

Community Violence/Trauma Informed Care Initiatives

•THE INITIATIVE•

Changing the mindset and belief system of all those in our community by focusing on the 5 factors discussed in the presentation. Taking a proactive approach by targeting youth at an early age to ensure that positive options are available. Focusing on creating a community feel to our city so that together we help to raise our children.

Facilitator: Scott Table Recorder: Itza

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Community Violence/Trauma Informed Care Initiatives

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Create a multi-systemic agreement to share information.
 Create trusting relationships. Provide trainings for all involved to see things in other lenses and understand people all have trauma. All involved communication is key. Catch the kids before they fall through the cracks, create a system to intervene on red flags

Facilitator: Rachel Stafford Table Recorder: _____

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Thank you!

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To improve our ongoing efforts on trauma, we plan to educate parents, teachers, & youth on trauma awareness & peer 2 peer mentoring. Youth who have survived traumatic experiences, ~~comprised~~ culturally competent adults & CBO's would help implement these programs. From these efforts, families will come together, youth will be empowered, and personal resilience skills would better our community.

Facilitator: Erika Bauer Table Recorder: Marcus Fisher

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Change our language: do not label children/people as criminals but instead try to identify why the crime occurred. Increase the resources available to children in the community & have extended hours so they have an alternative to the gangs. Get district attorney to create an MOU between law enforcement and other organizations (schools) so that everyone is on the same page in terms of the behavior in & out of school so that the trauma can be addressed.

Facilitator: Adhanet Table Recorder: Tanja

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- * Implementation of an Emotional Literacy Skills Program
 - Teaching Parents/Children the importance of healthy emotional expression
 - Potentially a Core Curriculum Requirement w/in the public School System (State-wide mandatory early intervention life skills program)
- * Initiative for Early Identification of Trauma

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- Improve safe passages
- Juvenicy - more community involvement.
- Teach Emotional Literacy (eg: violence + anger do NOT need to go together)

Add in: 1) Internships: College students go to schools as part of their education requirements to lead prevention/intervention programs.

2) Companies Providing Services: Voluntarily provide workshops at schools for students + parents as well.

Facilitator: Dawn Rosemier Table Recorder: Sheila Hatfield

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Thank you!

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WE BELIEVE THERE NEEDS TO BE MORE SUPPORT WITH FIRST RESPONDERS TO VIOLENCE AND TRAUMATIC EVENTS, PROVIDING CRISIS INTERVENTION AND EXPANDING INITIATIVES (i.e. THE DOVE PROJECT) OR OTHERS THAT COULD BE PART OF A "TRAUMA INFORMED TEAM" TO OUTREACH TO COMMUNITY VICTIMS. IN ADDITION, WORKING TO BREAK THE CYCLE OF VIOLENCE AND TRAUMA BY PROVIDING SERVICES TO BOTH VICTIMS AND PERPETRATORS / THOSE AFFECTED BY VIOLENCE + TRAUMATIC HISTORY. WE APPOINT COLLABORATION OF COMMUNITY LEADERS LIKE THE POLICE CHIEF, MAYOR, SCHOOL SUPERINTENDANTS TO →

Facilitator: ARIANE GARR Table Recorder: BRANDIE MOULTON

→ HELP PROMOTE THESE EFFORTS AND DESIGNATE SPACES TO COMMUNICATE THESE ISSUES AND SHARE EXPERIENCES IN A SAFE ENVIRONMENT.

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Initiative to mandate ACE testing to enter school. In order to get the public to understand trauma-informed care and the need for ACE testing, the media needs to play a role in disseminating information to the public. The media needs to focus on decreasing violent programming and increasing ~~positive~~ programming with positive messages. For example, counteract every negative story with a positive story.

Facilitator: Rebecca Kaplan Table Recorder: Jimmy ~~Nguyen~~ ^{Nguyen}

•THE INITIATIVE•

We want to create a "culture of caring" and think a significant focus should be put on the schools. Our children spend 8 hours a day there so a greater effect can be made throughout the school day. "Educating the educators" can help to make them a part of the solution as well. Lastly, if we could funnel money towards education instead of incarceration our priorities can be realized.

Facilitator: Scott Table Recorder: Diana

Community Violence/Trauma Informed Care Initiatives

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Mental Health Services for Trauma initiated behaviors. → Awareness, resources, Advocacy, education, intervention, rehabilitation, healthy living + social skills, Drug awareness. To break barriers and begin healing our communities. ▸

Facilitator: BRYAN GLASROD Table Recorder: Carmen D. Lake

Community Violence/Trauma Informed Care Initiatives

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Educate staff better. for students and particular cultural attributes of community (*war torn, domestic violence etc)
 Educate in mental/physical brain development (physical).
 *Putting Training across professional spectrum.
 Engage professionals: Doctors from universities, Family Justice Center, and also community member directly involved (past/present). Conferences with other community organizations
 Funding from International Violence Abuse and Trauma County funds
 Facilitator: Lee Wright Table Recorder: Stacy Cooper

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- Using education as a direct approach
- Better communication between parents → staff, or staff → teachers
- Safe environment, place to share trauma
- Everyone needs education for trauma based violence
- Starts w/ teachers
- Allocating resources, even when not asked directly by parents or community
- Starting w/ more culture relateable phrases "I know you don't talk abt it in your culture."

Facilitator: Dallas Davis Table Recorder: Nancy Castaneda

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Thank you!

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- *- create small groups and safe spaces for young people to process emotions
- *- Communication and support between probation and wrap around services - Very positive connection.
- *- Create Incentives and motivation for gang members to follow new path.
- *- Support for Compassion Fatigue for Probation officers to believe in the young people they work with.
- *- Provide positive activities for at risk youth to get involved - Sports and music.
- *- Restorative Justice - victim, perpetrator, community.

Facilitator: Justine Darling Table Recorder: Mark Bowden

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Program to include

- ① Create inviting waiting rooms
- ② Change clinic policies
- ③ Train-the-trainer to inform teachers & service providers
- ④ Train parents in empathic listening & related topics
- ⑤ offer or require a free intake ~~to~~ about healthy behaviors that are age appropriate with each family in hi-risk schools
- ⑥ Increase Reality Changers
- ⑦ Some way to offer training for kids maybe in health classes on bullying or trauma

Facilitator: Anne Chmielewski Table Recorder: Rhea Webb

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Community Violence/Trauma Informed Care Initiatives

•THE INITIATIVE•

An initiative for a resource fair at schools so both students and teachers are aware of available programs and opportunities would benefit community members who have been impacted by violence and trauma. Additionally, a website with a comprehensive list of resources would be beneficial to those in need of counseling or support groups. Overall, a place where people feel safe and comfortable to share their stories is vital for community change.

Facilitator: Melanie Vorman Table Recorder: Jadyn Beyer

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Educating all of the service providers that have direct contact with youth. ~~that may be~~ EMT's, Law Enforcement and educators are examples of those who need to be educated on Trauma Informed Care. ~~Educators~~ Make available mental health services at the schools. Try to remove the stigma of seeing a counselor by making it more visible, accessible and normal. The main thought was that everyone ~~was~~ needs to be cross trained and informed to recognize indicators of trauma and properly address them.

Facilitator: Rick Martinez Jr. Table Recorder: Felicia Cruz

•THE INITIATIVE•

The initiative our group had ~~was~~ to educate the public - caregivers, school personnel, agencies that work with youth, and the children about TIC. Parent education classes should be mandatory for any families on welfare, medicaid, WIC, Cal Fresh, hospitals to be funded by the federal government. To help w/ budget cuts, have district wide inservice for everyone who is in contact with students to be informed about TIC - students choose who they feel safe to talk to - everyone should be informed and not just pass them along in the system. Educate youth on coping mechanisms.

Facilitator: Briana Colorado Table Recorder: Jessica Sharrett

Community Violence/Trauma Informed Care Initiatives

Workshop A: Community Violence/Trauma Informed Care

•THE INITIATIVE•

City or County task force that responds to schools in violent events to provide comprehensive trauma response in a pre-planned manner. This task force provides mental health training to smaller community services, including a directory of services and funding sources. Small community services need an umbrella organization to facilitate access to funding and referrals of services. Mental health clinicians need to be a part of this task force.

No names on back

Facilitator: Ami Adkins

Table Recorder: Charlotte Moore

Community Violence/Trauma Informed Care Initiatives

•THE INITIATIVE•

Create a more accessible, friendly phrase instead of "violence" or "trauma informed care", which might create a fear of stereotype. Also, provide parental education, to start at the family level of prevention. These ideas could be put into a 'catchy public announcement', posters, etc. It should be implemented by the education system, and sponsored by the city and county to bring awareness and bring communities together. It would be beneficial to also bring in larger companies to spread the word, and volunteers to continue the programs.

Facilitator: Tiffany Larsen Table Recorder: Corrie Daughters

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Thank you!

Community Violence/Trauma Informed Care Initiatives

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- ① Actors - youth, police, schools, hospitals
- ② Programs:
- 1) Block clubs
 - 2) ↑ male leadership & involvement with their children
 - 3) Suspension alternatives, all "punishments" should have the goal of rehabilitation (anger management class)
 - 4) more family counseling that's affordable
 - 5) service learning for youth
 - 6) health care providers should screen for warning signs like academic drops (and refer to services)
 - 7) Increase parental involvement
 - 8) Family preservation programs

Facilitator: Anne Chmielewski Table Recorder: ~~Anne~~ Stephanie Peterson

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Community Violence/Trauma Informed Care Initiatives

Workshop B: Collaborative Building/Sustainability

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In the strengthening of community collaboration, there needs to first be a more shared access to resources across San Diego. Organizations and schools need to know about and rely on each other to fill gaps within their own programs. Specifically, more programs should incorporate youth in the development process and as trained mentors. Systematically, focus on earlier intervention brought to the youth in the community where they also do service work.

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Community Violence/Trauma Informed Care Initiatives

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Synopsis: Community Violence/Trauma Informed Care
 Everyone agrees ^{suggests to take initiatives in their} ~~ethics and~~ ~~live~~ ~~react~~ ~~as~~ ~~community~~ ~~needs~~
 (Community violence-trauma informed care) by providing
 involving educators, organizations and community resources.
 The schools, parent groups and people from top w/
 authority should implement this initiative this
 would result in the decrease of mental health
 stigma, lessen mental health services and empower
 families and individuals to make decisions.

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Community Violence/Trauma Informed Care Initiatives

•THE INITIATIVE•

MORE people INVOLVED w/ sensitivity to issues
 MORE parent/family involvement - planting "good seeds"
 to change mentality of violence to productivity
 LEVELS of spirituality/inner self as foundation in COMM.
 EDUCATION + TRAINING w/in community - parents,
 staff at RESOURCE PROGRAMS, Educational institutes
 to look at MENTAL HEALTH challenges + TRAUMA
 INFORMED CARE in relation to GANG involvement

Facilitator: Michelle EBONY HARDY Table Recorder: Amy Caillonette

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Thank you!

Community Violence/Trauma Informed Care Initiatives

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Increased education & training on how to provide efficient & appropriate treatment & therapy for those who have experienced trauma. In addition, adding family therapy in w/ the individualized treatment and incorporate community workshops & guest speakers. ~~Provide~~ Mentoring programs will help build stronger bonds and help individuals work on obtaining real world experience (helping w/ resume building, interviews, positive while providing support).

Facilitator: Danita Wynes / Dora Garcia Table Recorder: Rexy VADEZ

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Community Violence/Trauma Informed Care Initiatives

•THE INITIATIVE•

More access to information and services; higher levels of collaboration among community organizations.

A shift in how grant money is distributed so that collaboration is possible, rather than community organizations competing against one another.

An outside coalition could act to influence the ways in which grant money is able to be distributed.

Facilitator: Megan Day

Table Recorder: Megan Day

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Community Violence/Trauma Informed Care Initiatives

•THE INITIATIVE•

Our initiative is to develop community education on gang awareness and offer resources. Community education is important ~~to~~ in order to give consistent and correct information, to help with the "bystander effect" and give community members a safe outlet to get resources and/or to report gang activity.

An anonymous hotline ^(phone/website) would be useful to define gang red flags, alternatives, reporting activity, etc. The hotline can be run by existing agencies who work in violence prevention, former gang members, law enforcement - need to have training for consistency. Can be divided by districts, regions, communities.

Facilitator: Briana Colorado Table Recorder: Patti Fox

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Community Violence/Trauma Informed Care Initiatives

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Collaboration → building relationships among all programs, schools, community leaders, church's, business, to discuss and share opinions and resources.

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Thank you!

Community Violence/Trauma Informed Care Initiatives

THE INITIATIVE

An initiative for a resource fair at schools so both students and teachers are aware of available programs and opportunities would benefit community members who have been impacted by violence and trauma. Additionally, a website with a comprehensive list of resources would be beneficial to those in need of counseling or support groups. Overall, a place where people feel safe and comfortable to share their stories is vital for community change.

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Thank you!