



SPRING BROCHURE 2024

"We enrich lives through quality parks and programs"

www.sandiego.gov

SAN CARLOS RECREATION CENTER

6445 Lake Badin Avenue San Diego, CA 92119

(619) 527-3443

Registration begins February 10 at 10:00 a.m.

MARCH 1–MAY 31, 2024

Hours of Operation:

Monday–Thursday 10:00am–8:00pm

Friday 10:00am–7:00pm

Saturday 9:00am–4:00pm

Sunday CLOSED

Holiday Closures

March 31, 2024 – Cesar Chavez Day

May 27, 2024 – Memorial Day

Registration Hours:

Registration is available anytime at:

www.SDRecConnect.com .

If your having trouble registering
online please call the San Carlos
Recreation Center at:

(619) 527-3443

The City of San Diego neither sponsors nor endorses the information provided. Distribution of this material is provided by the City as a community service. Any questions or comments should be directed to the sponsoring agency or instructor.

As a recipient of Federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, gender, religious creed, marital status, sexual orientation, ancestry, national origin, age, mental or physical disability, medical condition (including HIV, AIDS & AIDS-related complex). If anyone believes he or she has been discriminated against, he or she may file a complaint alleging the discrimination with either the City of San Diego Park and Recreation Department at (619) 235-1155 or the Office of Equal Opportunity, U.S. Department of the Interior, Washington D.C. 20240. This information is available in alternative formats upon request.

Online registration available since May 2014 2

Please visit www.SDRecConnect.com to create an account.

New Accounts— click on the ‘create account’ button. Fill out the new account request form completely; including all required fields (birth date, gender, email, etc) and click submit. Please submit your request only once. You will receive a confirmation email at the address you provided. Please follow directions provided to activate your account. **Please note: (for first time users only) Parent/Guardian must create their own account first using their own information. Once you have an online registration account you will have the opportunity to add a child as a family member. If you need help, please click the FAQ (frequently asked questions) button for more information.

Children under 18 must be registered by a parent/legal guardian.

Requirements for Independent Contractors:

All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan process. Contractors must submit a business license and proof of insurance. Contractor must also provide Worker’s Compensation coverage for all employees. City staff handles all registration for the program.

Permit Holder Requirements:

Permit holders must provide proof of insurance. Program advertisement and registration is the responsibility of the permit holder. Permit holders are not required to submit proof of fingerprinting for their coaches, volunteers, and/or instructors.

COMMUNITY INFORMATION:

Allied Gardens Swimming Pool	619-235-1143
Allied Gardens Recreation Center	619-235-1129
Lake Murray Boat Rental/Fishing	619-466-4847
Lake Murray Tennis Club	619-469-3232
Mission Trails Regional Park	619-668-3275
San Carlos Public Library	619-527-3430

ATTENTION ALL PATRONS

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Beginning October 4, 2019, the City of San Diego Parks and Recreation Department will no longer accept cash or personal checks as payment for obtaining park permits, participation in recreation leagues, class registration, weight room fees/memberships, multi-day pool passes and merchandise sales. All fees will include the standard 3.56% processing fee.

To pay for permits and programming, the City will accept the following forms of payment:

Credit cards, debit cards, or gift cards

- City accepts Visa, MasterCard, American Express and Discover

Electronic Check Processing (ECP) from customer's checking account

- Customers may enter their bank routing and account number for online transactions.
- On-site transactions require copy of a check (to verify the account number) and a valid form of identification.

Cash will continue to be accepted for daily pool admissions, snack sales and event admission.

We appreciate your patience and cooperation as we make this transition. If you have any questions about this new policy, please contact Recreation Center staff.

Effective October 4, 2019 — Recreational Programs Refund and Transfer Policy

Written refund applications must be submitted, using the Application for Miscellaneous Refund Form (COM-6), in person at the facility where the program occurs. Civic Dance refund request shall be referred to the Civic Dance program office at 619-235-5255. Refunds will be processed in accordance with the following policy:

Refund Policy Exclusions:

- Three percent (3.56%) processing fee will be deducted from all refunds
- No refund or transfer for non-attendance at any class
- No credits to account
- No refunds for costumes or equipment
- Activity fees less than \$10.00 will not be refunded

Classes: Refund is based on the date that the written application is submitted.

- 96.5% refund – 3 or more calendar days prior to the first day of the class
- 75% refund – less than 3 calendar days prior to the first day of class
- No refund for requests submitted more than 24 hours after the first day of class

Camps: Refund is based on the date that the written application is submitted.

- 96.5% refund – 10 or more calendar days prior to the first day of camp
- 50% refund – less than 10 calendar days prior to the first day of camp
- No refund or transfer for requests less than 48 hours prior to the first day of camp

Leagues: Refund is based on the date that the written application is submitted.

- 96.5% refund – 10 or more calendar days prior to the first scheduled game
- 50% refund – less than 10 calendar days prior to the first scheduled game.
- No refund or transfer for requests after the first scheduled game.

One-day Activity/Field Trips: Refund is based on the date that the written application is submitted.

- 96.5% refund – 20 or more calendar days prior to the Activity or Field Trip
- No refund for requests submitted less than 20 calendar days prior to the Activity or Field Trip.

The City of
SAN DIEGO
Parks and Recreation Department

San Carlos Recreation Center
6445 Lake Badin Avenue,
San Diego, Ca 92119
(619) 527-3443

SPRING EGG HUNT

MARCH 30 | 10 AM - 1 PM

Hop on over and join us for a fun-filled day with the bunny! There will be FREE crafts, face painting, goodies, and basket prizes!

Remember to bring your basket!

AGE GROUPS & TIMES:

(0-3 YRS) 11:00 AM

(4-6 YRS) 11:30 AM

(7-9 YRS) 12:00 PM

(10+ YRS) 12:30 PM

THE CITY OF SAN DIEGO IS COMMITTED TO PROVIDING AN EQUITABLE AND INCLUSIVE ENVIRONMENT FOR ALL INDIVIDUALS. CONSISTENT WITH THESE PRINCIPLES AND APPLICABLE LAWS, IT IS THE CITY'S POLICY NOT TO DISCRIMINATE ON THE BASIS OF ANY PROTECTED CLASSIFICATION, INCLUDING AGE, ANCESTRY, COLOR, CREED, PHYSICAL OR MENTAL DISABILITY, GENDER, GENDER IDENTITY, GENDER EXPRESSION, GENETIC INFORMATION, MARITAL STATUS, MEDICAL CONDITION, VETERAN OR MILITARY STATUS, NATIONAL ORIGIN, PREGNANCY OR INCLUDING CHILD BIRTH, BREASTFEEDING OR RELATED MEDICAL CONDITIONS, RACE, TRAITS HISTORICALLY ASSOCIATED WITH HAIR (INCLUDING HAIR TEXTURE AND PROTECTIVE HAIRSTYLES SUCH AS BRAIDS, LOCKS, AND TWISTS), RELIGION, RELIGIOUS BELIEF OR OBSERVANCE, RELIGIOUS CREED, SEX, SEX STEREOTYPE, SEXUAL ORIENTATION, TRANS GENDER STATUS OR TRANSITIONING, OR ANY OTHER CLASSIFICATION PROTECTED BY FEDERAL, STATE, OR LOCAL LAW (INCLUDING BEING PERCEIVED OR REGARDED AS OR ASSOCIATED WITH ANY PROTECTED CLASSIFICATION). IF ANYONE BELIEVES THEY HAVE BEEN DISCRIMINATED AGAINST, THEY MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO, PARKS AND RECREATION DEPARTMENT DISTRICT MANAGER AT (619) 235-1190, OR THE CALIFORNIA DEPARTMENT OF FAIR EMPLOYMENT AND HOUSING (DFEH) AT (800) 984-1684. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.



TINY TOT CRAFTS

FRIDAY

11:30-12:15PM

AGES: 3-5 YEARS

ALONG WITH THEIR PARENTS, CHILDREN AGES 2-5 LEARN BASIC CRAFT TECHNIQUES USING CRAYONS, PAINTS, GLUE AND A VARIETY OF RECYCLABLE ITEMS.

ACTIVENET CODE:

113349 March \$25

113350 April \$20

113351 May \$25



YOU MAY REGISTER IN PERSON, OR ONLINE AT WWW.SDRECONNECT.COM.

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SAN CARLOS RECREATION CENTER
6445 LAKE BADIN AVE,
SAN DIEGO, CA 92119
(619) 527-3443

YOUTH SOCCER



\$72.00/PLAYER

Scan me

ACTIVITY CODE:

10 & UNDER (8-10YRS) #113352

SEASON DATES:

MARCH - JUNE 2024



CHILDREN, AGES: 8-10 YEARS, WILL LEARN THE FUNDAMENTALS OF SOCCER SUCH AS: PASSING, SHOOTING AND GAME STRATEGY. PRACTICE DAYS AND TIMES TO BE ANNOUNCED.

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SAN CARLOS RECREATION CENTER
6445 LAKE BADIN AVE,
SAN DIEGO, CA 92119
(619) 527-3443

YOUTH VOLLEYBALL

ACTIVITY CODE:

10 & UNDER (8-10 YRS) #113595

12 & UNDER (11-12 YRS) #113347

14 & UNDER (13-14 YRS) #113348

18 & UNDER (15-18 YRS) #113605

SEASON DATES:
MARCH - JUNE 2024

PARTICIPANTS (AGES: 8-18 YRS.) WILL LEARN THE ASPECTS OF THE GAME SIMULTANEOUSLY WORKING IN A TEAM-ORIENTED ENVIRONMENT.

PRACTICE DAYS AND TIMES TO BE ANNOUNCED.

YOU MAY REGISTER IN PERSON, OR ONLINE AT WWW.SDRECONNECT.COM.



\$72.00/PLAYER

SIGN UP! TODAY



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HOMework CLUB

SAN CARLOS RECREATION CENTER
6445 LAKE BADIN AVE,
SAN DIEGO, CA 92119
(619) 527-3443

Weekly: **FREE!**
Mon & Wed
Ages: 8-14 yrs

3:30-5:30 pm

Activity code:
#113443



For registration & further information
WWW.SDRECONNECT.COM

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Now offering more free play options!⁶



Open Play Basketball

- Bring your own basketball or check one out with us with photo ID
- Full court or half courts available

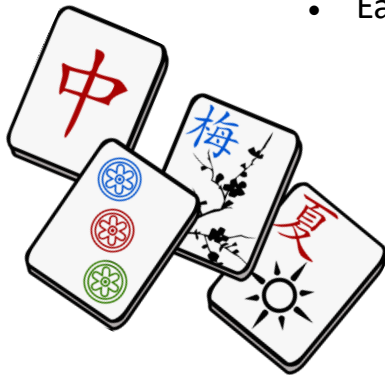
Open Play Volleyball

- Bring your own volleyball or check one out from us with a photo ID
- One full court available



Open Play Quist/Bridge

- Please bring deck of cards from home and convention card if you have one
- Each game requires two (2) to four (4) players
- Space for up to 12 players at a time



Open Play Mahjong

Every Thursday

10:30am-2:30pm

- Please bring your Mahjong set from home and American Mahjong card if you have one
- Each game requires four (4) players
- Space for up to 12 players at a time



Please see posted calendar for updated dates and times!

We would like your input!

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As we continue to build back our programming after being closed for COVID, we would like to know what the community wants so we can strive toward providing those activities and programs. Below we will have some of the ideas we have discussed, please let us know what you think.

Adults and Seniors:

Walking Club- Stretching and Light Exercise

Play Day – Board Games, cards, puzzles

Night Out Around the World – dinner and entertainment/ activities – You are invited to attend a dinner hosted at the recreation center with a different theme with entertainment or activity from that country or culture each time.

Crafting for Adults – Water coloring and different painting techniques, learn to crochet, beading and jewelry making, etc..

Community Amazing Race! – partner up with a relative, friend or neighbor and join us for a day of racing around the park completing tasks and assignments to make it to the finish line first for prizes!

Family

Father's Day Dance -- Father child dance- dancing, food, photo booth

Parents Night Out – we entertain the kids while parents go out or just get some rest!

Culture Club- learn about new cultures and places around the world with different guest speakers, entertainers, crafts, food, dance, etc.

Animal House – come to the park to meet animals of all different kinds! Each week a different animal will be onsite to learn about from reptiles, hoofed animals, domestic animals, service animals, working animals, etc.



We would like your input!

8

Teens:

Digital Photography -Leading teens on taking a variety of different types of photos with their phones. Creating a Art display for an Art Show at the end of the session

Career planning – assistance with making a resume, interviewing practice, guest speakers

Kids and tots

Adventure play- equipment set up in the gymnasium or meeting room for kids to play on with others. Building strength, flexibility, and social skills

Story time and craft – each week a story read with a relating craft project after words

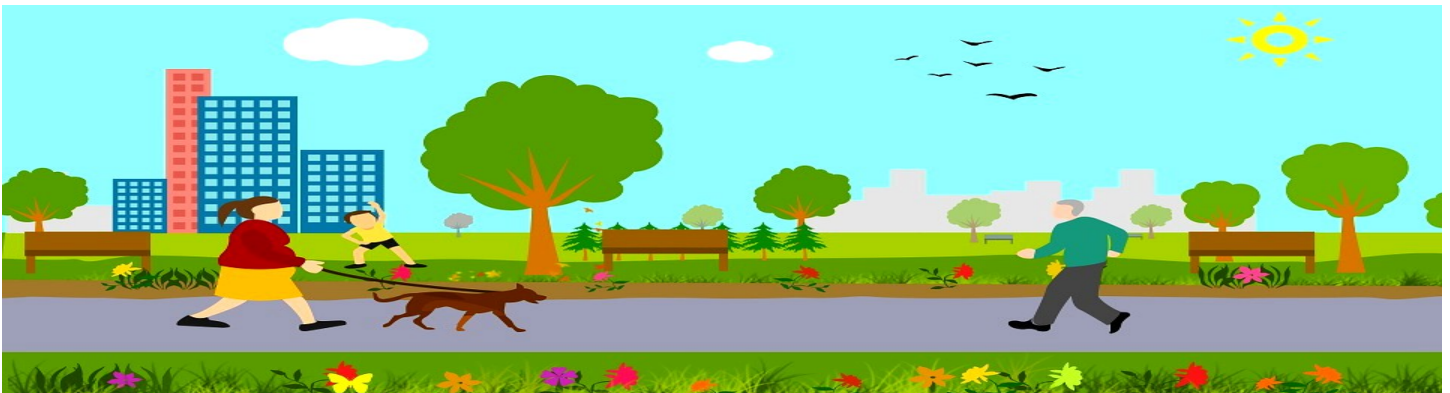
Pee- Wee sports

Arts and crafts

Cooking – easy to make recipes and snacks each week and compiling them to create a cookbook to take home!

Call (619) 527-3443 or email Kwood@sandiego.gov and let us know if you are interested in any of the above programs, or if you have something that you would like to see us offer.

Please let us know YOUR ideas, the community input is important to us !



Parties, picnics, sporting events... large or small, we do it all!

You can get information about permit fees, and availability for the following parks by contacting (619) 527-3443. Please note that all field, park and building use permits are issued by appointment only.

<p>#1. San Carlos Community Park</p> <p>6445 Lake Badin Drive San Diego, CA 92119</p> <p>Alcohol prohibited: 8 p.m. to 8 a.m. Smoking prohibited: 24 hours</p>	<p>#2. Forward Field Joint Use Field</p> <p>8200 Lake Adlon Drive San Diego CA 92119</p> <p>Alcohol prohibited: 24 hours Smoking prohibited: 24 hours</p>	
<p>#3. Lake Murray Community Park</p> <p>7051 Murray Park Drive San Diego, CA 92119</p> <p>Alcohol prohibited: 8 p.m. to 8 a.m. Smoking prohibited: 24 hours</p>	<p>#4. Pershing Middle Joint Use Field</p> <p>8204 San Carlos Drive San Diego, CA 92119</p> <p>Alcohol prohibited: 24 hours Smoking prohibited: 24 hours</p>	

For information on permitting the lake grounds at Lake Murray, you can call for recorded information at (619) 465-3474 or you can contact the City's Reservoirs and Recreation Program office at (619) 668-2050 or email them at water@sandiego.gov

SAN CARLOS / LAKE MURRAY ADVISORY GROUP

These groups of neighbors volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the San Carlos community. Groups, clubs and leagues using the parks are encouraged and welcomed. The San Carlos / Lake Murray Recreation Advisory Group meets on the third Wednesday of odd months at 6:30pm at the San Carlos Recreation Center. Persons interested in making a positive impact or who have concerns about local parks and the recreation center should attend these meetings.