lopez Ridge	7245 Calle Cristobal
Sandburg Park	11170 Avenida Del Gato

MIRA MESA COMMUNITY PARK (858) 538-8122

Breen Park*	11119 Polaris Drive
Camino Ruiz Park*	11498 Camino Ruiz
Challenger Joint Use	10810 Parkdale Ave
Ericson Joint Use	11174 Westonhill Drive
McAuliffe Park	7540 Winterwood Lane
Mesa Viking Park	11278 Westonhill Drive
Mira Mesa Community Park*	8575 New Salem Street

- parks with picnic shelters that are available for permit

COMMUNITY RECREATION GROUP

These groups of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the Mira Mesa community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. New membership is encouraged and welcomed.

Persons interested in making a positive impact or who have concerns about local parks and recreation centers should attend these meetings. The Mira Mesa Recreation Council meets on the second Tuesday of every month at 7:00pm at Lopez Ridge Recreation Center.

Please visit www.miramesarecreationcouncil.org for more



IMPORTANT INFORMATION

Recreation Centers are equipped with Automated External Defibrillator

All City of San Diego Parks and Beaches are smoke free.



REGISTRATION INFORMATION

Registration Begins: Saturday, May 11th 2024 at 10am

Only a parent or legal guardian can register participants under the age of 18 years.

Cash or paper check is not accepted for registration.

Acceptable payment methods (on-line and in-person) include:

Electronic check - proper ID with proof of checking account required

Credit, debit, or gift cards issued by qualified card service merchants

(Visa, MasterCard, American Express, and Discover only).

A **\$25.00 fee will be charged for declined electronic checks**. All customers must verify that bank routing and account numbers are entered correctly.

All fees must be paid in full prior to attending the first class.

Classes not meeting the minimum number of students may be cancelled.

PROCESSING FEES ARE INCLUDED

All registration and reservation fees include a non-refundable 3.56% processing fee.

RECREATIONAL PROGRAMS REFUND AND TRANSFER POLICY

Written refund applications must be submitted, using the Application for Miscellaneous Refund Form (COM -6), in person at the facility where the program occurs. Refunds will be processed in accordance with the following policy:

Refund Policy Exclusions:

3.56% processing fee will be deducted from all refunds

No refund or transfer for non-attendance at any class

No credits to account

No refunds for costumes or equipment

Activity fees less than \$10.00 will not be refunded

Classes: Refund is based on the date that the written application is submitted.

96.5% refund - 3 or more calendar days prior to the first day of the class

75% refund - less than 3 calendar days prior to the first day of class

ONLINE REGISTRATION INFORMATION

You may register online for all contractual programs offered by using the Online Registration System.

Log onto: www.SDRecConnect.com

Returning Customers (*previously registered for classes online*)

Click the "My Account" button. Enter your Login (email) and password.

New Customers - click the "Create Account" button. Fill out the New Account request form completely, including all required fields (Birth date, gender, email address, etc.) and click submit. Please submit your

LOPEZ RIDGE

7245 Calle Cristobal San Diego, CA 92126



WELCOME

The staff at Lopez Ridge cordially invites you to visit the park at Lopez Ridge. Look through the program for a class you and your family may enjoy.

Lopez Ridge Recreation Center has meeting rooms available for rent for birthday parties, board/staff meetings, monthly meetings, trainings and more. There is an outdoor basketball court, softball field, a beautiful shaded playground and picnic area with a scenic view of native plant life.

Nearby Camino Ruiz Neighborhood Park has picnic shelters available to rent for parties and other special occasions.

STAFF

Claudia Apodaca	Area Manager II
Brian Vaira	Center Director I
Eric Brown	Recreation Leader I
Armando Angulo	Ground Maintenance Worker II

HOURS OF OPERATION

Monday	11:00am - 7:00pm
Tuesday	12:00pm - 7:00pm
Wednesday	12:00am - 7:00pm
Thursday	12:00pm - 7:00pm
Friday	11:00am - 7:00pm
Saturday	9:00am - 5:00pm
Sunday	Closed

STAFF PROGRAMS

Guitar and Ukulele Class for Beginners

Learning the basics of Guitar and Ukulele at Lopez Ridge. 101 is for absolute beginners, no experience is necessary. 201 is for people with at least 3 months of experience. Classes include how to play chords, how to read tabs and chord diagrams, how to play simple 4 chord pop songs, and more. **Log onto: www.SDRecConnect.com and enter the activity code to register***

Age: All Ages

Instructor: Brian Vaira

Days: Tuesday and Wednesday

Location: Meeting Room 2

Dates: June 4th-Aug 28th (Skip June 18 and 19)

Fee: 10\$ for 12 weeks

Schedule:

Tuesday: Guitar

4pm-4:30pm for 7-13 year olds: 101 #114855*

4:30pm-5pm for 7-13 year olds: 201 #114857*

5pm-5:30 pm 13 and up: 101 #114856*

5:30pm-6pm 13 and up: 201 #114858*

Wednesday: Ukulele

4pm-4:30pm for 7-13 year olds: 101 #114859*

4:30pm-5pm for 7-13 year olds: 201 #114861*

5pm-5:30 pm 13 and up: 101 #114860*

5:30pm-6pm 13 and up: 201 #114862*



Basketball Clinic

Keep your basketball skills sharp with dribbling, passing, shooting, and defensive drills. Work with one of our experienced coaches with drills, scrimmages, and fitness exercises to help you stay in shape and prepare for upcoming seasons.

Age: 9-14 years

Instructor: Eric Brown

Schedule: Saturdays 10am-10:45pm

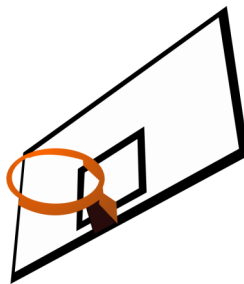
Location: Basketball Court

Dates: June #114875*

Fee: \$10.00 per month

July #114876*

Aug #114877*



Kids Kickball & Dodgeball

This program is for kids who want to play outside and have fun. Improve balance, flexibility and reduce stress while socializing with peers. Children will learn how to communicate as a team and how to respect one another, even when they are on opposing teams.

Age: 5-10 years

Instructor: Eric Brown

Schedule: Wednesdays 4:00-4:45pm

Location: Grass area

Dates: June: #114878*

Fee: \$10.00 per month

July: #114879*

Aug: #114880*



STAFF PROGRAMS

Lopez Ridge Fitness Classes For people who have trouble getting into fitness, this class is intended to ease you into it so that you can develop a consistent exercise routine.

Log onto: www.SDRecConnect.com and enter the activity code to register*

Age: 18 and up

Schedule: Tues, Wend, and Thurs

Dates: June 4th-Aug 29th

Instructor:

Brian Vaira

Location:

Meeting Room 1

Fee:

10\$ per class

Tuesdays: Strength Training class for Beginners

12pm-12:45pm **#114898***

Wednesdays: Yoga for Beginners

12pm-12:45pm **#114900***

Thursdays: Aerobics for Beginners

12pm-12:45pm **#114902***



Bubble Day Bubble Wands will be provided for Free on the grass by the playground. Use Activity code **#114913*** to reserve your spot on line

Age: 4 and Up

Schedule: Fridays

Dates: June 7, July 5, Aug 2, 4pm-5pm

Instructor:

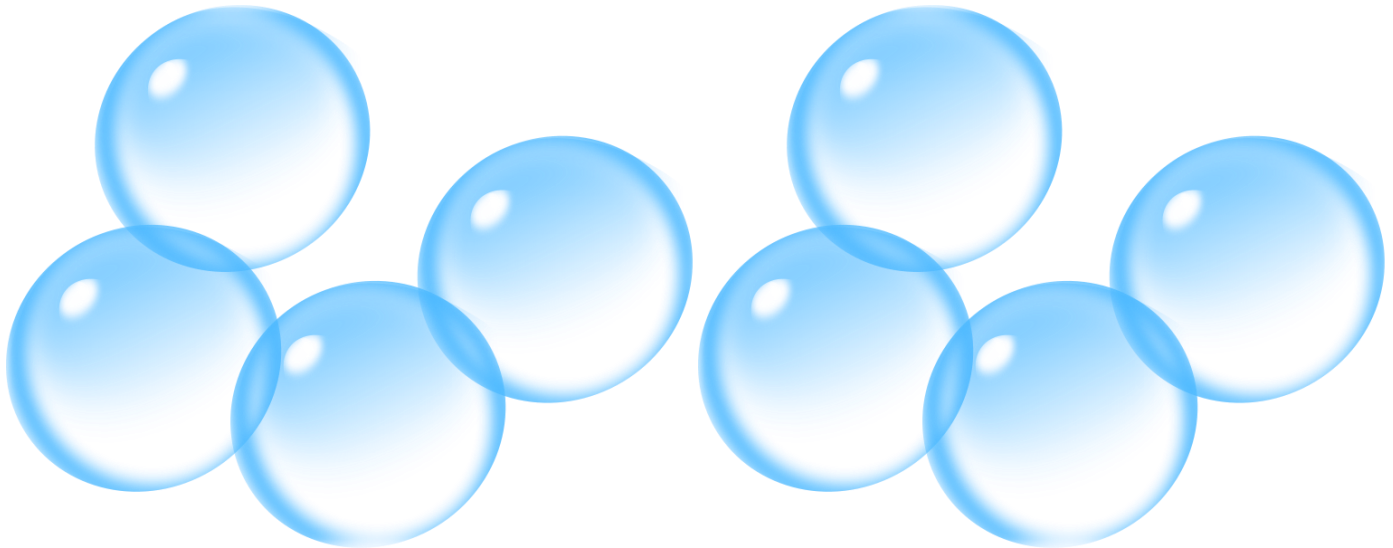
Brian Vaira

Location:

Near playground

Fee:

Free



SPECIAL EVENTS

LOPEZ RIDGE RECREATION CENTER



Friday August 23rd 2024

***Teenage Mutant
Ninja Turtles:
Mutant Mayhem***

**Movie begins at
Sundown**

