

Trauma Informed Care (TIC)

*Responding to Community Violence:
Impact, Awareness, Empowerment*

Malcolm X Library, October 13, 2012

PROGRAM

Certificates of Attendance and CEUs will be provided at the end of the day

8:30 a.m. Registration / Sign-In (Coffee and Pastries)

9:00 a.m. Opening and Welcome

Welcome: Celeste Hunter, (ACE) Mistress of Ceremonies

Opening Remarks: San Diego Police Chief, William Lansdowne

9:30 a.m. - Breakout sessions

10:15 a.m. Teen Session – Tia Ross (Motivating the Teen Spirit) and Jonathan Villafuerte

Family Session – Dana Brown (*San Diego Compassion Project & Commission on Gang Prevention and Intervention*)

10:30 a.m. - General Interactive Information Session

11:30a.m. Gabrielle M. Cerda, M.D., *an expert on the subject of trauma and how it affects families and communities*

11:45 a.m. - LUNCH (Please visit Resource Tables)

12:30 p.m.

12:45 p.m. - Strategies on Taking Care of the Caring Support Member

1:30 p.m. Rosa Ana Lozada, L.C.S.W. (*Chair, Commission on Gang Prevention and Intervention*)

1:30 p.m. - Accessing Resources, Closing Celebration led by Kathleen Harmon

2:00 p.m.

To Register: <http://ticoctober13.eventbrite.com/>



Speakers/Facilitator Information

Chief William Lansdowne

William Lansdowne is the Chief of Police for the City of San Diego. Prior to arriving in San Diego in 2003, Chief Lansdowne served as Chief of Police for the cities of Richmond, CA, and San Jose, CA. He has more than 40 years of law enforcement experience. Chief Lansdowne has always demonstrated a strong commitment to the concept of neighborhood policing and community input. He believes in openness and being responsive to the needs and concerns of the community. He has a Bachelor of Arts from the University of San Jose. He is a graduate of the FBI National Academy and has served on a variety of state and national boards, including the Major Cities Chiefs and the Police Executive Research Forum.

Tia Ross

Tia Ross is an educator, a writer and a dynamic inspirational, speaker who came from humble beginnings. Ross works with youth who have suffered trauma. She is a Certified Master Facilitator and Director of the Facilitator Empowerment Program for Motivating the Teen Spirit (a Lisa Nichol's company). Through her work, she has impacted the lives of thousands of teens and adults, teaching them how to become powerful leaders through integrity-based decision-making, effective communication, and community involvement. She has a B.S. degree in Criminal Justice from San Diego State University and has committed her life to positively influencing youth and families within the juvenile justice system

Dr. Gabrielle M. Cerda

Dr. Cerda is a psychiatrist and professor at the UCSD School of Medicine, specializing in adult, child & adolescent psychiatry. Dr. Cerda is an experienced clinician in the area of trauma and its effects on youth; and in the diagnosis and treatment of trauma-related disorders. She has a B.A., in Psychology/Animal Physiology, and an M.D. both from UCSD. Dr. Cerda has published articles for journals such as *Journal of Clinical Child & Adolescent Psychology* and *Journal of Youth and Adolescence* as well as published chapters in books like *Child & Adolescent Psychiatric Clinics of North America*. She has given many presentations about children and teenagers

Rosa Ana Lozada, L.C.S.W.

For over 30 years, Rosa Ana Lozada, L.C.S.W., has dedicated her professional career to providing mental health care to children, youth and their families. She has been a strong advocate for system reform resulting in a more holistic approach in the delivery of care. Ms. Lozada is the Chief Executive Officer of Harmonium Inc., a non-profit agency that was established in 1975. Ms. Lozada continues her reform efforts through her work at Harmonium by ensuring that services offered promote the physical, mental health, and emotional well-being of the 30,000 children, youth, and families served each year. Ms. Lozada is actively involved in various committees, provides consultation and training, volunteers in the community, and serves as the current Chair of the City of San Diego Commission on Gang Prevention and Intervention.

Dana Brown

Dana Brown is a dedicated community advocate and motivational public speaker. She is the co-founder of Youth Voice and lead – Community Organizer on 44th Street's Community Wrap-Around Mobilization, lead - Youth Leadership of WRPP (Wellness & Restorative Practice Partnership). A Character Development Specialist from USD's Character Development Center, she is also involved in many community organizations including the Commission on Gang Prevention & Intervention. She founded a Character Education program and PALS (Parents At Lunch) in 2003. Brown co-teaches Conflict Resolution in the Child/Family department at SDSU.

Jonathan Villafuerte

Jonathan grew up surrounded by alcoholism, gangs and violence. Instead of being influenced from that, he joined the Reality Changers. Since before he was admitted, he never missed a program night. He attended Point Loma Nazarene University with a full tuition scholarship. Reality Changers gave Jonathan all the tools necessary to succeed and graduate in four years. Jonathan is now the Dean of Students at Reality Changers and plans to pursue a Master's degree in high school counseling.