



**Carmel Mountain Ranch /
Sabre Springs Recreation Center**



Summer



2024



HOURS OF OPERATION

Monday: 9:00 a.m. - 8:00 p.m.

Tuesday: 9:30 a.m. - 8:00 p.m.

Wednesday: 9:00 a.m. - 8:00 p.m.

Thursday: 9:30 a.m. - 8:00 p.m.

Friday: 9:00 a.m. - 8:00 p.m.

Saturday: 9:00 a.m. - 3:00 p.m.

Sunday: CENTER IS CLOSED

**Note: All hours subject to change

CENTER WILL BE CLOSED:

JUNE 19, 2024 FOR JUNETEENTH

JULY 4, 2024 FOR FORTH OF JULY



TO VIEW AND REGISTER FOR AVAILABLE
PROGRAMS VISIT:

SDRECCONNECT.COM

Information

PERMITS BY APPOINTMENT ONLY

REGISTRATION

All registration is done online. Please contact 858-538-8100 if you need any assistance.

Permit Requests

For park use and reservations for the facilities listed but not limited to, sports field use, picnic area, party jumps, outside vendors, special events and groups over 50 please contact the recreation center at 858-538-8100.

PARK RULES

- No golfing
- No glass containers
- No littering
- No smoking
- Dogs must be on a leash
- No overnight camping or parking
- No open campfires
- Balloons of all types at all outdoor areas are prohibited.

PARKS AND FIELDS PERMITTED BY CMR/SS

Carmel Mountain Ranch/Sabre Springs Recreation Center & Park - 10152 Rancho Carmel Drive

Area description: Meeting/activity room, gymnasium, kitchen, two softball fields (one lit), multipurpose field, tot lot, indoor and outdoor restrooms, picnic areas, two outdoor basketball courts and passive areas.

Highland Ranch Community Park - 12140 Eastbourne Road

Area description: Tot lot, grassy area, softball field, and outdoor restrooms.

Sabre Springs Community Park - 12953 Sabre Springs Parkway

Area description: Lighted softball fields, tot lot, picnic areas, walking areas and outdoor restrooms

South Creek Neighborhood Park - 12249 Wickerbay Cove

Area description: Tot lot, grass area, outdoor restrooms, picnic area and softball field.

Community Recreation Group

This group of concerned citizens volunteer their time to advise Parks and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the Carmel Mountain Ranch and Sabre Springs communities. Groups, clubs, and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. The Carmel Mountain Ranch/Sabre Springs Community Recreation Group has disbanded. New membership is encouraged and welcomed. For more information please call the recreation center at 858-538-8100.

VOLUNTEERS NEEDED

Ongoing opportunities are available at the recreation centers, pools, and regional parks throughout the City, as well as senior and therapeutic recreational programs. If you would like to volunteer, please see staff for more information or visit:

<http://www.sandiego.gov/park-and-recreation/general-info/employment/volunteer/index.shtml>

OPEN PLAY BASKETBALL, VOLLEYBALL & PICKLEBALL



Please check the updated Open Play Schedule online at:

<http://www.sandiego.gov/park-and-recreation/centers/recctr/carmelsabre.shtml>

or check out the posted open play schedule at the Carmel Mountain Ranch/Sabre Springs Recreation Center.



IMPORTANT COMMUNITY NUMBERS/ADDRESSES

Carmel Mountain Ranch Library - 858-538-8181

Scripps Ranch Recreation Center - 858-538-8085

Rancho Bernardo Recreation Center - 858-538-8129

Ned Baumer/Miramar College Pool - 858-538-8083

San Diego Adult Basketball League - 619-991-8902

Carmel Mtn Ranch Little League - cmrll.org

San Diego Soccer Club - sandiegosoccerclub.org

Dog Park - Salmon River Road and Fairgrove Lane

Skate Park - 10111 Carmel Mountain Road

Master Sports - mastersports.com or 858-945-4889

Information

Registration

Registration for classes and events can be done online or at the Carmel Mountain Ranch/Sabre Springs Recreation Center.

Online: Visit www.sdreconnect.com to create an account.

Online returning customers (previously registered for classes online): Click the 'my account' button. Enter your login (email) and password. Login with this password to activate your account.

New accounts online: Click on the 'create account' button. Fill out the new account request form completely, including all required fields (birth date, gender, email, and etc.) and click submit. Please submit your request only once. You will receive a confirmation email at the address you provided. Please follow directions provided to activate your account.

****Please note:** For first time users only 'Parent/Guardian' must create their own account first using their own information. Once you have an online registration account you will have the opportunity to add a child as a family member.

In-House: Hours for in person registration vary. Please call ahead to ensure two trained staff members are able to process your payment at 858-538-8100.

More info:

- Classes not meeting the minimum number of students may be cancelled.
- Early registration is recommended. This helps not only you getting into the class of your choice but helps us from having to cancel a class early due to low enrollment.

****Children under 18 must be registered by a parent/legal guardian.**



Registration Begins:

Saturday, May 11, 2024 at 10:00 am

Only a parent or legal guardian can register participants under the age of 18 years.

Cash or paper check is not accepted for registration.

Acceptable payment methods (on-line and in-person) include:

Electronic check - proper ID with proof of checking account (blank or voided check) required

Credit, debit, or gift cards issued by qualified card service merchants (Visa, MasterCard, American Express, and Discover only).

A **\$25.00 fee will be charged for declined electronic checks.** All customers must verify that bank routing and account numbers are entered correctly.

All fees must be paid in full prior to attending the first class.

Classes not meeting the minimum number of students may be cancelled.

PROCESSING FEES ARE INCLUDED

All registration and reservation fees include a non-refundable 3.56% processing fee.

Recreational Programs Refund and Transfer Policy

Written refund applications must be submitted, using the Application for Miscellaneous Refund Form (COM-6), in person at the facility where the program occurs. Refunds will be processed in accordance with the following policy:

Refund Policy Exclusions:

Three percent (3.56%) processing fee will be deducted from all refunds

No refund or transfer for non-attendance at any class

No credits to account

No refunds for costumes or equipment

Activity fees less than \$10.00 will not be refunded

Classes: Refund is based on the date that the written application is submitted.

96.5% refund – 3 or more calendar days prior to the first day of the class

75% refund - less than 3 calendar days prior to the first day of class

No refund for requests submitted more than 24 hours after the first day of class

Camps: Refund is based on the date that the written application is submitted.

96.5% refund - 10 or more calendar days prior to the first day of camp

50% refund – less than 10 calendar days prior to the first day of camp

No refund or transfer for requests less than 48 hours prior to the first day of camp

**For more information, refer to the complete Recreational Programs Refund and Transfer Policy attached to all receipts.*

We are equipped with an Automated External Defibrillator (or AED) at Carmel Mountain Ranch/Sabre Springs Recreation Center. In the event of a medical emergency, staff is fully trained to operate and assist if necessary.

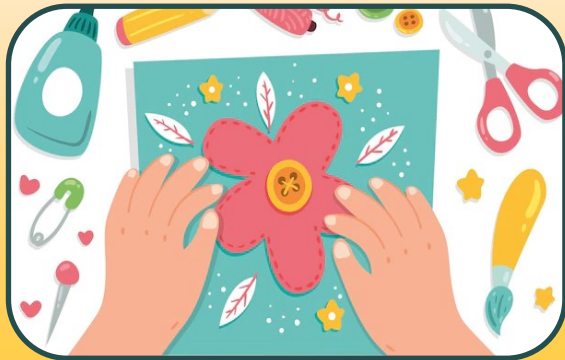
All City of San Diego parks and beaches are **smoke free!**



Staff Run Programs

Art Class - Little Creators

Lil Creators encourages kids to put their own spin on their creations! Lil' Creators crafts are aimed at ages 2-4 years and may include materials such as: paper, glue, string, crayons and markers, nontoxic paint, pipe cleaners, felt, and popsicle sticks. Each week your toddler will make something new to bring home. Child must be accompanied by an adult.



Ages: 2 to 4 years

Time: Thursdays, 10:30 to 11:15 am

Cost: \$10.00

Session 1: June 6, 13, & 20

Activity# 114039

Session 2: July 11, 18, & 25

Activity# 114040

Session 3: August 1, 8, & 15

Activity# 114041

Min/Max 4/15

Tiny Tots - Open Play

If you're looking for a safe place to take the kids for a few hours of indoor fun this season, check out the CMRSS Recreation Center's Tiny Tots Open Play. Every Friday the Multipurpose Room is stocked with fun activities, such as a large gym mat, blocks, large Legos, a mini basketball hoop, and a coloring area!

Aimed at ages 2 to 4, parents must remain with their child at all times.

Ages: 2 to 4 years

Time: Friday, 10:00 - 12:00 pm

Cost: \$2.00



Session 1: June 7, 14, & 21

Activity# 114051

Session 2: July 5, 12, & 26

Activity# 114052

Session 3: August 2, 9, & 16

Activity# 114053

Min/Max 4/15

Staff Run Programs

Acting Essentials: Theater Basics

Min/Max 4/15

The Basics of Live Performance is a 3 week program that encourages kids to explore the fundamentals of stage acting. Participants will study the basics of theater, have fun with improv games, and get constructive criticism through scene/monologue studies. Students are welcome to bring their own material for critique. Overall, this class is a great way to make friends and break out of your shell through the magic of theater!

Each class participants will explore Theater Basics, Improv Games, and Scene/Monologue Study!



Ages: 7 to 13 years

Time: Thursdays 4:00 - 4:55 pm

Cost: \$10.00

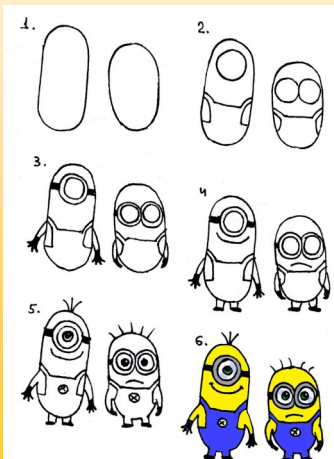


Session 1: June 6, 13, & 20 **Activity#** 114048
Session 2: July 11, 18, & 25 **Activity#** 114049
Session 3: August 1, 8, & 15 **Activity#** 114050

Cartooning 101: From Doodles to Drawings

Min/Max 4/10

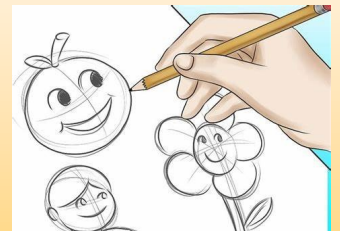
The Drawing Cartoons program offers an engaging opportunity for children aged 9-12 to explore the art of drawing their beloved cartoon characters. Led by an instructor, participants will be introduced to simple yet fun drawing prompts, enabling them to begin their creative journey. Through the program, students will learn the essential building blocks of shape, form, and detail in their artwork.



Ages: 9 to 12 years

Date: Thursdays 5:00 - 5:55 pm

Cost: \$10.00



Session 1: June 6, 13, & 20
Session 2: July 11, 18, & 25
Session 3: August 1, 8, & 15

Activity# 114036
Activity# 114037
Activity# 114038

Staff Run Programs

Summer Sports Saga: Dodge, Kick, and Tag

Min/Max 6/12

Encourage your kids to embrace the outdoors this summer with our exciting lineup of activities! In each session, they'll delight in a range of entertaining games like dodgeball, kickball, and tag. This program is perfect for children eager to have fun in the sun. As they participate, they'll enhance their balance, flexibility, and diminish stress while mingling with friends. Through teamwork, they'll refine communication skills and develop respect for peers, even amid friendly competition.



Ages: 9 to 13 years **Time:** Thursdays 1:00 - 3:00 pm

Session 1: June 6, 13, 20, & 27 **Activity#** 114310

Cost: \$40.00

Session 2: July 11, 18, & 25 **Activity#** 114312

Cost: \$30.00

Session 3: August 1, 8, 15, & 22 **Activity#** 114313

Cost: \$40.00

Sunny Strikers Soccer School

Min/Max 4/10

Are you in search of an engaging soccer program for your young one? Look no further than Sunny Strikers Soccer School! Our program is committed to teaching soccer fundamentals in an enjoyable and instructive manner. Your child will engage in age-appropriate activities designed to enhance motor skills and foster social interaction. With a diverse range of soccer-themed activities, the focus is always on having a blast!



Ages: 4 to 5 years **Date:** Saturdays 11:00 - 12:15 pm

Cost: \$20.00 to 30.00 depending on dates

Session 1: June 1 & 8 **Activity#** 114314

Session 2: July 13 & 20 **Activity#** 114317

Session 3: August 3, 10, & 17 **Activity#** 114319

Ages: 6 to 7 years **Date:** Saturdays 12:30 - 1:45 pm

Cost: \$20.00 to 30.00 depending on dates

Session 1: June 1 & 8 **Activity#** 114320

Session 2: July 13 & 20 **Activity#** 114321

Session 3: August 3, 10, & 17 **Activity#** 114322



Staff Run Programs and Civic Dance

****City staff****

Kids Day Out

Looking for a safe place to drop your kids off for a few hours? Look no further! Every fourth Saturday, our dedicated staff ensures a entertaining experience for your children while you indulge in some well-deserved downtime. Our array of activities includes arts and crafts, outdoor games, board games, movie screenings featuring G-rated films, and more. Plus, we'll offer a light snack to keep them fueled for fun. Please spread the word as this program requires a minimum of 4 participants to proceed.

Ages: 7 to 12 years **Time:** Saturdays 12:30 - 4:30 pm

Session 1: June 29 **Activity#** 114395 **Cost:** \$25.00

Session 2: July 27 **Activity#** 114396 **Cost:** \$25.00

Session 3: August 31 **Activity#** 114397 **Cost:** \$25.00



****City staff****

Civic Dance

Classes: Mondays, June 24 - September 9, 2024 (no classes on City Holidays)

Cost: \$42.46

Civic Dance Summer Class Schedule:

Time	Class	Age	Activity#	Class Description
3:00 pm	Pre Ballet	4 - 6 years	114104	Civic Dance Arts Pre Ballet (4-6 yrs.) is a fun and engaging class designed to introduce your young child to the basics of ballet dance.
3:45 pm	Pre Tap	4 - 6 years	114105	Civic Dance Arts Pre Tap is a fun and engaging class designed to introduce your young dancer to the basics of tap dance.
4:30 pm	Beg Ballet 1A	7 - 17 years	114106	Civic Dance Arts Beginner Ballet 1A is a fun and engaging class designed to introduce your child to the basics of ballet dance.
5:15 pm	Beg Jazz 1A	6 - 17 years	114107	Civic Dance Arts Beginner Jazz 1A is a fun and engaging class designed to introduce your child to the basics of jazz dance.

Dance office: 619-235-5255

www.civildancearts.org

Contractual Programs

****Independent Contractor****

Dance 2 EvOLvE

Magical Munchkins - Ages 2 to 3.2

Min/Max 6/12

This is a gentle introductory dance class that includes tap, ballet and dance games. It is energetic, expressive, and fun and will have your magical dancer learning the dance basics in an age appropriate way. Classes start with tap and then transition into ballet each week. Parent (or caregivers) presence required as adults participate as needed. Please save snacks for before or after class for a successful and safe learning environment. Dancers must be at least 24 months prior to the session starting.

5 Week Session: Tuesdays; June 25 to July 23, 2024

Time: 4:00 pm - 4:40 pm Activity# 114047 Cost: \$101.00

5 Week Session: Tuesdays; July 30 to August 27, 2024

Time: 4:00 pm - 4:40 pm Activity# 114260 Cost: \$101.00

Star Shiners Tap & Ballet - Ages 3.5 to 6

Min/Max 6/15

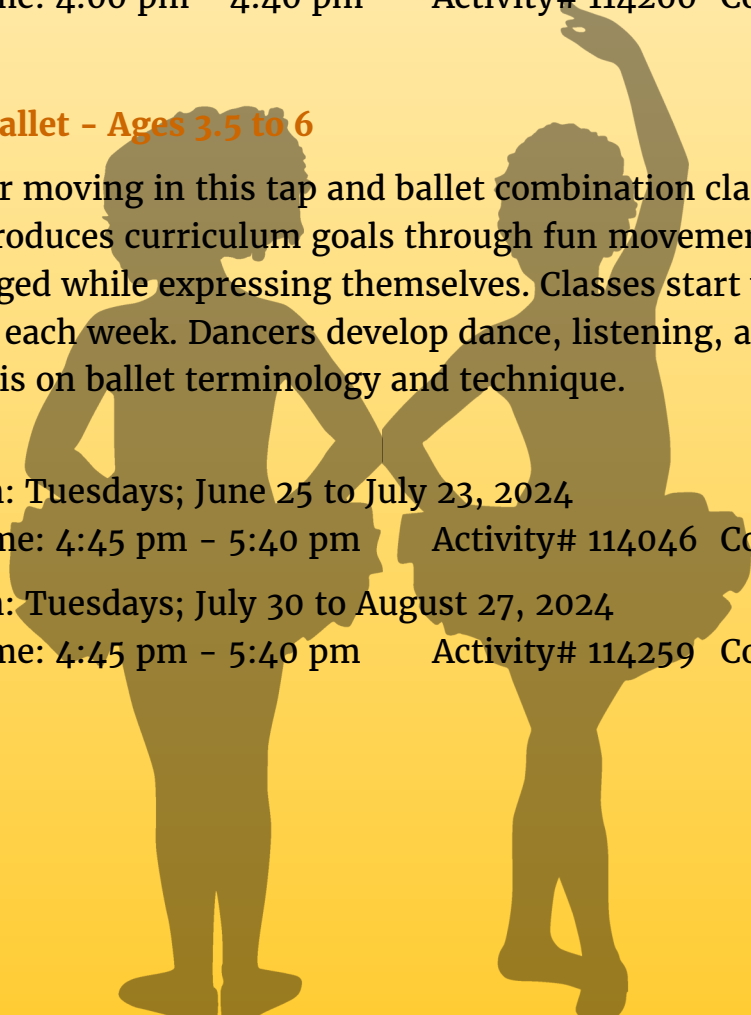
Keep your Star Shiner moving in this tap and ballet combination class. This progressive class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Classes start with tap and then transition into ballet each week. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique.

5 Week Session: Tuesdays; June 25 to July 23, 2024

Time: 4:45 pm - 5:40 pm Activity# 114046 Cost: \$101.00

5 Week Session: Tuesdays; July 30 to August 27, 2024

Time: 4:45 pm - 5:40 pm Activity# 114259 Cost: \$101.00



Contractual Programs

****Independent Contractor****

Dance 2 EvOLvE

Beat Breakers Hip Hop - Ages 4 to 7

Min/Max 6/16

This fun, high-energy dance class enables boys and girls to let loose while developing creativity, coordination, musicality, and listening skills. Activities include hip hop and dance games in a non-stop action-packed class that will have you movin' to the beats! All music and moves are age appropriate.

5 Week Session: Tuesdays; June 25 to July 23, 2024

Time: 5:45 pm - 6:40 pm Activity# 114044 Cost: \$101.00

5 Week Session: Tuesdays; July 30 to August 27, 2024

Time: 5:45 pm - 6:40 pm Activity# 114257 Cost: \$101.00

Min/Max 6/16

Pre-Teen Hip Hop - Ages 8 to 12

This exciting and fast paced class will leave your dancer feeling fresh! Don't be intimidated...great for dancers who want to be challenged, learn various styles of hip hop, push creativity, and boost confidence. All music and moves are age appropriate in this fun and open hip hop dance class for boys and girls. No experience necessary! Dancers encouraged to participate in the annual showcase.

5 Week Session: Tuesdays; June 25 to July 23, 2024

Time: 6:45 pm - 7:40 pm Activity# 114045 Cost: \$101.00

5 Week Session: Tuesdays; July 30 to August 27, 2024

Time: 6:45 pm - 7:40 pm Activity# 114258 Cost: \$101.00

