



The City of San Diego Park and Recreation Department
"We Enrich Lives through Quality Parks and Programs"

1405 Diamond St.
San Diego, CA 92109
(858) 581-9927
www.sandiego.gov

Pacific Beach Recreation Center



P.B.R.C Staff

Area Manager	Vacant
Center Director II	Richard Crider
Recreation Leader I	Bob Alcantara
Recreation Leader I	Tyler Canales
Recreation Leader I	Alijah Gargano
Grounds Maintenance Worker	Victor Rodriguez

Hours of Operation

Effective Through December 31, 2009

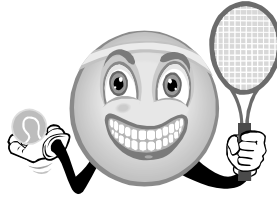
Monday	1:00 - 7:45 PM
Tuesday	1:00 - 8: 45 PM
Wednesday	1:00 - 7:45 PM
Thursday	1:00 - 8: 45 PM
Friday	12:00 - 5:45 PM
Saturday	9:00 - 12:45 PM
Sunday	CLOSED

Subject to change without prior notice

Youth Programs

YOUTH TENNIS LESSONS

Day: Saturday
Time: 10:00am - 12:00pm (1 hour sessions)
Ages: 6-14 years old
Cost: \$60/5 weeks
Instructor: Joe Wesson,
USPTA Certified Professional
Please call instructor for more
information at (619) 743-8051



FLAG FOOTBALL

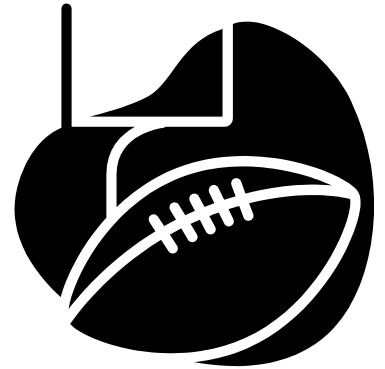
Registration: August 1 - September 18
***A birth certificate must be provided at the time of registration.**
Cost: \$50/\$60 (If registering after September 18)
Ages: 8-12 years old (Age cutoff date December 13)
Divisions: 10 & Under (8,9,10)
12 & Under (11,12)

- Season: Games played on Saturdays, at Cadman Recreation Center, Season start is TBA.

PEE WEE SPORTS CLASS

Day: Tuesday
Time: 3:30pm - 4:30pm
Ages: 4-7 years old
Cost: \$10/6 weeks
New Participants:
Cost: \$15 (Includes T-Shirt)
Session I: September 22, 2009
Session II: November 3, 2009
(No Class Nov 24)

Learn the fundamentals of soccer, basketball, T-ball and other sports. Snacks are provided.



PARENT'S NIGHT OUT

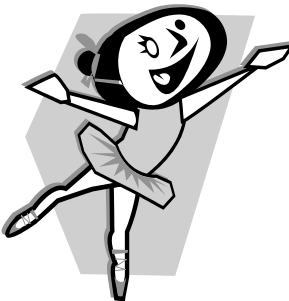
Day: Friday Sept. 18th, Oct. 16th and Nov 20th
Time: 5:00pm - 8:45pm
Cost: \$10/per child
Ages: 4—11 years old
Drop your kids off for a night of fun at the rec center. Arts and crafts and games are just some of the activities that take place. Pizza is included.



WINTER BASKETBALL

Registration: October 26 - December 2
***A birth certificate must be provided at the time of registration.**
Cost: \$50/\$60 (If registering after December 2)
Ages: 8-14 years old (Age cutoff date March 21)
Divisions: 10 & Under (8,9,10)
12 & Under (11,12)
14 & Under (13,14)
Season: Games played on Saturdays, at the Pacific Beach Recreation Center (unless otherwise noted) starting January 9th and ending February 27th.
All participants must attend the draft on December 5th. Draft times are:

- 10 & Under: 9:30am
- 12 & Under: 11:00am
- 14 & Under: 12:30pm



City Dance Classes

Day: Tuesday
Registration: September 22, 2009
Cost: \$48
Classes: September 29—December 15
Times:

- 3:45pm Pre-Tap (ages 4-5)
- 4:30pm Tap (ages 6-17)
- 5:15pm Jazz (ages 6-17)

Register with instructor on day & time of class.



All City of San Diego parks and beaches are smoke free.



Adult Programs

CO-ED VOLLEYBALL 4 PERSON VOLLEYBALL

"A" & "B" Leagues
Day: Thursday
Time: 6:00pm - 8:45pm
Fee: \$280/team
Contact: Farid Karimi
(858) 573-0721



VOLLEYBALL CLINIC

Session I: Sept 2 - Sept 30
Session II: Oct 7 - Nov 4
Day: Wednesday
Time: 6:00pm - 7:45pm
Fee: \$50/5 weeks
Contact: Farid Karimi (858) 573-0721

OPEN PLAY VOLLEYBALL

Day: Tuesday
Time: 6:00pm - 8:45pm

ADULT TENNIS

Days: Monday - Thursday
(Pick your day!)
Time: 6:30pm - 7:30pm
Fee: \$85/5 weeks



MOM'S TENNIS

Days: Monday - Friday
(Pick your day)
Time: 8:30am - 9:30am
Fee: \$55/5 Sessions
Instructor: Joe Wesson,
USPTA Certified Professional
Please call instructor for more information at (619) 743-8051

WEIGHTROOM FACILITY

Ages: 18 & over
ONLY
Fee: \$3/day
\$10/month
\$20/quarterly
\$70/yearly

EXACT CHANGE ONLY!

Get fit in our fitness center and weight room! Our weight room is equipped with the following machines: Weight scale, 8 station machines, bench press rack, squat rack, cable cross-over, lifecycle, flat bench, free weights, barbells, free weight dumb bells, and curl bar.



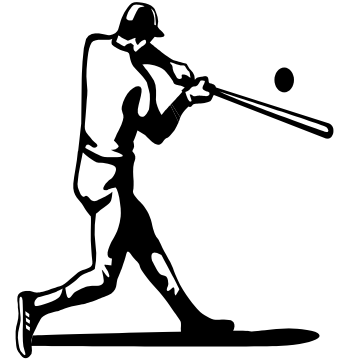
CO-ED SOFTBALL LEAGUES*

Day: Sunday
Time: 3:00pm - 9:00pm
Day: Monday
Time: 6:00pm - 10:00pm

MEN'S SOFTBALL LEAGUES*

Days: Tuesday - Thursday
Time: 6:00pm - 10:00pm

-All adult softball games are played on the corner of Gresham and Felspar. This is a school site, alcohol and glass containers are prohibited. Dogs are not allowed on the field. Contact Kevin Hellman at sandiegosoftball.com for more information.



VOLUNTEERS WANTED to form a Recreation Council. The council advises the center's staff on programs and policies. If you would like to be a part of the council please contact Richard Crider at (858) 581 - 9927.

Senior Programs

These clubs are not sponsored by the Park and Recreation Department. If you are interested in joining one of these clubs, please stop by the Recreation Center during their posted meeting time for more information.

SENIORS NORTH SHORES WOMENS CLUB

Place: Craft Room
Days: 1st & 3rd Monday of each month
Times: 1:00pm - 4:00pm

QUILT GROUP

Place: Carpet Room
Day: Friday
Times: 12:30pm - 3:00pm



Special Events

Halloween Carnival

Friday, October 30, 2009
4:00pm - 7:00pm
Come to our annual Halloween Carnival for a night of fun and fright. Activities will include a costume contest, games, jumpers and more!



Breakfast with Santa

Saturday, December 19, 2009
8:00am - 11:00am
Enjoy a pancake breakfast with Santa himself! Activities include arts & crafts and a chance to have your picture taken with Santa.



General Information

REGISTRATION PROCEDURE

All fees must be paid at time of registration. If paying by check, please make check payable to MBRCC @ PB, if paying by cash, you must have exact change. **THE RECREATION CENTER OFFICE DOES NOT HAVE CHANGE.** Classes which are cancelled due to instructor illness will be rescheduled. Partial refunds will be granted only upon request of the registrant before the second class. **CLASSES, TIMES, AND DATES ARE SUBJECT TO CHANGE WITHOUT NOTICE.**

MEETING ROOM RENTALS AVAILABLE

The Recreation Center has three multipurpose rooms for rent. Please contact recreation staff for more details.

RECYCLING

Recycle your aluminum cans, plastic bottles, glass bottles and newspapers at the recreation center! All material collected supports the recreation center in the community of Pacific Beach. Please spread the word and support your community recreation center.

DONATIONS

By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool, or recreation program, please call Clay Bingham, Deputy Director CPI Division, at (619) 221-8910.

PACIFIC BEACH RECREATION CENTER HOLIDAY CLOSURES:

November 11th/26th—Veteran's Day/Thanksgiving
December 25th—Christmas Day
January 1st—New Year's Day

VOLUNTEERS ARE NEEDED!!!!

The recreation center is always looking for coaches, officials, program assistants, and special event volunteers. For more information, please call the Pacific Beach Recreation Center Office at (858) 581-9927. Ongoing opportunities are available at recreation centers, pools, and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information of visit: <http://www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml> or contact the Volunteer Office at (619) 525-8232.

Phone Numbers

LOCAL SCHOOL PHONE NUMBERS

Bayview Terrace Elementary	(858) 273-5244
Bird Rock Elementary	(858) 488-0537
Crown Point Elementary	(858) 273-9830
Kate Sessions Elementary	(858) 273-3111
Mission Bay High School	(858) 273-1313
Pacific Beach Elementary	(858) 488-8316
Pacific Beach Middle School	(858) 273-9070
St. Paul's Lutheran School	(858) 272-6282

OTHER PHONE NUMBERS

Belmont Park Information	(858) 273-9070
Community Parks I Headquarters	(619) 221-8901
La Jolla Recreation Center	(858) 552-1658
Mission Bay Little League	(858) 274-6061
Pacific Beach Library	(858) 581-9934
Pacific Beach Town Council	(858) 483-6666
P.Y.S.L. Youth Soccer	(858) 488-1144
Santa Clara Recreation Center	(858) 581-9928

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, CREED, SEX, AGE, NATIONAL ORIGIN OR ANCESTRY, RELIGION, PREGNANCY, PHYSICAL OR MENTAL DISABILITY, VETERAN STATUS, MARITAL STATUS, MEDICAL CONDITION, GENDER (TRANSSEXUAL AND TRANSGENDER), SEXUAL ORIENTATION, AS WELL AS ANY OTHER CATEGORY PROTECTED BY FEDERAL, STATE OR LOCAL LAWS. IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 221-8918) OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D. C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.