



THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT
 "WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"

COLINA DEL SOL RECREATION CENTER

5319 Orange Avenue • San Diego, CA 92115 • (619) 235-1144 • (619) 235-1146 • www.sandiego.gov

Summer/Fall 2009 Fall Program

YOUTH ACTIVITIES

AFTER SCHOOL CRAFTS PROGRAM

We will offer a fun after school program for youth. The class will offer basic crafts and games
 Days: Wednesday and Thursday
 Time: 3:30 pm - 5:00 pm
 Ages: 8 - 12 years old



FREE YOUTH SOFTBALL/BASEBALL SPONSORED BY STAR/PAL

We will offer a summer girls softball and boys baseball program.
 Registration will begin in June 8th
 Boys: 11 -12 years old (Baseball)
 Girls: 11 -12 years old (Softball)
 Day: Game day Saturday
 Time: T.B.A.



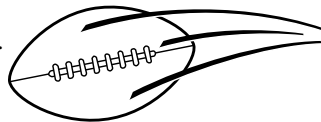
FREE YOUTH CERAMICS

This class teaches ceramic fundamentals, including pouring molds, cleaning your pieces and painting them.
 Day: Monday
 Time: 3:30 pm - 5:00 pm
 Ages: 8 - teen
 Registration: Monthly



FLAG FOOTBALL

Colina Del Sol Park and Recreation will offer a flag football program for youth this fall. Registration will begin in September.
 Ages: 11 - 12 years old
 Day: T.B.A.
 Time: T.B.A.
 Cost: \$10.00



FREE GIRLS BASKETBALL

Colina Del Sol Park and Recreation will offer a girls basketball program this fall. Registration will begin in September.
 Ages: 11 - 12 years old



TEEN CENTER

Teen Center is open daily from 2:30 pm to 6:00 pm. Activities include various sports programs, field trips, board games, a Teen Council, movies and a lounge to kick back in!

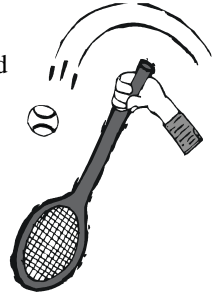
WEEKLY SCHEDULE:

Monday	(3 rd Monday of every month) Cooking Class
Tuesday	Teen Youth Council
Wednesday	Girls Exercise Class
Thursday	Games
Friday	Movie Day



TENNIS LESSONS

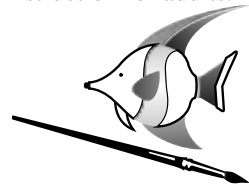
Beginner/Intermediate lesson are provided by a trained and certified instructor.
 Ages: 5 - 17 years old
 Day: Saturday
 Time: 9:00 am - 1:00 pm
 Cost: \$25.00/month



ADULT ACTIVITIES

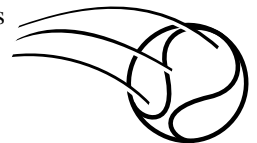
ADULT CRAFTS AND CERAMICS

Learn several different crafts from holiday ornaments to plastic canvas. We also offer ceramic instruction for adults. Monthly Registration
 Day: Monday
 Time: 5:30 pm - 7:30 pm
 Ages: 18 & up
 Cost: \$8.00/month



ADULT TENNIS LESSONS

Our tennis instructor provides lessons for adults at our tennis facility.
 Level 2: Tuesday
 Beginners: Thursday
 Time: 6:00 pm - 7:30 pm
 Cost: \$30.00/month



FREE ADULT VOLLEYBALL

Day: Wednesday
 Time: 5:30-7:45 pm
 Ages: 16 & up



Effective through December 31, 2009

Programs and fees are subject to change without prior notice.

GENERAL INFORMATION

HOURS OF OPERATION

Monday	1:00 pm - 8:00 pm
Tuesday	1:00 pm - 8:00 pm
Wednesday	12:00 pm - 8:00 pm
Thursday	1:00 pm - 8:00 pm
Friday	1:00 pm - 6:00 pm
Saturday	10:00 am - 4:00 pm
Sunday	CLOSED

HOLIDAY CLOSURES

September 7	Labor Day
November 11	Veterans Day
November 26	Thanksgiving Day
December 25	Winter Holiday

STAFF

Keith A. Selby, J.D.	Area Manager
Open	Center Director
Franchlina Broy	Recreation Leader I
Tahlif Brown	Recreation Leader I
Ronald Hill	Recreation Leader I
Joanne McGhee	Recreation Leader II
Jolene Rich	Recreation Leader I
Maria Lopez	Recreation Leader I
Don Cotton	Grounds Maintenance Worker
Kevin Cannon	Grounds Maintenance Worker

NEIGHBORHOOD PARKS AND JOINT USE FIELDS

The following parks and fields are available for reservations. Please contact staff at Colina for details on where and how to attain a permit.

Clay Neighborhood Park and Joint Use Field	4767 Seminole Drive
Montezuma Neighborhood Park	4929 Catocin Drive
Horace Mann Joint Use Field	4345 54th Street
Hardy Elementary Joint Use Field	5420 Montezuma Road
Ibarra Elementary Joint Use Field	4877 Orange Avenue

RECYCLING PROGRAM

A recycling bin is located in the Orange Avenue Parking Lot. Glass, plastic and paper is all accepted. All funds raised through this program go back into the recreation center for improvements and programs.

HALLOWEEN CARNIVAL

 **October 30th, 2009**

3:00 - 5:00 pm

**Come Join us and enjoy the games
and prizes at Colina Del Sol Park.**



Please sign up promptly, as registrations for all activities are a first come first serve basis. Registration is for the month unless otherwise noted in the program.



EQUIPMENT CHECKOUT

Sports equipment, table and board games may be checked out with school I.D. card or picture I.D., free of charge.

FACILITY

Our center has a full size gymnasium, meeting room, craft room, ceramic room, full size kitchen, out door tennis and basketball courts, tot lot, baseball field and two softball fields. We also have 22 acres of open space.

ADVISORY BOARD

A citizen's advisory group, made up of involved community members and representatives which use our facilities, meets at 6:00 pm, on the third Wednesday of January, March, May, July, September and November. This group of volunteers advises the centers staff on community events and recreational programs. These meetings are open to the public and interested individuals are encouraged to attend.

VOLUNTEERS NEEDED!

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml or contact the Volunteer Office at (619) 533-4017.

DONATIONS

By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool or recreation program, please call David Monroe, Deputy Director CPII Division, (619) 525-8235.

