

## GENERAL INFORMATION

### STAFF

Maxine Faulcon	Center Director
Walter Anderson	Recreation Leader I
Edgard Guerrero	Recreation Leader I
Cristina Paulino	Recreation Leader I
Joanna Reyes	Recreation Leader II
Paul Henderson	GMW II
Rafael Rodriguez	GMW II

### HOURS OF OPERATION

Monday	1:00 pm - 8:00 pm
Tuesday	1:00 pm - 8:00 pm
Wednesday	1:00 pm - 7:00 pm
Thursday	1:00 pm - 7:00 pm
Friday	1:00 pm - 7:00 pm
Saturday	9:00 am - 5:00 pm
Sundays	CLOSED

### RECYCLING PROGRAM

Penn Athletic Field is a recycling site. There is a recycling bin located in the parking lot for plastic bottles, cardboard, newspaper and aluminum/steel cans. All proceeds go directly to the programs at this center.

### RENTAL INFORMATION

Penn Athletic Field has a variety of recreational facilities open to the public. There is a meeting room, softball field and multi-purpose fields available for rent on an hourly basis. The Center Director can be contacted for reservations and fees.

### CHECK-OUT PROCEDURES

Participants may checkout sports equipment and board games with a valid I.D. or by obtaining a recreation card at the office. The first recreation card is free, 25¢ for additional cards (if lost).

### VOLUNTEERS NEEDED!

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit [www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml](http://www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml) or contact the Volunteer Office at (619) 533-4017.

### DONATIONS

By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool or recreation program, please call David Monroe, Deputy Director CPII Division, (619) 525-8235.



THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT  
"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"



## **PENN ATHLETIC FIELD**

2555 Dusk Drive • San Diego, CA 92139  
(619)527-3458 • [www.sandiego.gov](http://www.sandiego.gov)

## **Summer Program 2009**

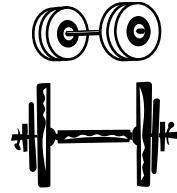


**Recreation program effective through September 1, 2009**

**PROGRAMS AND FEES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.**

**WEIGHT ROOM**

Ages: 16 years and up  
Day: Monday & Tuesday  
Time: 3:00 p.m. - 7:45 p.m.  
Days: Wednesday - Friday  
Time: 3:00 p.m. - 6:45 p.m.  
Day: Saturday  
Time: 9:00 a.m. - 4:45 p.m.  
Cost: \$1.00/visit or \$5.00/month



The weight room is equipped with a universal machine and free weights. Participants under the age of 18 years must have a waiver and release of liability form signed by a parent/guardian.

**KENPO KARATE**

Ages: Youth and Adults  
5 years and up  
Days: Tuesday & Wednesday  
Time: 5:30 p.m. - 7:00 p.m.  
Cost: \$30.00 monthly/registration is ongoing.



This style of Hawaiian Kenpo will help enhance the participant's strength, flexibility, concentration, coordination, self-confidence and discipline. Kenpo training is not only a good means of self-defense; it is an excellent form of exercise. For more information, please call Instructor Vargas at (619) 316-2121/ www.sandiegocha3.com

**COOKING CLASS**

Ages: 7 - 14 years  
Day: Monday  
Time: 5:30 p.m. - 6:30 p.m.  
Cost: \$10.00 / month  
Participants will prepare, cook, and eat fun treats and dishes.

**MEN'S SOFTBALL/FLAG FOOTBALL LEAGUES**

For more information, please call John Nanos at (619) 589-2025.



**PARADISE HILLS YOUTH BASEBALL**

For information visit their website at [www.leaguelineup.com/ph-pony](http://www.leaguelineup.com/ph-pony) or call (619) 634-2349.

**BASEBALL/SOFTBALL**

Registration: May 4 - July 3, 2009  
Boys & Girls  
Ages: 8 -15 years  
Cost: \$15.00/ participant  
Participants must have proof of age at the time of registration and submit a small photo for staff to keep and along with a waiver and release of liability form signed by the parent/guardian at the time of registration.

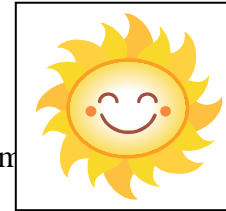
**SOFTBALL CAMP**

Registration:  
June 1 - July 2, 2009  
Girls  
Ages: 8 - 15 years  
Cost: \$5.00/ participant  
Participants must have proof of age at the time of registration and submit a small photo for staff to keep, along with a waiver and release of liability form signed by the parent/guardian at the time of registration.



**SUMMER DAY CAMP**

July 27 - Aug. 28, 2009  
Ages: 7 - 12 years  
Days: Monday - Friday  
Time: 12:00p.m. - 5:00p.m.  
Cost: \$20.00/month



Activities include sports, arts & crafts, cooking, and special events. A liability waiver form is required. For more information, please call (619) 527-3458.

**SUMMER FUN CAFÉ**

Free lunch program  
July 23, 2009 - August 28, 2009  
Days: Monday - Friday  
Time: Lunch 12:00 p.m. - 1:00 p.m.  
Snack 3:00 p.m. - 3:30 p.m.  
Ages: 2-18 years  
Cost: Free

**MOVIE MADNESS**

Days: Friday  
Time: 4:30 p.m. - 5:30 p.m.  
Cost: Free  
Enjoy a new movie release with your friends and family.

**COMPUTERS FOR KIDS**

Ages: 7 years and older  
Days: Monday - Friday  
Time: 3:30 p.m. - 5:30 p.m.  
Cost: Free



As a recipient of federal funds, the city of San Diego cannot discriminate against anyone on the basis of race, color, creed, sex, age, national origin or ancestry, religion, pregnancy, physical or mental disability, veteran status, marital status, medical condition, gender (transsexual and transgender), sexual orientation, as well as any other category protected by federal, state or local laws. If anyone believes he or she has been discriminated against, he or she may file a complaint alleging the discrimination with either the City of San Diego Park and Recreation Department (contact District Manager (619) 525-8286) or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240. This information is available in alternative formats upon request. PRINTED ON RECYCLED PAPER.

**PARADISE HILLS/ PENN ATHLETIC FIELD COMMUNITY RECREATION COUNCIL**

The Recreation Council meets the 1st Thursday of each month at Paradise Hills Recreation Center at 6:00 p.m. The meetings are open to the public and new membership is encouraged. For more information, please call (619) 527-3458.

**SPECIAL EVENTS**

**Summer Lunch Program Kick Off**  
July 23, 2009  
Time: TBA  
**Summer Camp Kickoff Carnival**  
July 24, 2009  
2:00 p.m. - 6:00 p.m.



The Center will be closed on the following holidays:  
4<sup>th</sup> Of July (Observed) July 3, 2009  
Labor Day September 7, 2009  
\*Facility will open July 4, 2009 during regular business hours.