



#### DISTRICT SEVEN COMMUNITIES

Allied Gardens  
Alvarado Estates  
Chollas Creek  
Colina del Sol  
College Area  
Del Cerro  
El Cerrito  
Fox Canyon  
Grantville  
Islenair  
MCAS Miramar  
Oak Park  
Rancho Encantada  
Redwood Village  
Rolando Park  
Rolando  
San Carlos  
SDSU  
Tierrasanta

# The Emerald News

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## New Power Plant Proposed to Support Renewable Energy

The Quail Brush Generation Project has been proposed by Quail Brush Genco, LLC in the City of San Diego, north of SR 52 on land located adjacent to the road leading to the Sycamore Landfill. The Quail Brush Generation Project is a 100MW natural gas fired facility, commonly referred to as a peaker plant. The facility will provide all of its electricity to SDG&E under a long-term contract to help enable it to meet peak demand, and will provide grid stability and reliability when renewable resources, like wind and solar power, are not available.

Quail Brush will use low noise, low emission, reciprocating engines that will also be enclosed in a sound attenuating building. The engine cooling process has been designed to allow the project to use very little water in the energy producing process. The Project is anticipated to provide 150 jobs during the construction period and 11 full-time jobs once the facility is operational. Quail Brush expects to begin construction in early 2013 and begin commercial operation in mid 2014. They also have plans to dedicate land for conservation purposes within Mission Trails Regional Park.

On August 29, 2011, Quail Brush filed an "Application for Certification" with the California Energy Commission (CEC), the agency with primary responsibility for approving the project. The application can be found on the CEC website at: <http://www.energy.ca.gov/sitingcases/quailbrush/index.html>. Later this fall, the CEC will begin holding formal stakeholder meetings and workshops in San Diego to obtain input from interested parties.

Because the City of San Diego will have an active role in this process, I plan to post these dates on my website and in my newsletters as the information becomes available. I would like to hear from you as well since this project will have an impact to the residents of District 7. Please feel free to contact my office at (619) 236-6677 or [martiemerald@sandiego.gov](mailto:martiemerald@sandiego.gov)

*Thanks, Marti*

## Community Representatives



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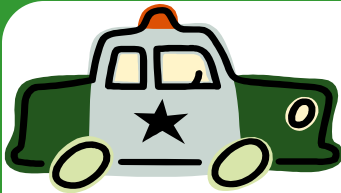
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**Safety Speaks ~** Last month I took the opportunity to use Disaster Preparedness Month to spotlight the City of San Diego's Community Emergency Response Team & Business Emergency Response Team Programs. In light of the recent power blackouts that occurred, in this

month's column I am continuing the focus on disaster preparedness and community participation in public safety.

The San Diego County Office of Emergency Services has distributed the Family Disaster Plan and Personal Survival Guide. It is a great guide to getting your family ready for numerous types of disasters and taking responsibility for your safety. Please visit [www.readysandiego.org](http://www.readysandiego.org) to print a free copy of this very helpful guide.

In addition, the City of San Diego CERT Program has created a very simple and handy Disaster Supply Kit Checklist that is included as an insert in this newsletter. Please take the opportunity to join your family members and prepare a supply kit.

## Día de los Muertos or Day of the Dead

Day of the dead is a ritual celebrated in Mexico and in many parts of the United States, including right here in our great city. This holiday takes place October 31 through November 2.

The custom originated with the indigenous people of Mexico and dates back thousands of years. Despite the somber name of the holiday, it is a colorful celebration honoring departed loved ones.

On this day, family, friends and neighbors gather to celebrate the lives of those who have passed. This holiday is celebrated in a variety of different ways throughout the western hemisphere. In Mexico, people make a pilgrimage to visit the cemetery where their loved ones are buried and decorate their gravesites with flowers and candles. In the United States, individuals celebrate by building an altar (ofrenda) in their homes with flowers, candles brightly decorated sugar skulls (Calaveras) symbolizing death and rebirth, and a picture of the deceased.

You can take part in the celebration at the **City Heights Day of the Dead Event** will be held **October 28th from 10am-7pm** at Urban Village Park located at 3795 Fairmont Avenue. There will be community altars, live entertainment and a variety of Mexican food.







## New Community Garden Sprouts Up

San Carlos United Methodist Church and Springall Academy, a non-public, non-profit state certified school for students in grades K-12, with learning and social-emotional or behavioral difficulties, have been awarded a \$15,000 competitive grant by the San Diego County Health and Human Services' Healthy Works initiative.

This grant will help this partnership to establish a joint-use community garden on the campus of Springall Academy located in San Carlos.

San Carlos United Methodist Church (SCUMC) and Springall Academy were selected as part of a larger, countywide effort to support the development of community gardens on school property -- so-called joint-use gardens, where both school and community residents benefit.

The Healthy Works School and Community Gardens Program plans to provide a new solution in promoting school garden sustainability and increasing access to healthy foods in San Diego County. It is our hope this big garden will become a community asset to the San Carlos neighborhood.

Friends of the College-Rolando Library  
Proclamation at City Council



27th Annual I Love a Clean San Diego  
Clean Up Day at Chollas Creek.



GRID Alternatives event in  
Azalea Park brings Solar to  
local homeowners.



Groundbreaking at the site of  
the future Multi-Purpose Joint  
Use Fields at the Language  
Academy.



Unveiling of the College View Estates  
Association Welcome to the Community Sign



Allied Garden's  
Community  
Council's 31st  
Anniversary Event.



The  
Boulevard  
Boo! It's a  
wickedly fun  
Parade &  
Carnival  
  
Saturday  
October 22nd  
Along El Cajon  
Blvd. between  
59th &  
Rolando Blvd.  
  
Parade at 10am  
Carnival runs  
11am - 5pm

## October Community Events

**San Diego Financial Planning Day**— free one-on-one personalized financial advice and workshops on a variety of financial topics including credit and debt, investing and homeownership. **Saturday, October 8th from 10 am-3 pm** at the Joe & Vi Jacobs Center located at 404 Euclid Avenue.

**Chollas Triangle Master Plan Charrette and Community Workshop** - is scheduled for **October 8th at 9:00 am**. City staff and consultant will be discussing Chollas Triangle redevelopment which will address implementation, feasibility, and urban design issues associated with creating a village in an urban setting. The workshop will be held at the Teen Challenge Center at 5450 Lea Street, San Diego, CA 92105.

**19th Annual Oktoberfest**- at the Tierrasanta Community Park will be held on **October 8th from 3-9 pm**. This will be a day filled with fun, food and festivities in Tierrasanta.

**Garage Sale Fundraiser**-all proceeds go to Susan G. Komen in support of Danielle Dreher and Ellen Lavin. Together these women have walked 540 miles for the cure! Come show your support on **Sunday, October 9th from 7:00 am to noon** at the Koury Residence located at 6057 Madera Avenue in Del Cerro.

**University Avenue Corridor Mobility Study 54th to 68th Streets** – City staff will be presenting at the Eastern Area Community Planning Committee on **October 11th and November 8th from 7-9:30 pm** at the Holy Spirit Catholic Church Parish Hall located at 2725 55<sup>th</sup> Street. The study is aimed to improve pedestrian, bicycle and accessible transit for this corridor.

**Support Your San Diego Firefighter**- enjoy a fabulous Italian dinner with 25% of all proceeds going to the purchase of a F.A.S.T. Kit (Fire Augmentation Suppression Team) for the Del Cerro Fire Station the dinner will be on **Monday, October 17<sup>th</sup>** from 4-10pm at Nicolosi's restaurant, now located at 7005 Navajo Road.

October is National Breast Cancer Awareness Month— come join us in the **4th Annual Debbie Berton Walk** towards an end to breast cancer. The walk will be on **Sunday, October 23rd from noon-2 pm** at Lake Murray, located at 7001 Murray Park Drive.



# Disaster Supply Kit Checklist

*A friendly reminder from the City of San Diego CERT*



It is very important to put together a disaster preparedness kit to give your family the best chance of survival in the event of an emergency. The City of San Diego CERT has taken the recommendations from the Federal Emergency Management Agency (FEMA), the American Red Cross (ARC), and the California Governor's Office of Emergency Services (CGOES) and have developed the checklist below.

## 1. Top of Container

- ☐ Flashlight
- ☐ Radio



### First Aid Kit (including)

#### Medication:

- ☐ Antibiotic ointment
- ☐ Aspirin tablets
- ☐ Ipecac
- ☐ Prescription medication



#### Dressings:

- ☐ Adhesive tape. 2" wide roll
- ☐ Sterile bandage, 2" & 4" wide roll
- ☐ Bandages, plastic strips
- ☐ Cotton-tipped swabs
- ☐ Rubbing Alcohol
- ☐ Sterile absorbent cotton
- ☐ Ace bandage
- ☐ Butterfly bandages
- ☐ Gauze pads



#### Miscellaneous:

- ☐ Scissors
- ☐ Tweezers
- ☐ Thermometer
- ☐ Petroleum jelly
- ☐ Rubbing alcohol
- ☐ Tissues
- ☐ Pocketknife
- ☐ First Aid Handbook



## 2. Middle of Container

#### Food and Water

Three day supply of food and water requiring no refrigeration.  
Write out a menu for each day.

#### Examples:

- Canned tuna or pork & beans (1/2 lb./person)
- Nonfat dry milk (1/2 lb./person)
- Graham crackers (1/2 lb./person)
- Dried apricots (1/2 lb./person)
- Canned orange or tomato juice
- Peanut butter (1/2 lb./person)
- \* This supplies daily 2000 calories and essential nutrients

## 3. Bottom of Container

#### Bedding:

- ☐ Sleeping bag/blankets
- ☐ Plastic sheet/trap

#### Clothing:

- ☐ One change/person

#### Personal Supplies:

- ☐ Toiletries
- ☐ Towel
- ☐ Good book
- ☐ Paper/pencil

#### Equipment:

- ☐ Can opener
- ☐ Dish pan
- ☐ Dishes (disposable)

#### Utensils (disposable):

- ☐ Ax
- ☐ Shovel
- ☐ Bucket (plastic bag liners)

#### Infant Needs:

- ☐ Formula
- ☐ Diapers
- ☐ Bottle

#### Money:

- ☐ Cash
- ☐ Coins



#### Personal Documents:

- ☐ Photocopies of ID and credit cards

#### Fuel and Light:

- ☐ Matches
- ☐ Candles
- ☐ Signal flares
- ☐ Sterno (canned fire gel)

#### Other:

- ☐ Water purification tablets
- ☐ Liquid chlorine/bleach
- ☐ Eye dropper
- ☐ Pet food

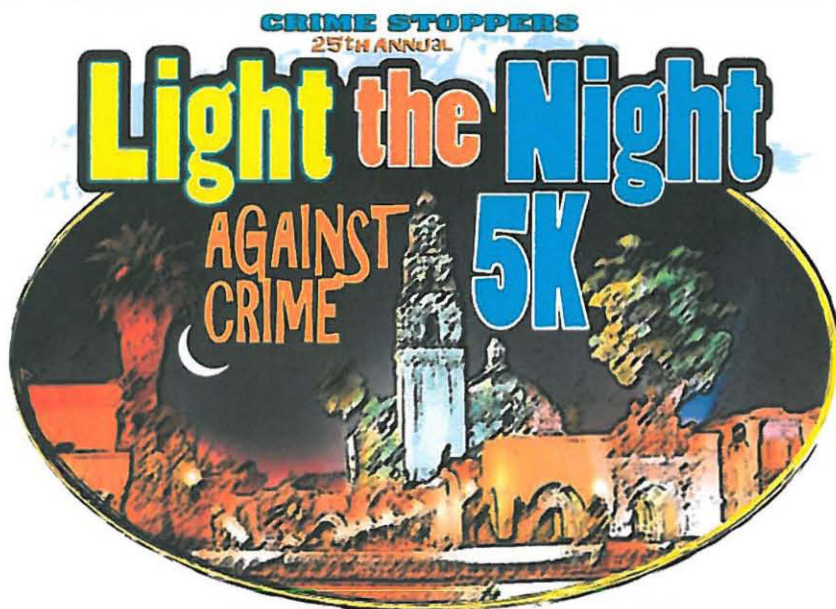


For more information, call (619) 553-4453 or visit [www.certsandiego.org](http://www.certsandiego.org)





# San Diego's Favorite Night-Time Race Returns SDPD/SDSD



**SAN DIEGO • BALBOA PARK**

**Saturday, October 22nd • Race Starts 7pm**

## RACE DAY REGISTRATION & EXPO OPENS 5PM

### Exciting Event Highlights

- Flat, fun 5K run/walk in San Diego after dark!
- Top quality long-sleeved T-shirt w/ glow-in-the-dark logo!
- Post-race party with entertainment, & costume contest
- Halloween-themed event expo
- Super Cool Kids-Zone
- Proceeds benefit San Diego County Crime Stoppers Felony Crime Reward fund and community education programs

### Famous After-Race Party

Join us after the race for a great night of entertainment, gourmet tacos, and activities for the whole family.

## Make San Diego County safer — Support Crime Stoppers!

For more information, go to [www.sdcrimestoppers.com](http://www.sdcrimestoppers.com) or call (619) 275-8240

Make checks payable to: San Diego County Crime Stoppers

### Adults

Prior to October 7 \$25  
Late Registration \$30  
Event Day \$33

### Kids

Ages 12 and Under prior to October 7 \$5  
12 & Under Late and Event Day \$10

### Competitive Team (more than 5 members)

Prior to Oct 7th \$25/member  
Late Registration \$27/member  
(send all team member entries together)

SDPD Contact: Jim Johnson (619) 531-1500

SDSD Contact: Adriana Uribe (619) 531-1547

### Light the Night Against Crime 5K 2011

Agency: \_\_\_\_\_ ☐ Employee ☐ Guest

Return completed entry form and non-refundable fee to your Team Captain by 10/7. This is an entry form for law enforcement teams, employees, and guests.

ID Number \_\_\_\_\_ Mail Stop \_\_\_\_\_  
First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
Email Address \_\_\_\_\_ Age on 10/22/11 \_\_\_\_\_ Sex \_\_\_\_\_  
Contact Phone \_\_\_\_\_ T-Shirt Size Youth S M L Adult S M L XL 2XL  
Fee Paid \_\_\_\_\_ Cash Check # \_\_\_\_\_

Waiver: In consideration of acceptance of my entry, I for myself, executors, administrators, and assignees do hereby release San Diego County Crime Stoppers, Inc., Generic Events, the City of San Diego, and all governmental agencies whose property and/or personnel are used, and all other sponsors for claims of damages, demands, actions, whatsoever, in any manner arising or growing out of my participation in said athletic event. I hereby grant full permission to any of the foregoing to use any photographs, videotapes, motion picture recording or any other record of this event for any purpose. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

(All participants must sign waiver—parent signature if under 18 y.o.)