

# San Ysidro Area Summer 2024 Program Guide



"We Provide Healthy, Sustainable, and Enriching Environments for All"

## San Ysidro Community Activity Center

179 Diza Rd | San Diego, CA 92173 | (619) 424-0472

| Robert Lara, Center Director III  
 | Arleen Chavez, Assistant Center Director

Monday -Thursday: 11:00am - 8:00pm  
 Friday: 11:00am - 7:00pm  
 Saturday: 9:00am - 5:00pm  
 Sunday: Closed

## Cesar Chavez Community Center

455 Sycamore Rd | San Diego, CA 92173 | (619) 424-0464

| Mari Jo Ricanor, Center Director III  
 | Jose Duran, Assistant Center Director

Monday: 10:00am - 8:00pm  
 Tuesday -Thursday: 11:00am - 8:00pm  
 Friday: 10:00am - 7:00pm  
 Saturday/Sunday: 9:00am - 4:00pm

## San Ysidro Teen Center

101 W San Ysidro Blvd | San Diego, CA 92173 | (619) 541-0160

| Vacant, Center Director I  
 | Jackie Hernandez, Assistant Center Director

Monday - Tuesday: 10:00am - 7:00pm  
 Wednesday - Thursday: 10:00am - 7:30pm  
 Friday: 10:00am - 6:00pm  
 Saturday/Sunday: Closed

### AREA MANAGER

Francisco Castruita

### NEIGHBORHOOD PARKS

San Ysidro CP | 125 East Park Ave  
 (619) 424-0472

La Mirada JU | 222 Avenida de la Madrid  
 (619) 424-0472

Vista Terrace NP | 301 Athey Ave  
 (619) 424-0472

Howard Lane NP | 1626 Dairy Mart Rd  
 (619) 424-0472

Coral Gate NP | 3279 Anella Rd  
 (619) 424-0464

Vista Pacifica NP | 6066 Avenida de las Vistas  
 (619) 424-0464

### HOLIDAY FACILITY CLOSURES

June 19 (Juneteenth)

July 4 (Independence Day)

### OPEN GYM HOURS\*

| Day       | SYCAC    | Cesar Chavez |
|-----------|----------|--------------|
| Sunday    | Closed   | 9am-4pm      |
| Monday    | 11am-2pm | 10am-4pm     |
| Tuesday   | 11am-4pm | 11am-4pm     |
| Wednesday | 11am-4pm | 11am-4pm     |
| Thursday  | 11am-4pm | 11am-3pm     |
| Friday    | 11am-2pm | 10am-4pm     |
| Saturday  | 3-5pm    | 9am-4pm      |

\*Hours subject to change

# General Information

## Registration

- ⇒ Registration for all classes is on a first come, first served basis. We accept all major credit cards.
- ⇒ You must register at the Recreation Center where your class is scheduled or on-line at [www.SDRecConnect.com](http://www.SDRecConnect.com). To find your class, use the Activity # listed in this guide.
- ⇒ Registration fees must be paid by the first class of the session/month. Participants that have not paid by the second class will not be permitted to participate until fees are paid.

**Registration starts May 11, 2024 at 10:00 am.**

**\*A liability waiver, photo, and birth certificate are required for youth sports registration for ages 8 and up\***

### NO MAKE-UP CLASSES/REFUND POLICY

Classes are not offered on holidays. Refunds are issued if the class is cancelled by the City. Partial refund of 97% if refund request is submitted more than 3 days prior to first meeting, and 75% if submitted less than 3 days prior to first meeting.

## Park/Facility Permits

Our facilities and parks are great venues to hold meetings, birthday parties, special events, etc. Amenities include meeting rooms, kitchens, picnic shelters, multi-purpose fields, and gymnasiums. All park users must obtain a Park Use Permit five (5) days in advance for any equipment in the park (e.g. food vendors, jumpers, generators, canopies, etc.)

Call San Ysidro Community Activity Center at (619) 424-0472 for Howard Lane NP, La Mirada Joint Use Fields, San Ysidro CP, San Ysidro Senior Center, and Vista Terrace NP.

Call Cesar Chavez Community Center at (619) 424-0464 for Coral Gate NP, Larsen Field, and Vista Pacifica NP.

## Youth Sports: Softball

The youth softball program is designed to develop and enhance players fundamental skills on batting, catching, throwing, pitching, and base running in a friendly and team oriented environment. All players will be playing a minimum of 2 innings per game. Qualified teams will get a chance to participate in the City Wide tournament hosted by the S.P.O.R.T.S. Committee at the end of the season.

- ⇒ Transportation is not provided for away games.
- ⇒ Players may not participate in club or other softball programs during the season.
- ⇒ Team placement based on age on **August 18, 2024.**



## Youth Sports: Futsal

Join our fun developmental co-ed youth futsal league with games played against teams from neighboring City of San Diego Recreation Centers. The program is designed to develop and enhance players' fundamental skills on footwork, juggling, passing, trapping, and shooting in a friendly and team oriented environment. Qualified teams will get a chance to participate in the City Wide tournament hosted by the S.P.O.R.T.S. Committee at the end of the season.

- ⇒ Transportation is not provided for away games.
- ⇒ Players may not participate in club or other futsal programs during the season.
- ⇒ Team placement based on age on **August 25, 2024.**





## San Ysidro Community Activity Center

179 Diza Rd, 92173 | (619) 424-0472

Register at [www.SDRecConnect.com](http://www.SDRecConnect.com) | No cash payment | Credit or Debit Only

| Camps                 | Dates/Codes                               | Days       | Time        | Ages  | Fee         |
|-----------------------|---|------------|-------------|-------|-------------|
| Nature Camp           | June 10-14<br>#113984                     | Mon-Fri    | 9am-5pm     | 6-12  | \$60        |
| Day Camp Week 1       | June 17, 18, 20<br>#114668                | M/Tu/Th    | 10am-4pm    | 6-12  | \$30        |
| Day Camp Week 2       | June 24-27<br>#114670                     | Mon-Thurs  | 10am-4pm    | 6-12  | \$40        |
| Day Camp Week 3       | July 1-3<br>#114671                       | Mon-Wed    | 10am-4pm    | 6-12  | \$30        |
| Day Camp Week 4       | July 8-11<br>#114672                      | Mon-Thurs  | 10am-4pm    | 6-12  | \$40        |
| Day Camp Week 5       | July 15-18<br>#114673                     | Mon-Thurs  | 10am-4pm    | 6-12  | \$40        |
| Sports                | Dates/Codes                               | Practices  | Time        | Ages  | Fee         |
| Softball - 12U Girls  | July 1 - Aug 17<br>#115300                | Mon        | TBA         | 8-12  | \$20/season |
| Futsal - 10U          | July 1- Aug 25<br>#115301                 | Mon        | TBA         | 8-10  | \$20/season |
| Futsal - 12U          | July 1- Aug 25<br>#115302                 | Mon        | TBA         | 11-12 | \$20/season |
| Futsal - 14U          | July 1- Aug 25<br>#115303                 | Mon        | TBA         | 13-14 | \$20/season |
| Enrichment            | Dates/Codes                               | Day        | Time        | Ages  | Fee         |
| Hatha Yoga            | Jun #115401<br>Jul #115402<br>Aug #115403 | Tues/Thurs | 6:30-7:30pm | 15+   | \$10/month  |
| Creative Movements    | Jun #115397<br>Aug #115398                | Monday     | 5:30-6:30pm | 4-6   | \$20/month  |
| Fundamentals of Dance | Jun #115399<br>Aug #115400                | Monday     | 6:30-7:30pm | 7-11  | \$20/month  |
| Kenpo Karate<br>CHA-3 | Jun #115297<br>Jul #115298<br>Aug #115299 | Tues/Thurs | 6-7:30pm    | 5+    | \$10/month  |



**Cesar Chavez Community Center**  
 455 Sycamore Rd, 92173 | (619) 424-0464

Register at [www.SDRecConnect.com](http://www.SDRecConnect.com) | No cash payment | Credit or Debit only

| Free Meals                       | Dates                      | Day        | Time                                 | Ages      | Fee          |
|----------------------------------|----------------------------|------------|--------------------------------------|-----------|--------------|
| <b>Free Lunch/<br/>Snack</b>     | June 10-July 26            | Mon-Fri    | Lunch 12:30-1:30<br>Snack 3:30-4:00p | 1-18      | <b>Free!</b> |
| Special Events                   | Dates                      | Day        | Time                                 | Ages      | Fee          |
| <b>Teen Nites</b>                | Jun 28-Aug 9               | Fridays    | 5:00-8:00pm                          | 12-17     | <b>Free!</b> |
| <b>Movie in the<br/>Park</b>     | July 19                    | Friday     | Dusk - 10:00pm                       | All ages! | <b>Free!</b> |
| Camps                            | Dates/Code                 | Day        | Time                                 | Ages      | Fee          |
| <b>Nature Camp</b>               | June 10-14<br>#113972      | Mon-Fri    | 9am-5pm                              | 6-12      | \$60         |
| <b>Summer Camp<br/>Session 1</b> | June 10-14<br>#114675      | Mon-Fri    | 10am-4pm                             | 8-12      | \$30         |
| <b>Summer Camp<br/>Session 2</b> | June 17-21<br>#114676      | Mon-Fri    | 10am-4pm                             | 8-12      | \$30         |
| <b>Summer Camp<br/>Session 3</b> | June 24-28<br>#114677      | Mon-Fri    | 10am-4pm                             | 8-12      | \$30         |
| <b>Summer Camp<br/>Session 4</b> | July 1, 2, 3, 5<br>#114679 | M/Tu/W/F   | 10am-4pm                             | 8-12      | \$30         |
| <b>Summer Camp<br/>Session 5</b> | July 8-12<br>#114680       | Mon-Fri    | 10am-4pm                             | 8-12      | \$30         |
| <b>Summer Camp<br/>Session 6</b> | July 15-19<br>#114681      | Mon-Fri    | 10am-4pm                             | 8-12      | \$30         |
| Sports                           | Dates/Code                 | Day        | Time                                 | Ages      | Fee          |
| <b>Futsal - Pee Wee</b>          | Jun 17 - Aug 24<br>#115384 | Mon/Wed    | 4:30-5:30pm                          | 5-7       | \$20/season  |
| <b>Futsal - 10U</b>              | Jun 17 - Aug 24<br>#115387 | Tues/Thurs | 5-6pm                                | 8-10      | \$20/season  |
| <b>Futsal - 12U</b>              | Jun 17 - Aug 24<br>#115390 | Mon/Wed    | 5:00-6:00pm                          | 11-12     | \$20/season  |
| <b>Futsal - 14U</b>              | Jun 17 - Aug 24<br>#115391 | Tues/Thurs | 6:30-7:30pm                          | 13-14     | \$20/season  |
| <b>Softball Girls 12U</b>        | Jun 10 - Aug 10<br>#115389 | Mon/Wed    | 5-6pm                                | 10-12     | \$20/season  |
| <b>Softball Girls 16U</b>        | Jun 10 - Aug 10<br>#115393 | Mon/Wed    | 5-6pm                                | 13-16     | \$20/season  |
| <b>Softball Coed<br/>17U</b>     | Jun 10 - Aug 10<br>#115388 | Mon/Wed    | 5-6pm                                | 13-14     | \$20/season  |



## San Ysidro Teen Center

101 W San Ysidro Blvd, San Diego CA 92173 | (619) 541-0160

Register at [www.SDRecConnect.com](http://www.SDRecConnect.com) | No cash payment | Credit or Debit Only

| Free Meals                  | Dates/Code                        | Day        | Time        | Ages  | Fee          |
|-----------------------------|-----------------------------------|------------|-------------|-------|--------------|
| <b>Free Lunch Program</b>   | June 3 - August 30                | Mon-Fri    | 4:30-6:30p  | 1-18  | <b>Free!</b> |
| Sports                      | Dates/Code                        | Day        | Time        | Ages  | Fee          |
| <b>Futsal - Pee Wee</b>     | Jun 17 - Aug 24<br><b>#115384</b> | Mon/Wed    | 4:30-5:30pm | 5-7   | \$20/season  |
| <b>Futsal - 10U</b>         | Jun 17 - Aug 24<br><b>#115387</b> | Tues/Thurs | 5-6pm       | 8-10  | \$20/season  |
| <b>Futsal - 12U</b>         | Jun 17 - Aug 24<br><b>#115390</b> | Mon/Wed    | 5:00-6:00pm | 11-12 | \$20/season  |
| <b>Futsal - 14U</b>         | Jun 17 - Aug 24<br><b>#115391</b> | Tues/Thurs | 6:30-7:30pm | 13-14 | \$20/season  |
| <b>Softball - 12U Girls</b> | July 1 - Aug 17<br><b>#115300</b> | TBA        | TBA         | 8-12  | \$20/season  |



## San Ysidro Senior Center

125 E Park Ave, San Diego CA 92173 | (619) 541-0160

Register at [www.SDRecConnect.com](http://www.SDRecConnect.com) | No cash payment | Credit or Debit Only

| Enrichment             | Dates/Codes                      | Day       | Time     | Ages | Fee          |
|------------------------|----------------------------------|-----------|----------|------|--------------|
| <b>Walking Group</b>   | Jun 4 - Aug 27<br><b>#114961</b> | Tuesday   | 12-1pm   | 55+  | <b>Free!</b> |
| <b>Chair Exercises</b> | Jun 3 - Aug 19<br><b>#114962</b> | Monday    | 12-1pm   | 55+  | <b>Free!</b> |
| <b>Loteria</b>         | Jun 5 - Aug 28<br><b>#114958</b> | Wednesday | 3-4pm    | 55+  | <b>Free!</b> |
| <b>Zumba</b>           | Jun 3 - Aug 27<br><b>#114960</b> | Mon/Tues  | 6-7:30pm | 55+  | <b>Free!</b> |
| <b>Karaoke</b>         | Jun 5 - Aug 22<br><b>#114957</b> | Wed/Thurs | 4-7:30pm | 55+  | \$5/month    |
| <b>Hatha Yoga</b>      | Jun 3 - Aug 27<br><b>#114959</b> | Mon/Tues  | 5-6pm    | 55+  | <b>Free!</b> |





# SAN YSIDRO AREA PARKS + FACILITIES

**Howard Lane Neighborhood Park**  
**1626 Dairy Mart Road, San Diego, CA 92173**

- (1) multipurpose field
- (1) tot lot
- (2) basketball courts
- (3) picnic shelters

**Vista Terrace Neighborhood Park & Swimming Pool**  
**1626 Dairy Mart Road, San Diego, CA 92173**

- (1) multipurpose field
- (1) tot lot
- (2) baseball fields

**Pool: (619) 424-0469**

**La Mirada Elementary Joint Use**  
**222 Avenida de la Madrid, San Diego, CA 92173**

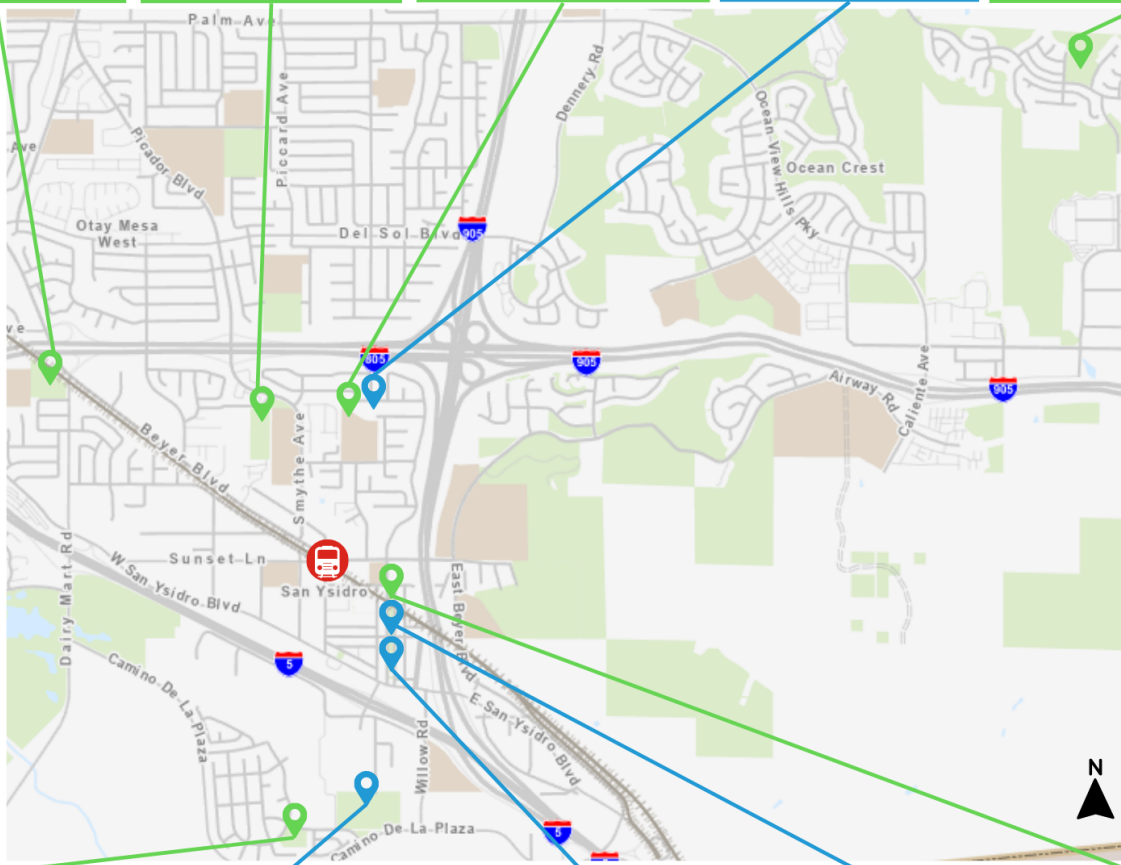
- (2) multipurpose fields

**San Ysidro Community Activity Center**  
**179 Diza Road, San Diego, CA 92173**

- (1) gymnasium
- (1) weight room
- (1) teen center
- (1) meeting room
- (1) kitchen

**Vista Pacifica Neighborhood Park**  
**6066 Avenida de las Vistas, San Diego, CA 92154**

- (1) multipurpose field
- (1) tot lot
- (1) outdoor basketball court
- (1) sand volleyball court
- (2) baseball fields
- (2) picnic shelters



**Coral Gate Neighborhood Park**  
**3279 Anella Road, San Diego, CA 92173**

**Cesar Chavez Community Center/ Larsen Field**  
**455 Sycamore Road, San Diego, CA 92173**

**indoor**

- (1) gymnasium
- (1) teen center
- (1) meeting room
- (1) kitchen

**outdoor**

- (3) baseball fields
- (2) tot lots

**San Ysidro Teen Center**  
**101 W San Ysidro Blvd, San Diego, CA 92173**

- (1) meeting room

**San Ysidro Senior Center**  
**125 East Park Ave, San Diego, CA 92173**

**indoor**

- (2) meeting rooms
- (1) kitchen

**outdoor**

- (1) patio

**San Ysidro Community Park**  
**125 East Park Ave, San Diego, CA 92173**

- (1) tot lot
- (2) basketball courts
- (2) tennis courts

**NO ALCOHOL, SMOKING, OR GLASS**  
**at all San Ysidro parks and facilities.**  
 Will result in a 24 hour ban

**LEGEND**

|            |                      |                  |                 |
|------------|----------------------|------------------|-----------------|
| Rec Center | Picnic Tables        | Ballfield        | Lighted         |
| Park       | Picnic Shelters      | Basketball Court | Wifi            |
| Restroom   | Playground / Tot Lot | Workout Area     | Transit Station |