

San Carlos Recreation Center

6445 Lake Badin Avenue

San Diego, CA 92119 (619) 527-3443; Fax: (619) 462-0796

Spring Program 2012

Hours of Operation

Monday	1:00 p.m.-8:00 p.m.
Tuesday-Thursday	2:00 p.m.-9:00 p.m.
Friday	1:00 p.m.-7:00 p.m.
Saturday	9:00 a.m.-3:00 p.m.
Sunday	Closed

Recreation Center Closed:

March 30 for Cesar Chavez Day

May 28 for Memorial Day

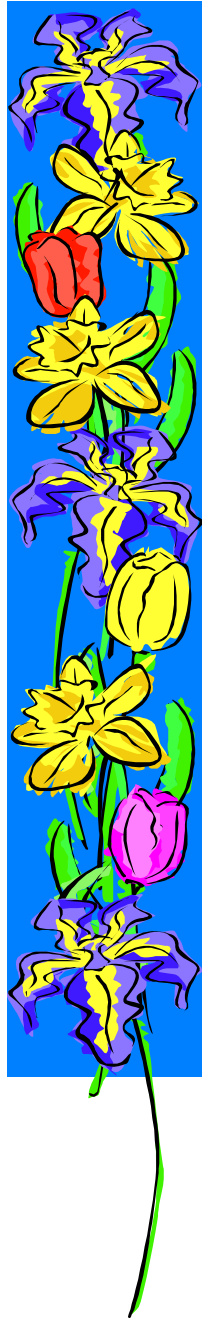
Registration

Register for activities during hours of operation. Fees payable by check, money order, or *exact cash* at the time of registration. Make checks payable to SCRC. Low income fee waivers available. Contact the office (619) 527-3443 for more information. *Non-City of San Diego residents may be required to pay additional fees. Hours of Operation, programs, and fees are subject to change without prior notice.*

San Carlos Recreation Center Staff

Rosemary Billburg	CDII
Farzad Fana	RLI
Mary Beth Ekhaml	RLI
Joseph Esquero	RLI
Miguel Medina	RLI
September Bond	GMWII
David Richard	GMWII

Debra Jones
Area Manager II
Allied Gardens/San Carlos/Tierrasanta Areas
Community Parks II Division



Spring Egg Roll

The San Carlos Recreation Council/Center presents the Annual Spring Egg Roll on Saturday April 7 from 9:00 a.m. to noon. There will be many activities scheduled throughout the morning. Egg Rolls times are listed below.

1-2 yrs	at 10:15 a.m.
3-4 yrs	at 10:30 a.m.
5-6 yrs	at 10:45 a.m.
7-8 yrs	at 11:00 a.m.
9-10 yrs	at 11:15 a.m.



San Carlos Recreation Center's Spring Day Camp

April 2nd to April 6th

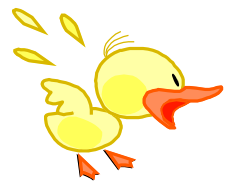
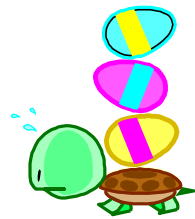
Cost: \$105.00

Non-city residents fee \$115

Time: 7:30 a.m. to 5:30 p.m.

Ages: 6-12

Enjoy crafts, sports, and games.



"We Enrich Lives Through Quality
Parks and Programs"

Class	Day	Time	Age	Cost	Start	Duration	Instructor
Preschool							
Pre-Ballet*	Monday	3:30-4:15 p.m.	3-5 yrs	\$38.50 \$27.00 \$33.00	4/2-4/30 5/7-5/21 6/4-6/25	5 weeks 3 weeks 4 weeks	L. Hesketh
Crafts	Wednesday	4:00-5:30 p.m.	3-5 yrs	\$0.50	4/11-5/30	8 weeks	M. Ekhaml
Intro to Dance	Monday	3:00- 3:30 p.m.	2 ½ -3	\$22.00 \$18.00 \$20.00	4/2-4/30 5/7-6/21 6/4-6/25	5 weeks 3 weeks 4 weeks	L. Hesketh
Pee Wee Sports	Tuesday	4:00-5:00 p.m.	4-5 yrs	\$25.00	4/11-6/30	8 weeks	M. Ekhaml
Beg. Tap Dance**	Wednesday	3:00-3:45 p.m.	4-5 yrs	\$48	6/20-8/29	10 weeks	Staff
Tumbling*	Friday	3:15-4:00 p.m.	3-5 yrs	\$33.00 \$33.00 \$38.50	4/6-4/27 5/4-5/25 6/1-6/29	4 weeks 4 weeks 5 weeks	K. Reno
Youth							
Art Enrichment	Friday	4:00-5:00 p.m.	7-12 yrs	\$28.50 \$36.50 \$18.00	4/13-4/27 5/4-5/25 6/1-6/8	3 weeks 4 weeks 2 weeks	P. Quirk
Ballet*	Monday	5:00-6:00 p.m.	6-12 yrs	\$38.50 \$27.00	4/2-4/30 5/7-5/21 6/4-6/25	5 weeks 3 weeks 4 weeks	L. Hesketh
Basketball Skills Clinic	Wednesday	6:30 -7:30 p.m. 7:00 -8:30 p.m.	6-8 yrs 8-10 yrs	\$25	4/11-5/30	8 weeks	A. Leone K. Hasselbar
Parents' Night Out	Friday	5:30-8:45 p.m.	6-12 yrs	\$5	4/13 5/11 6/8	Monthly	F. Fana
Crafts	Wednesday	4:00-5:30 p.m.	3-5 yrs	\$0.50	4/11-5/30	8 weeks	M. Ekhaml
Beg. Gymnastics*	Friday	4:00-5:00 p.m.	6-12 yrs	\$33.00 \$33.00 \$38.50	4/6-4/27 5/4-5/25 6/1-6/29	4 weeks 4 weeks 5 weeks	K. Reno
Hip Hop	Thursday	3:15-4:15 pm	6-12 yrs	\$27.00 \$38.50 \$33.00	4/12-4/26 5/3-5/31 6/7-6/28	3 week 5 weeks 4 weeks	K. Reno
Beg. Tap Dance**	Wednesday	3:45-4:30 p.m.	6-17 yrs	\$48	6/20-8/29	10 weeks	Staff
Beg. Jazz**	Wednesday	4:30-5:15 p.m.	6-17 yrs	\$48	6/20-8/29	10 weeks	Tiffany
Beg. Ballet**	Wednesday	5:15-6:00 p.m.	6-17 yrs	\$48	6/20-8/29	10 weeks	Tiffany
As a recipient of Federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, gender, religious creed, marital status, sexual orientation, ancestry, national origin, age, mental or physical disability, medical condition (including HIV, AIDS & AIDS-related complex). If anyone believes he or she has been discriminated against, he or she may file a complaint alleging the discrimination with either the City of San Diego Park and Recreation Department at (619) 525-8242 or the Office of Equal Opportunity, U.S. Department of the Interior, Washington D.C. 20240. This information is available in alternative formats upon request.							

* No new sign-ups until **June 1st** for Tumbling & Gymnastics and **June 4th** for Pre-Ballet and Ballet.

** Sign up with the instructor on **Wednesday, June 22, 2012** between the hours of 3:00 p.m. to 5:30 p.m.

A park use permit is required for jumps or pony rides. For more information please contact the Center at (619) 527-3443.

Class	Day	Time	Age	Cost	Start	Duration	Instructor
Teen							
Basketball Skills Clinic	Wednesday	6:30-7:30 p.m. 7:00 -8:30 p.m.	6-8 yrs 9-14 yrs	\$25.00	4/11-5/30	8 weeks	A. Leone K. Hasselbar
Hip Hop	Thursday	4:15-5:15	13-17 yrs	33:00 38.50 33:00	4/5-4/26 5//3/5/31 6/7-6/28	4 weeks 5 weeks 4 weeks	k. Reno
Beg. Tap Dance*	Wednesday	3:45-4:30 p.m.	6-17 yrs	\$48.00	6/20-8/29	10 weeks	Staff
Beg. Jazz*	Wednesday	4:30-5:15 p.m.	6-17 yrs	\$48.00	6/20-8/29	10 weeks	Tiffany
Beg. Ballet*	Wednesday	5:15-6:00 p.m.	6-17 yrs	\$48.00	6/20-8/29	10 weeks	Tiffany
Adults 18+							
Body Fitness	MW	7:30-9:00 a.m.	55&up	Free	Ongoing	Weekly	K. Thesing
Body Fitness	Th	7:30-9:00 a.m.	55&up	Free	Ongoing	Weekly	Robertson
Body Fitness	MTWTh	9:00-10:30 a.m.	55&up	Free	Ongoing	Weekly	Robertson
TOPS	Monday	5:30-7:30 p.m.	Adults		Ongoing	Weekly	

* Sign up with the instructor on *Wednesday, June 20*, 2012 between the hours of 3:00 p.m. to 5:30 p.m.

America's Youth Outreach Program Karate Classes

White Belts and New Students	5:30 - 6:10 p.m.	Cost: \$7.00 per class
Yellow Belts	6:10 - 6:50 p.m.	For more information
Orange Belts	6:50 - 7:30 p.m.	Phone: (619) 282-3066
Purple Belt & Up	7:30 - 8:10 p.m.	

Classes begin April 5th, 2012. Sign up with instructor at beginning of class.

LAKE MURRAY TENNIS CLUB

Hours of operation: Monday-Thursday 8:00 am to 9:00 pm, Friday 8:00 am to 8:00 pm. Saturday & Sunday 7:00 am to 8:00 pm. Family, couples, singles & junior memberships are available. There is a nominal daily fee for non-club members. Courts may be reserved in advance. For more information please telephone club managers Dan or Kathy Emmerson at (619) 469-3232.

LAKE MURRAY

Lake Murray is open seven days a week for walking, jogging, picnicking, boating and fishing. The park is open from 5:30 a.m. to dusk. Concession services are available Friday through Sunday. Please telephone (619) 668-2050 for concession information. Permits can be purchased at the Iron Ranger. No alcohol or smoking is permitted at this lake. Dogs are allowed at all City lakes but they must be kept on a leash and at a minimum of 50 feet away from the water. Dogs are not allowed on any boats. A detailed recorded message on current activities is available at (619) 668-2950. No private boats allowed on the lake.

Mission Trails Regional Park

Mission Trails Regional Park is your own backyard. With almost 6,000 acres of open space and 40 miles of trails to walk, hike or ride, you can feel like you are hundreds miles away within minutes. Visit the Visitor and Interpretive Center and learn about the Kumeyaay Indians, the Old Mission Dam, a national historical landmark. For more information please call (619)668-3275. Entrance: Mission Gorge Road and One Father Junipero Serra Trail.

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Summer Day Camps

The San Carlos Recreation Center is offering 12 one week camps for children 6-12 years of age. The camp is offered Monday through Friday, 7:30 a.m. to 5:30 p.m. The first camp begins the week of June 12 and the last camp the week of August 31. The first and fourth sessions are only 4 days and costs \$85.00. All other 5 day sessions are \$105.00. The children have a wide variety of activities each day plus field trips. Participants must be signed up prior to the first day of each camp. Non City of San Diego residents camp fee is \$115.00. For more information please telephone the San Carlos Recreation Center at (619) 527-3443. Registration begins May 2.

Summer Youth Basketball League

Registration is from April 11 thru May 31

Birth Certificates are required/Coaches Needed.

Draft Day is June 2. Ages 6-14 years. Cost \$50. Sign up early due to limited space.

<u>Division</u>	<u>Game Day</u>	<u>First Game</u>
6-8 yrs	Saturday	July 7, 2012
8-10 yrs	Saturday	July 7, 2012
11-12 yrs	Tuesday	July 10, 2012
13-14 yrs	Wednesday	July 11, 2012

Community Information

Allied Gardens Swimming Pool	235-1143
Allied Gardens Recreation Center	235-1129
Lake Murray Boat Rental/Fishing	668-2050
Lake Murray Tennis Club	469-3232
Mission Trails Regional Park	668-3275
San Carlos Public Library	527-3430
San Carlos Area Council	462-1408



Adult Special Interest Groups

Model "A" Restorers Club	2nd Friday	7:00-8:45 p.m.
Slo Jam Band	3rd Friday	6:30-8:45 p.m.
San Diego Fly Fishers	Thursdays	6:30-8:45 p.m.
TOPS	Mondays	5:30-7:00 p.m.

Interested in having an event or activity using one of our facilities? A park use permit is required for Building or Field Use, Party Jumps, or pony rides. For more information contact the San Carlos Recreation Center at (619)527-3443

