

Tierrasanta Recreation Center

Summer Fun

June 2024 - August 2024

11220 Clairemont Mesa Blvd.
San Diego, CA 92124
(858) 573-1393

City Holidays

Memorial Day Monday, May 27th
Juneteenth Wednesday, June 19th
4th of July Thursday, July 4th



STAFF

Kelly Wood	Area Manager II
Kelley Clark	Center Director III
Marcia McDowell	Asst. Center Director
Alicia Ambriz	GMW II
Angela Bremseth	Recreation Leader I
Teddy Scott	Recreation Leader I
Owen Frattini Edwards	Recreation Leader I
Sean Doonan	Recreation Leader I
Molly Willingham	Recreation Leader I
Sean Stevenson	Recreation Aide
Ysavel Espinoza	Recreation Aide
Nasser Terry	Recreation Aide



GENERAL INFORMATION

Hours of Operation

Monday	11:00 am - 8:00 pm
Tuesday	10:00 am - 8:00 pm
Wednesday	11:30 am - 8:30 pm
Thursday	10:00 am - 8:00 pm
Friday	12:00 pm - 8:00 pm
Saturday	9:00 am - 4:00 pm
Sunday	9:00 am - 4:00 pm

Hours are subject to change without notice.
Closed on all City of San Diego holidays.

Community Recreation Group

This is a citizen's community recreation group made up of involved community members and the representatives of groups that use the facility. These groups of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They help provide recreation opportunities for citizens in the Tierrasanta community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. New membership is encouraged and welcomed. Currently, no meetings are scheduled, due to lack of enrollment and interest. Persons interested in making a positive impact or who have concerns about local parks and the recreation center should contact the recreation center office for more details at (858) 573-1393.

Tierrasanta Facility

The Tierrasanta Recreation Center has four (4) meeting rooms, a fully equipped kitchen, two (2) full gymnasiums, large playground, lighted outdoor basketball courts, multi-purpose field, and two lighted ball fields.

Volunteers

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as senior and therapeutic recreation programs. If you would like to volunteer, please see staff. For more information, visit: www.sandiego.gov/park-and-recreation/general-info/volunteers.html or contact the Volunteer Office at (619) 533-4017.

Equipment Check-Out

Sports equipment may be checked out with a personal ID (Drivers License, CA ID, student/school ID, etc.). Keys, phones, headphones, or other items will not be accepted. ID's will be returned when the equipment is returned.

Therapeutic Services

All activities accommodate people with disabilities. Upon availability, Therapeutic Recreational Services staff will provide additional assistance along with recreation staff (a three (3) week notice is required). An assessment will be made to determine if a one-on-one aide is needed. Therapeutic Recreational Services is a city-wide program that provides recreation opportunities for people with disabilities. For more information, or to be placed on their mailing list, please call (619) 525-8247.

Numbers to Know

Allied Gardens Recreation Ctr.	(619) 235-1129
San Carlos Recreation Ctr.	(619) 527-3443
Tierrasanta Library	(858) 573-1384
Allied Gardens Library	(619) 533-3970
San Carlos Library	(619) 537-3430
Tierrasanta Pool	(858) 636-4837
Police Non-Emergency	(619) 531-2000

The Department's vision is:
To connect all to the City's diverse world class park system

GENERAL INFORMATION

Rules and Regulations

- Alcohol is permitted at Tierrasanta Park from 6:00 am to 10:00 pm.
- Alcohol is prohibited at all joint-use facilities.
- Bottles, glass containers, balloons, and smoking are prohibited at all City parks.
- All vehicles must park in marked stalls.
- Vehicles are not allowed on the turf, sidewalks, or non-designated roadway.
- It is illegal to use park dumpsters for your household refuse.

Leash Free Dog Park

Located at the Allied Garden Recreation Center, these two dog parks (1/2 acre for large dogs, 1/4 acre for small dogs) are fenced “leash free” areas and open 6:00 am to dusk every day. Note: This is the only “leash free” area in the park. The rest of the park, dogs on leash. For more information, please contact Allied Gardens Recreation Center Rules for use are posted on the entry gate.

Dog Etiquette

- Dogs are only allowed off-leash in the designated dog park only.
- When outside of the dog park, keep your dog(s) on their leash and the leash in hand at all times.
- Always pick up after your pet.
- Be sure that your dog is wearing a current license from the County Department of Animal Services.

Park Address

Tierrasanta Recreation Center
11220 Clairemont Mesa Blvd.
San Diego, CA 92124
(858) 573-1393



Donations

By donating to our park system, you can help the Park and Recreation Department enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatic programs. For more information on becoming a donor to your favorite park, pool, or recreation program, please contact Kelley Clark, Tierrasanta Center Director at (858) 573-1393.

Park and Field Reservations

Permits are required to reserve a meeting room, athletic field, and a passive park space, or to place special equipment on park property (i.e. fun jumps, large canopies, etc.) for your group or organization. All groups larger than 50 people require a permit.



**All City of San Diego Parks, Pools
and Beaches are Smoke Free.**



***Just a Reminder, Public Defibrillators
are located at all Recreation Centers
in the City of San Diego.***

PERMIT/CLASS INFORMATION

Permit Processing

Permits will only be accepted with a scheduled appointment, which may be made with the Center Director. Permits must be filed ten (10) working days before an event. To schedule an appointment, please contact the Center Director at (858) 573-1393.

Class Registration

Registration is on a first come first serve basis. Fees are payable at the time of registration. All classes are subject to change or cancellation. There will be no refunds after the first class. Class fees are not prorated or discounted after the beginning of the session. Classes are subject to minimum enrollment.

Payment Information

All payments for permits and class registrations may be done with electronic check or credit card. No cash or regular checks accepted.

Insufficient Funds

A minimum fee of \$25.00 will be charged for all declined electronic checks. All customers must verify the bank routing and account numbers are entered correctly.

Refund Policy

Written refund applications must be submitted, using the City form, in person at the facility where the program occurs. Refund is based on the date the application is submitted.

For Classes

- 96.5% refund - 3 or more calendar days prior to the first class
- 75% refund - less than 3 calendar days prior to the first class
- No refund will be issued for requests submitted later than 24 hours after the first class

Independent Contractors vs. Permit Holders

The Kearny Mesa Recreation Center offers a wide variety of programs for the youth which are provided through the means of three different sources: in-house programs (run by City staff), contractual programs and rental programs. Contractual programs consist of independent contractors that have been approved by the City of San Diego as a sponsored program. Rental programs are commercial companies that rent out the facility to offer their programs and activities for the community. Please see below for specified requirements.

Requirements for Independent Contractors

All contractors, sub-contractors, and volunteers must be fingerprinted through the City of San Diego Live Scan Process. Contractors must submit a business license and proof of insurance. City staff handles all registration for the program Contractors, who must provide Worker's Compensation coverage for all their employees.

Requirements for Permit Holders/ Rental Programs

Must provide proof of insurance plus endorsement page(s)
Must provide own advertisement for program. Handles registration for their programs. Rental programs are **NOT required to submit proof of fingerprinting** for their coaches, volunteers and/or instructors.

Refund Policy Exclusions

- 3.56% processing fee will be deducted from all refunds
- No refund or transfer for non-attendance at any class
- No credits to account
- No refunds for costumes or equipment

**For more information, refer to the complete Recreational Programs Refund and Transfer Policy with the receipt*

REGISTRATION INFORMATION

Online Registration Information

You may register online for all contractual and recreation programs offered by the Recreation Department using the Online Activity Registration System.

Log onto: www.SDRecConnect.com

Returning Customers

(previously registered for classes on-line)

Click the "My Account" button. Enter your Login (email) and password. Log in with this password to activate your account.

First Time On-line Users

New Accounts

Click on the "Create Accounts" button. Fill out the New Account request form completely. Include all required fields (i.e. birth date, gender, email address, etc.) and click submit. Please submit your request **ONLY** once. You will receive a confirmation email at the email address that you provided. Please follow directions provided to activate account.



PLEASE NOTE (for first time users only):

Parents/guardians MUST create their own account first (before creating an account for a child) using their own information.

Once you have created an on-line registration account, you will have an opportunity to add a child/children, spouse/partner as a family member.

Class Numbers

When registering online, please be sure to check the listed class number for each program, and use them for easy reference. Please be advised, class numbers will change each quarter.

FAQ's

If you need assistance during any of this process, please click the FAQ's (Frequently Asked Questions) button for information.



Effective October 4, 2019, all customers are charged a non-refundable 3.56% processing fee for all registration and reservation transactions. The City accepts electronic checks or credit cards for payment. Cash and regular checks will not be accepted. Credit cards accepted: Visa, Mastercard, Discover, American Express.

Tierrasanta Youth Programs

Dance To Evolve (Independent Contractor)

Magical Munchkins

This is a gentle Introductory dance class that includes tap and dance games. It is energetic, expressive, fun and will have your magical dancer learning the dance basics in an age-appropriate way. Classes start with tap and transition into ballet each week. Parent (or guardian) required attendance, due to adult participation needed during class.

Age: 2 - 3 years
Days: Saturday
Time: 9:15 am - 9:55 am
Dates: June 29 - July 27
Class #: 113643
Dates: August 3 - August 31
Class #: 115042
Fee: \$101.00



Pre-Star Shiners Tap/Ballet

A combination of tap, hip hop and dance games for kids. This energetic and expressive class will have your Tiny Mover learning age-appropriate dance and motor skills, musicality and rhythm to reach class goals in fun creative ways. This is the first 'big girls and boys' class as parents watch from outside the room.

Age: 3.5 - 6 years
Days: Saturday
Time: 10:00 am - 10:55 am
Dates: June 29 - July 27
Class #: 114088
Dates: August 3 - August 31
Class #: 115041



Civic Dance Classes

The City of San Diego Parks and Recreation Department Civic Dance Arts currently conducts dance classes for children and adults at the Tierrasanta Recreation Center. Tap, Ballet and Jazz classes are offered.

For more information on specific start times of classes, please visit www.civildancearts.org or call 619-235-5255.

Dates: June 25 - August 28

Pre-Tap

Ages: 4 - 6 years old
Time: 4:00 pm - 4:45 pm
Class #: 114111
Fee: \$42.46



Pre-Ballet

Ages: 3 - 4 years old
Time: 4:45 pm - 5:30 pm
Class #: 114109
Fee: \$42.46

Pre-Ballet

Ages: 5 - 6 years old
Time: 5:30 pm - 6:15 pm
Class #: 114110
Fee: \$42.46

Adult Tap 3A/3B

Ages: 18 and above
Time: 6:15 pm - 7:15 pm
Class#: 114213
Fee: \$42.46



Adult Jazz 3A/3B

Ages: 18 and above
Time: 7:15 pm - 8:15 pm
Class#: 114214

Beat Breakers Hip Hop

This fun, high energy kids' dance class enables boys to be boys and girls to let loose while developing creativity, coordination, musicality, and listening skills. Activities include hip hop, basic break dancing, and dance games in a non-stop action-packed class that will have you movin' to the beats! All music and moves are age appropriate.

Age: 4 - 7 years
Days: Saturday
Time: 11:15 am - 12:10 pm
Fee: \$101.00



Dates: June 29 - July 27
Class #: 114086
Dates: August 3 - August 31
Class #: 115040

Tierrasanta Youth Programs

Kitchen Krafts

Every parent's dream is for some help around the house. Sign your young ones up for a cooking and baking class, so they can begin learning how to cook and bake dishes for their family. Each child will be able to make their own dish, allowing them to get the feeling that they are truly helping around the house. All materials supplied. Please notify us of any food allergies we will need to be aware of for the program.

Age: 5 - 8 years old
Days: Tuesday
Time: 1:00 pm - 2:00 pm
Dates: July 9 - August 13
Class #: 115030
Fee: \$30.00



Competitive Gaming

Get ready for some serious gaming fun! Picture this: four teams of two battling it out in Super Smash Bros. Ultimate! Games will be divided by color (red/blue/green/yellow), with every game being 3-5 minutes each. It's not just about winning—it's about working together, making friends, and having fun.

Age: 10 - 14 years old
Days: Tuesday
Time: 3:00 pm - 4:00 pm
Dates: July 9 - August 13
Class #: 115032
Fee: \$25.00



Pickleball, Anyone?

Pickleball has taken the athletics world by storm and is a fantastic way to exercise and have a good time! This fun program offers the opportunity to learn and practice the basics of Pickleball. This program welcomes all experience levels. Paddles will be supplied, but you are welcome to bring your own.

Age: 8 - 11 years old
Days: Tuesday/Thursday
Time: 10:00 am - 11:00 am
Dates: July 9 - August 22
Class #: 115031
Age: 12 - 15 years old
Days: Tuesday/Thursday
Time: 11:00 am - 12:00 pm
Dates: July 9 - August 22
Class #: 115033
Fee: \$30.00



Board Game Mania

Kids, come play games with us! We have several board games to choose from, so spend some time playing with a friend or neighbor, or with new friends you just met. Staff will be available to assist in getting the games going, and playing an additional person is needed.

Age: 8 - 12 years old
Days: Thursday
Time: 3:30 pm - 5:00 pm
Dates: June 6 - June 27
Class #: 115034
Fee: \$5.00



Tierrasanta Youth Programs

Youth Summer Basketball League

Come play ball with us this summer! Being a part of this program will allow kids to have fun playing basketball with their friends in a organized fashion, with safety as the main element. Along with passing, dribbling, and shooting, players will also learn how to work as a team. All teams are coed, so boys and girls will be given the opportunity to play together. Games will be at Kearny Mesa Recreation Center.

****Due to the popularity of this program, no age exceptions will be given****

10U Division

Age: 9 - 10 years old
Days: Tuesday/Thursday (practice)
Saturday (games)
Time: 5:00 pm - 6:00 pm
Dates: June 4 - August 8
Class #: 115037
Fee: \$30.00



12U Division

Age: 11 - 12 years old
Days: Tuesday/Thursday (practice)
Saturday (games)
Time: 6:00 pm - 7:00 pm
Dates: June 4 - August 8
Class #: 115038
Fee: \$30.00

***Basketball . . .
It's a way of life!***



Fine Arts

(Independent Contractor)

Learn to draw with step by step method. We will paint birds, fish, and self-portraits. The older class will learn new art techniques using acrylic and watercolor. Art supplies included.

Age: 5 - 8 years old
Days: Thursday
Time: 3:30 pm - 4:15 pm
Dates: July 25 - August 29
Class #: 114089
Fee: \$89.00

Ages: 9 - 12 years old
Days: Thursday
Time: 4:30 pm - 5:15 pm
Dates: July 25 - August 29
Class #: 114090
Fee: \$89.00



Tierrasanta Adult Activities

Get Fit

(Independent Contractor)

Three welcoming, safe, and enjoyable classes from which to choose that can be enjoyed at any age.

Fee: \$63.00/1x week **Class #:** 114091/1x week
\$112.00/2x week 114092/2x week
\$147.00/3x week 114093/3x week

Gentle Yoga & Pilates

Yoga and Pilates are complimentary workouts, and they both offer mind and body benefits. In this class yoga poses are performed at a slower pace, with less intense positions, and with time included for relaxation. Pilates concentrates on core strength and stability and will improve muscular endurance and flexibility.

Monday **6:00 pm - 7:00 pm**
Dates: **July 15 - August 26**

Cardio Dance

Become one with the music in this dance class that borrows music and moves from styles such as Zumba™, hip hop, jazz, kickboxing, funk, and disco. Get a great workout with dance routines that have been choreographed specifically to the words and rhythm of the songs, followed by core exercise to trim and tone.

Thursday **6:00 pm - 7:00 pm**
Dates: **July 11 - August 29**
 (No class July 25)

Strength & Balance

This class is a combination of strength training and basic movements to improve balance and flexibility. A portion includes simple movements for cardiovascular fitness.

Saturday **9:00 am - 10:00 am**
Dates: **July 13 - August 31**



AYSO

www.ayso152.org

Tierra Canyon Softball

www.tierrasantasoftball.org

Tierrasanta Community Council

www.tierrasanta.cc.org

Tierrasanta Foundation

www.tierrasantafoundation.org

Tierrasanta Tennis Club

www.tierrasantatennisclub.net

Tierrasanta American Youth Football

info@tierrasantacougars.com

Tierrasanta Junior Women's Club

(858) 573-2643

Tierrasanta Kiwanis

www.tierrasantakiwanis.org

Tierrasanta Little League

www.tierrasantalittleleague.org

Vapor Trails #203 Toastmasters

www.vaportrailstm.com

***The City of San Diego neither sponsors nor endorses these permitted organizations or this information or activities. Distribution of this material is provided by the City as a community service. Any questions or comments should be directed to the sponsoring agency or instructor.*



Tierrasanta Adult Activities

Open Play Basketball

Monday	11:00 am - 4:00 pm (two courts)
Tuesday	10:00 am - 4:00 pm (court #1) 10:00 am - 7:30 pm (court #2)
Wednesday	11:30 am - 4:00 pm (court #1)
Thursday	10:00 am - 7:30 pm (court #1)
Friday	12:00 pm - 4:00 pm (court #2)
Saturday	No Open Play
Sunday	12:00 pm - 3:00 pm (court #1)



Open Play Volleyball

Friday	12:00 pm - 3:30 pm (court #2)
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Open Play Pickleball

Wednesday	11:30 am - 4:00 pm (court #2)
Sunday	12:00 pm - 3:30 pm (court #2)



Mahjong

Do you play Mahjong? Then come to our Thursday Mahjong club! This is for adults who know how to play or are interested in learning. If you have a Mahjong set, please bring it with you. If we have a big turn out, we could use an extra set. Fee free to participate the entire time or just drop in for an hour or two. Enjoy a friendly game. Players of all levels are welcome.

Age: Adult
Dates: Ongoing
Days: Thursday

Class #: 114094
Time: 10:00 am - 2:00 pm
Fee: *It's Free!*



Upcoming event...

Movies in the Park

Date: August 17, 2024

Time: 7:30

DJ arrives 6pm

We encourage you to bring your own food, drinks, blankets, and chairs. Remember glass bottles/ containers not allowed. Pets are also not allowed.



Trolls Band Together



COME IN YOUR CRAZIEST HAIRSTYLE!!