

# SUMMER CAMP

@ PARADISE HILLS RECREATION CENTER 6610 POTOMAC ST. SAN DIEGO CA 92139

JUNE 10TH- AUGUST 9TH 10AM - 4PM
MONDAY - FRIDAY AGES: 6-12 \$50.00/WEEK

FINALLY OUT OF SCHOOL? COME AND ENJOY YOUR SUMMER VACATION WITH YOUR PARADISE HILLS FAMILY AT OUR SUMMER CAMP PROGRAM! OUR CAMP WILL BE PACKED WITH A FULL DAY OF CREATIVE ACTIVITIES INCLUDING; ARTS & CRAFTS, SPORTS, INDOOR ACTIVITIES, TEAM BUILDING, OUTDOOR ACTIVITIES, PRIZES, FREE LUNCH AND MORE!

CALL: 619-527-3419 FOR MORE INFORMATION!

### **2024 REGISTRSTION CODES**

WEEK 1: 113703 WEEK 2: 113704 WEEK 3: 113705 WEEK 4: 113706

WEEK 5: 113707 WEEK 6: 113708 WEEK 7: 113709

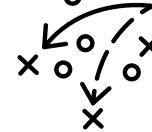
WEEK 8 NATURE CAMP \$60.00: 113702 WEEK 9: 113710











#### PARADISE HILLS

#### FLAG FOOTBALL CLINIC

@ Skyline Hills Recreation Center8285 Skyline Dr. San Diego Ca 92114

This 2024 Summer Football Clinic is to allow kids to have fun playing flag football with their friends, in an organized fashion, with safety as a main element of consideration. The skills sets developed will include passing, receiving, blocking, offensive and defensive position play, and an overall athletic development in flag football.

**Call: (619)-527-3419 for more information** 

\$10.00/MONTH DATES: TBD



8-10 yrs : TBD

**Activity Code:** 

**July: 113712** 

**August: 113711** 

10-12 yrs : TBD

**Activity Code:** 

July: 1133714

**August: 113713** 





## CYMNASTICS

Paradise Hills Recreation Center 6610 Potomac St San Diego Ca 92139

For more information Call: 619-527-3419

This tumbling program emphasizes fun progressions and teaches technically correct gymnastics in a safe environment.

Intro to Gym Rollers

1 - 3yrs @ 3:30pm

**Registration Codes:** 

June: 113723

July: 113722

**August: 113721** 

Augusi. 115721

**Academy Gymnastics** 

5 - 7yrs @ 5:30pm

**Registration Codes:** 

June: 113720

July: 113718

August: 113716

**Academy Gymnastics** 

4 - 6yrs @ 4:30pm

**Registration Codes:** 

June: 113719

July: 113717

August: 113715

Fee:

25.00/

month











Paradise Hills Recreation Center 6610 Potomac Street San Diego Ca 92139

Days: Tuesday & Thursday

Times: 6:30 - 8:00 pm

Ages: 18 & Up

Fee: \$10 Monthly

Love to dance? Come join Mrs. Kelly for our line dance class! Each week you'll learn and practice a routine of stylish new moves, while getting exercise at the same time!

For more information contact Paradise Hills Recreation center at (619) 527-3419

### **Registration Codes:**

June-113701

July-113700

August-113699





#### PARADISE HILLS RECREATION CENTER

### LITTLE DUNKERS

#### **6610 POTOMAC ST SAN DIEGO 92139**

INSTRUCTED BY "COACH T," PARTICIPANTS WILL LEARN THE FUNDAMENTALS OF BASKETBALL INCLUDING DRIBBLING, SHOOTING, PASSING, ENDURANCE AND GOOD SPORTSMANSHIP.

FOR MORE INFORMATION CALL (619) 527-3419

FEE: \$20/MONTH

DAY: TUESDAY & THURSDAY

TIME: 5:00-6:00PM

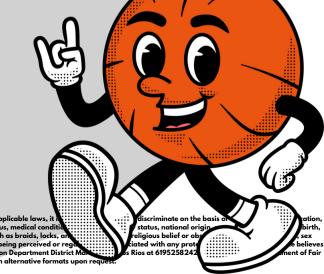
AGE: 4-7 YRS

REGISTRATION CODE:

JUNE - 113695 \*ONLY TUESDAYS\*

JULY -113694

**AUGUST-113693** 



The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, as stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or rethey have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department Distributions of the complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department Distribution of the complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department Distribution of the complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department Distribution of the complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department Distribution of the complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department Distribution of the complaint alleging the discrimination of the complaint alleging the dis





## BASKETBALL SKILLS

6610 Potomac St San Diego Ca 92139

Players will learn the fundamentals of basketball. Including dribbling, shooting, passing, endurance and good sportsmanship. For more information contact the center at (619) 527-3419

Day: Tuesday & Thursday

Fee: \$20/ month

**Ages: 8-10** 

Time: 6:00 -7:00pm

June-113698

July-113697

August- 113696

**Ages: 11-14** 

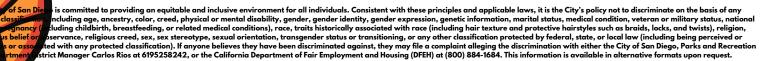
Time: 7:00 -8:00pm

June- 115045

July-115044

August-115043

\*June classes only on Tuesdays\*





Our Youth Softball program is designed to develop and enhance players fundamental skills on base running, throwing, pitching and batting in a friendly and teamoriented environment.

\*Practice/Games can change at anytime\*

Call 619-527-3419 for more information

Season: Summer 2024

Ages: 9–15yrs

Days: TBD

Fee: \$35.00/ season

12U-TBD

Ages: 9-12

Registration Code:

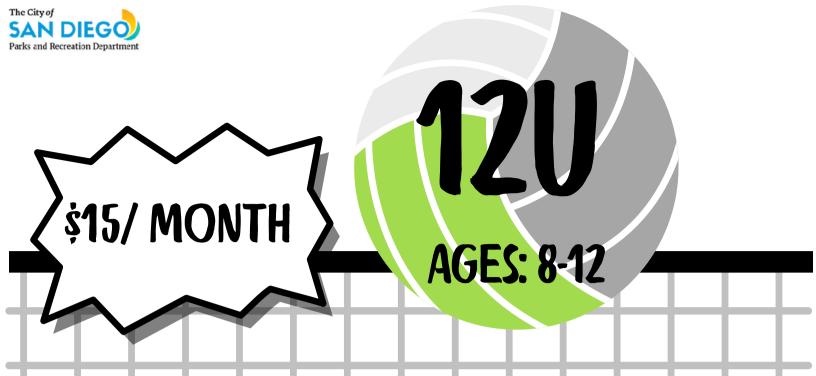
113756

15U-TBD

Ages: 12-15

Registration Code:

113757



### VOLLEYBALL CLINIC

@ PARADISE HILLS RECREATION CENTER 6610 POTOMAC ST. SAN DIEGO CA 92139

PLAYERS WILL LEARN THE FUNDAMENTALS OF VOLLEYBALL, INCLUDING SERVING, SPIKING, SETTING, PASSING AND GOOD SPORTSMANSHIP.

FOR MORE INFORMATION CONTACT THE CENTER AT (619) 527-3419

\*one session per child\*

<u>SESSION 1- Monday</u>

11:30-1:00pm

**July: 113726 - August: 113724** 

**SESSION 2- Wednesday** 

11:30-1:00pm

**July: 113727 - August: 113725** 





16U AGES: 13-16

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FOR MORE INFORMATION CONTACT THE CENTER AT (619) 527-3419

#### \*one session per child\*

**SESSION 1- Tuesday** 

11:30-1:00pm

**July: 113730 - August: 113728** 

**SESSION 2- Thursday** 

11:30-1:00pm

July: 113731 - August: 113729



# SD SKATE LIFE PRESENTS SKATE LIFE PRESENTS SKATE LIFE PRESENTS

@ CHARLES L. LEWIS SKATE PARK 6610 POTOMAC ST SAN DIEGO 92139

SD SKATELIFE SUMMER 2024 CAMPS ARE ALL ABOUT HAVING FUN! OUR SKATE CAMPS INCLUDE GROUP LESSONS, INDIVIDUAL INSTRUCTION, SKATEBOARDING GAMES AND ACTIVITIES, CONTESTS, GUEST PROFESSIONAL DEMOS, AND MUCH MORE! OPEN TO ANY AND ALL SKILL LEVELS AND AGES 6 - 13 YEARS OLD. PARTICIPANTS MUST WEAR HELMET, ELBOW, AND KNEE PADS. LOANER SKATEBOARDS ARE AVAILABLE IF NEEDED

CALL 619-527-3419 FOR MORE INFORMATION

TIME: 9AM-12PM

**AGES: 6-13YRS** 

FEE: \$30.00 \* PER SESSION\*

**SESSION I -JULY 1-5TH** 

CODE: 113903 \*CLOSED 7.4.24 SESSION II JULY 8-12TH CODE: 113904



SESSION III JULY 29-AUGUST 2ND

CODE: 113905

