



“WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS”

COLINA DEL SOL RECREATION CENTER

5319 Orange Avenue • San Diego, CA 92115 • (619) 235-1144 • www.sandiego.gov

YOUTH ACTIVITIES

YOUTH CERAMICS/CRAFTS

This class teaches ceramic fundamentals, including pouring molds, cleaning your pieces and painting them.

Day: Monday

Time: 3:30 p.m. to 5:00 p.m.

Ages: 8 to teen

FREE



CREATIVE COOKING FOR KIDS

We are offering a cooking class with a fun twist!

Day: Wednesday

Time: 2:00 p.m. to 3:00 p.m.

Ages: 6 to 11

FREE

Class size limited to the first 15 children.



ARTS & CRAFTS

Come explore your creative side with basic arts and crafts such as paper mache' and painting!

Day: Thursday

Time: 4:00 p.m. to 5:00 p.m.

Ages: 6 to 11

FREE



CAPOEIRA ANGOLA with “Kekeu da Bahia”

All levels/ages are welcome! FREE !!!

Thursdays 6:00 p.m. to 7:45 p.m.

Capoeira Angola is an Afro-Brazilian martial art that combines dance movements, acrobatics, self-defense, music, history and philosophy. Capoeira also serves as a channel for creativity and self-expression. This class will consist of exercises and techniques for strengthening and flexibility.

Summer/Fall 2011

TEEN CENTER Ages: 12 to 17

The Teen Center is open daily from 2:30 p.m. to 6:00 p.m. Activities include various sports programs, field trips, board games, a Teen Council, movies and a lounge to kick back in!

WEEKLY SCHEDULE

Monday: Teen Bingo

Tuesday: Teen Tennis

Wednesday: Teen Talk

Thursday: Games

Friday: Movie Day



ADULT ACTIVITIES

ADULT CRAFTS AND CERAMICS

Learn several different crafts ranging from holiday ornaments to plastic canvas. We also offer ceramic instruction for adults.

Day: Monday

Time: 5:30 p.m. to 7:30 p.m.

Ages: 18 & up



Effective through December 31, 2011

Programs and fees are subject to change without prior notice.

GENERAL INFORMATION

HOURS OF OPERATION

Monday & Tuesday	1:00 p.m. to 8:00 p.m.
Wednesday	12:00 p.m. to 8:00 p.m.
Thursday	1:00 p.m. to 8:00 p.m.
Friday	1:00 p.m. to 6:00 p.m.
Saturday	10:00 a.m. to 4:00 p.m.
Sunday	CLOSED

HOLIDAY CLOSURES

July 4th	Independence Day
September 5	Labor Day
November 11	Veteran's Day
November 24	Thanksgiving
December 26	Christmas

STAFF

Keith A. Selby, J.D.	Area Manager
Carol	Center Director III
Taevee	Recreation Leader I
Ronald	Recreation Leader I
Jolene	Recreation Leader I
Maria	Recreation Leader II
Don	Grounds Maintenance Worker
Bonaparte	Grounds Maintenance Worker
Daniel	Grounds Maintenance Worker

NEIGHBORHOOD PARKS AND JOINT USE FIELDS

The following parks and fields are available for reservations. Please contact staff at Colina for details on where and how to attain a permit.

Clay Neighborhood Park and Joint Use Field

4767 Seminole Drive

Montezuma Neighborhood Park

4929 Catoctin Drive

Horace Mann Joint Use Field

4345 54th Street

Hardy Elementary Joint Use Field

5420 Montezuma Road

Ibarra Elementary Joint Use Field

4877 Orange Avenue

Fay Elementary Joint Use Field

4080 52nd Street



EQUIPMENT CHECKOUT

Sports equipment, table and board games may be checked out with a school I.D. card or picture I.D., free of charge.

FACILITY

Our center has a full size gymnasium, meeting room, craft room, ceramic room, full size kitchen, outdoor tennis and basketball courts, tot lot, baseball field and two softball fields. We also have 22 acres of open space.

ADVISORY BOARD

A citizen's advisory group, made up of involved community members and representatives which use our facilities, meets at 6:00 p.m. on the third Wednesday of January, March, May, July, September and November. This group of volunteers advise the center's staff on community events and recreational programs. These meetings are open to the public and interested individuals are encouraged to attend.

VOLUNTEERS NEEDED!

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml or contact the Volunteer Office at (619) 533-4017.

DONATIONS

By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool, or recreation program, please call David Monroe, Deputy Director CPII Division, (619) 525-8235.



RECYCLING PROGRAM

A recycling bin is located in the Orange Avenue Parking Lot. Glass, plastic and paper is all accepted.



**Please call
619 235-1144
in
October
for date & time**

