

Effective January 2, 2024

LAP SWIM

Mon/Wed/Friday	12:00pm-3:45pm
Tuesday/Thursday	11:00am-3:45pm
Mon-Friday	*6:00pm-8:00pm (*Shallow end only)
Saturday	11:00am-3:00pm
Sunday	Closed

RECREATION SWIM

Mon/Wed/Friday	12:00pm-3:45pm
Tuesday/Thursday	12:00pm-3:45pm
Saturday	12:00am-3:00pm
Sunday	Closed

POOL CLOSURE DATES

January 15th, February 19th, April 1st, May 27th, June 19th

Facility Admission

Adults (16 & older)	\$4.00
Child/Disabled/Senior	\$2.00

Discount Passes

Adults (16 & older)	\$80.00/ 30 swims \$30.00/ 10 swims
Child/Disabled/Senior	\$40.00/ 30 swims \$15.00/ 10 swims

All aquatic programs, schedules, and fees may change due to enrollment and/or be cancelled without notice

- Passes expire one year from the date of issue and can be used at any City pool.
- All persons entering the facility during Recreation and Lap Swim times **MUST** pay the admission fee and wear proper swim attire always. **No re-entry is allowed.**
- Specific lanes/areas will be designated for Lap & Recreational swimming, however, the pool may be utilized for other programs during designated Lap/Recreational swim times.
- A paying parent or responsible adult in a swimsuit must accompany children under 8 years of age or less than four feet tall. While in the water, a parent or responsible adult must remain within arm's reach of the child.

WATER FITNESS

Aquatic Body Conditioning (ABC)-This is a total body strength and conditioning class; Multi-level, low impact, cardiorespiratory workout held in shallow water. Flexibility and endurance are emphasized. Waiver form must be completed annually. Participants do not need to know how to swim.

Tuesday, Thursday & Saturday 11:00am-12:00pm \$4.00 per class or \$33.00/10 classes pass

YOUTH SWIM TEAM (ages 6-17)

City of San Diego Swim League is a recreational level swim program for youth 6-17 years old, which offers a safe and affordable program that is committed to introducing and developing basic competitive swim skills while promoting fun and team spirit.

Prerequisite: Swimmers must be able to demonstrate 25 yards of front crawl, breaststroke, back stroke and 15 yards of butterfly. Tryouts must be scheduled with coach or Pool Manager.



Mon/Wed/Friday 6:00pm-7:00pm
\$29.00 per month
(Fees are due at the beginning of each month)

YOUTH WATER POLO TEAM (ages 9-17)

City of San Diego Water Polo League is recreational level water polo program for youth ages 9-17, which offers a safe and affordable program that is committed to introducing basic water polo skills and game concepts while promoting teamwork and perseverance.

Prerequisite: Players must be able to demonstrate 200 yards of continuous swim and one minute of treading water. Tryouts must be scheduled with coach or Pool Manager.

Mon/Wed/Friday 7:00pm-8:00pm
\$29.00 per month
(Fees are due at the beginning of each month)



SWIMMING LESSONS

All pools have requirements for swim lesson registration. **Prior to registering**, all participants must confirm with pool staff to ensure the correct prerequisite skills are listed on their [SDRecConnect](#) account.

Session Dates	Meeting Days	Registration Date
Sept. 11- October 4	Monday & Wednesdays	Saturday, Sept. 2 12pm
Sept. 12- October 5	Tuesday & Thursdays	

FULL-TIME POSITIONS IN AQUATICS

Swimming Pool Manager III \$54,516.80 - \$65,832.00 Annually

EXPERIENCE: One year of full-time experience as an Assistant Manager or Manager of a swimming pool which provides an organized aquatic instruction program.

Swimming Pool Manager II \$49,524.80 - \$59,820.80 Annually

EXPERIENCE: Six months of full-time experience as an Assistant Manager or Manager of a swimming pool which provides an organized aquatic instruction program.

Swimming Pool Manager I \$42,328.00 - \$50,918.40 Annually

EXPERIENCE: Six months of full-time experience as a Swimming Instructor, Assistant Manager or Manager of a swimming pool which provides an organized aquatic instruction program.

CERTIFICATES: You must have ALL of the following valid certificates:

1. American Red Cross Lifeguarding/First Aid Certificate.
2. American Red Cross Emergency Medical Response Certificate or higher level
3. American Red Cross Water Safety Instructor (WSI) Certificate.
4. American Red Cross CPR/Automated External Defibrillator (AED) for Lifeguard Certificate or American Red Cross CPR for the Professional Rescuer/AED Essentials Certificate.

Pool Guard II \$36,387.20 - \$44,387.20 Annually

CERTIFICATES: You must have ALL of the following valid certificates:

1. American Red Cross Lifeguarding/First Aid Certificate.
2. American Red Cross CPR/Automated External Defibrillator (AED) for Lifeguard Certificate.
3. American Red Cross First Aid for Public Safety Personnel (Title 22) Certificate. Possession of a Lifeguarding/ First Aid Certificate is NOT qualifying for this certificate.
4. American Red Cross Water Safety Instructor (WSI) Certificate.

**Apply
here:**



PERFORMANCE TEST: The performance test is a pass/fail examination which consists of the following two timed events:

- A 300-yard swim test using the front crawl that must be completed in 6 MINUTES OR LESS.
- An object retrieval/active victim rescue which includes swimming approximately 25 yards using any approach stroke, performing a surface dive to locate and recover an object at a depth of up to 12 feet; performing a victim rescue using the breaststroke or front crawl approach stroke; and removing the victim from the water.

As a recipient of federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, creed, sex, age, national origin or ancestry, religion, pregnancy, physical or mental disability, veteran status, marital status, medical condition, gender (transsexual and transgender), sexual orientation, as well as any other category protected by federal, state or local laws. If anyone believes, he or she has been discriminated against, he or she may file a complaint alleging the discrimination with the City of San Diego Park and Recreation Department (contact Deputy Director (619) 525-8235) or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240. This information is available in alternative formats upon request.