



Carmel Mountain Ranch / Sabre Springs Recreation Center



Summer



2025

HOURS OF OPERATION

Monday: 9:00 a.m. - 8:00 p.m.

Tuesday: 9:00 a.m. - 8:00 p.m.

Wednesday: 9:00 a.m. - 8:00 p.m.

Thursday: 9:00 a.m. - 8:00 p.m.

Friday: 9:00 a.m. - 7:00 p.m.

Saturday: 9:00 a.m. - 3:00 p.m.

Sunday: CENTER IS CLOSED

**Note: All hours subject to change

CENTER WILL BE CLOSED:

JUNE 19, 2024 FOR JUNETEENTH

JULY 4, 2024 FOR FOURTH OF JULY

TO VIEW AND REGISTER FOR AVAILABLE
PROGRAMS VISIT:

SDRECCONNECT.COM

Information

PERMITS BY APPOINTMENT ONLY

REGISTRATION

All registration is done online. Please contact 858-538-8100 if you need any assistance.

Permit Requests

For park use and reservations for the facilities listed but not limited to, sports field use, picnic area, party jumps, outside vendors, special events and groups over 50 please contact the recreation center at 858-538-8100.

PARK RULES

- No golfing
- No glass containers
- No littering
- No smoking
- Dogs must be on a leash
- No overnight camping or parking
- No open campfires
- Balloons of all types at all outdoor areas are prohibited.

PARKS AND FIELDS PERMITTED BY CMR/SS

Carmel Mountain Ranch/Sabre Springs Recreation Center & Park - 10152 Rancho Carmel Drive

Area description: Meeting/activity room, gymnasium, kitchen, two softball fields (one lit), multipurpose field, tot lot, indoor and outdoor restrooms, picnic areas, two outdoor basketball courts and passive areas.

Highland Ranch Community Park - 12140 Eastbourne Road

Area description: Tot lot, grassy area, softball field, and outdoor restrooms.

Sabre Springs Community Park - 12953 Sabre Springs Parkway

Area description: Lighted softball fields, tot lot, picnic areas, walking areas and outdoor restrooms

South Creek Neighborhood Park - 12249 Wickerbay Cove

Area description: Tot lot, grass area, outdoor restrooms, picnic area and softball field.

Community Recreation Group

This group of concerned citizens volunteer their time to advise Parks and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the Carmel Mountain Ranch and Sabre Springs communities. Groups, clubs, and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. The Carmel Mountain Ranch/Sabre Springs Community Recreation Group has disbanded. New membership is encouraged and welcomed. For more information please call the recreation center at 858-538-8100.

VOLUNTEERS NEEDED

Ongoing opportunities are available at the recreation centers, pools, and regional parks throughout the City, as well as senior and therapeutic recreational programs. If you would like to volunteer, please see staff for more information or visit:

<http://www.sandiego.gov/park-and-recreation/general-info/employment/volunteer/index.shtml>

OPEN PLAY BASKETBALL, VOLLEYBALL & PICKLEBALL



Please check the updated Open Play Schedule online at:

<http://www.sandiego.gov/park-and-recreation/centers/recctr/carmelsabre.shtml>

or check out the posted open play schedule at the Carmel Mountain Ranch/Sabre Springs Recreation Center.



IMPORTANT COMMUNITY NUMBERS/ADDRESSES

Carmel Mtn Community Pool - 858-581-9954

Carmel Mtn Ranch Library - 858-538-8181

Carmel Mtn Ranch Little League - cmrll.org

Master Sports - mastersports.com or 858-945-4889

PQ Off-Leash Dog Park - Salmon River Rd & Fairgrove Ln

PQ Skate Park - 10111 Carmel Mountain Road

Rancho Bernardo Recreation Center - 858-538-8129

San Diego Soccer Club - sandiegosoccerclub.org

Scripps Ranch Recreation Center - 858-538-8085

Traditional Okinawa Karate - 858-451-8223

Information

Registration

Registration for classes and events can be done online or at the Carmel Mountain Ranch/Sabre Springs Recreation Center.

Online: Visit www.sdreconnect.com to create an account.

Online returning customers (previously registered for classes online): Click the 'my account' button. Enter your login (email) and password. Login with this password to activate your account.

New accounts online: Click on the 'create account' button. Fill out the new account request form completely, including all required fields (birth date, gender, email, and etc.) and click submit. Please submit your request only once. You will receive a confirmation email at the address you provided. Please follow directions provided to activate your account.

****Please note:** For first time users only 'Parent/Guardian' must create their own account first using their own information. Once you have an online registration account you will have the opportunity to add a child as a family member.

In-House: Hours for in person registration vary. Please call ahead to ensure two trained staff members are able to process your payment at 858-538-8100.

More info:

- Classes not meeting the minimum number of students may be cancelled.
- Early registration is recommended. This helps not only you getting into the class of your choice but helps us from having to cancel a class early due to low enrollment.

****Children under 18 must be registered by a parent/legal guardian.**



Registration Begins:

Saturday, May 10, 2025 at 10:00 am

Only a parent or legal guardian can register participants under the age of 18 years.

Cash or paper check is not accepted for registration.

Acceptable payment methods (on-line and in-person) include:

Electronic check - proper ID with proof of checking account (blank or voided check) required

Credit, debit, or gift cards issued by qualified card service merchants (Visa, MasterCard, American Express, and Discover only).

A **\$25.00 fee will be charged for declined electronic checks.** All customers must verify that bank routing and account numbers are entered correctly.

All fees must be paid in full prior to attending the first class.

Classes not meeting the minimum number of students may be cancelled.

PROCESSING FEES ARE INCLUDED

All registration and reservation fees include a non-refundable 3.56% processing fee.

Recreational Programs Refund and Transfer Policy

Written refund applications must be submitted, using the Application for Miscellaneous Refund Form (COM-6), in person at the facility where the program occurs. Refunds will be processed in accordance with the following policy:

Refund Policy Exclusions:

Three percent (3.56%) processing fee will be deducted from all refunds

No refund or transfer for non-attendance at any class

No credits to account

No refunds for costumes or equipment

Activity fees less than \$10.00 will not be refunded

Classes: Refund is based on the date that the written application is submitted.

96.5% refund – 3 or more calendar days prior to the first day of the class

75% refund - less than 3 calendar days prior to the first day of class

No refund for requests submitted more than 24 hours after the first day of class

Camps: Refund is based on the date that the written application is submitted.

96.5% refund - 10 or more calendar days prior to the first day of camp

50% refund – less than 10 calendar days prior to the first day of camp

No refund or transfer for requests less than 48 hours prior to the first day of camp

**For more information, refer to the complete Recreational Programs Refund and Transfer Policy attached to all receipts.*

We are equipped with an Automated External Defibrillator (or AED) at Carmel Mountain Ranch/Sabre Springs Recreation Center. In the event of a medical emergency, staff is fully trained to operate and assist if necessary.

All City of San Diego parks and beaches are **smoke free!**



Staff Run Programs

Art Class - Little Creators

Min/Max 4/15

Lil Creators encourages kids to put their own spin on their creations! Lil' Creators crafts are aimed at ages 2-4 years and may include materials such as: paper, glue, string, crayons and markers, nontoxic paint, pipe cleaners, felt, and popsicle sticks. Each week your toddler will make something new to bring home. Child must be accompanied by an adult.



Ages: 2 to 4 years

Time: Thursdays, 10:30 to 11:15 am

Cost: \$10.00

Session 1: June 5, 12, & 26 **Activity#** 122307

Session 2: July 10, 17, & 24 **Activity#** 122308

Session 3: August 6, 13, & 20 **Activity#** 122309

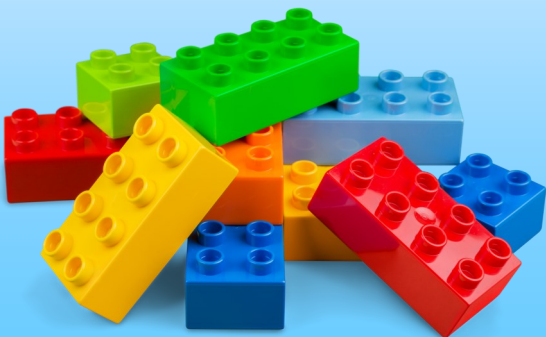
Lego - Morning Lego Club for Adults

Min/Max 4/15

Start your day with creativity, connection, and a little LEGO magic!

Our Morning LEGO Club for Adults is a friendly, low-pressure space for grown-ups of all abilities to relax and build together. Whether you prefer to work on your own creations or join in with a group build, everyone is welcome. No experience needed – just bring your imagination and a love for LEGO!

Legos are not supplied by the recreation center.



Ages: 18 and up

Time: Tuesday, 9:15 - 10:15 am

Cost: Free

Session Dates: June 3 through August 26

Program will not meet July 1

Activity# 123405

Staff Run Programs

Min/Max 4/10

Sunny Strikers Soccer

Are you in search of a soccer program for your young one? Our program is committed to teaching soccer fundamentals with an emphasis on getting the wiggles out. Your child will engage in age-appropriate activities designed to enhance motor skills and foster social interaction. With a diverse range of soccer-themed activities, the focus is always on having a blast!

Ages: 4 to 5 years **Date:** Saturdays 11:00 - 11:45 am
Cost: \$30.00



Session 1: June 7, 14, & 21 **Activity#** 122316
Session 2: July 12, 19, & 26 **Activity#** 122317
Session 3: August 2, 9, & 16 **Activity#** 122318

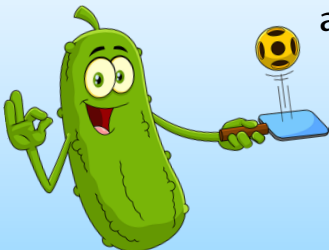
Ages: 6 to 7 years **Date:** Saturdays 12:00 - 12:45 pm
Cost: \$30.00

Session 1: June 7, 14, & 21 **Activity#** 122319
Session 2: July 12, 19, & 26 **Activity#** 122320
Session 3: August 2, 9, & 16 **Activity#** 122321

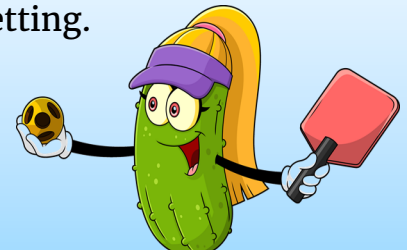
Pickleball for Beginners

Min/Max 2/4

Join us and discover Pickleball — the fastest growing sport in America! Start with a warm-up, then build your skills through guided instruction and gameplay. You'll learn essential techniques such as paddle control, serving, volleys, rules of the game, and more, all while practicing in a fun, game-like setting.



Ages: 18 years and up
Date: Fridays 9:30 to 10:20 am
or 10:30 to 11:20 pm
Cost: \$15.00



Session 1: June 6, 13, & 20

9:30 to 10:20 am

Activity# 122312

10:30 to 11:20 am

Activity# 122315

Session 2: July 11, 18, & 25

9:30 to 10:20 am

Activity# 122310

10:30 to 11:20 am

Activity# 122313

Session 1: August 1, 8, & 15

9:30 to 10:20 am

Activity# 122311

10:30 to 11:20 am

Activity# 122314

Staff Run Programs and Civic Dance

From Sketch to Stage Create and Perform Your Own Story

Min/Max 4/8

In this creative program, kids will bring their original characters and stories to life through a blend of cartooning, creative writing, and performance. Over eight weeks, they'll develop their ideas through guided storytelling and illustration, refine them into scripts or storyboards, and explore their characters through improv and acting exercises. The program culminates in an exciting showcase where students perform their creations, combining visual storytelling and theater in a way that engages different learning styles and sparks imagination!

Ages: 7 to 14 years

Day: Thursdays

Time: 4:00 - 4:55 pm

Cost: \$15.00

Summer Session:

June 5 through August 7

No class July 3

Activity# 122475

- Week 1-2: Develop original characters and story ideas through guided cartooning and storytelling exercises.
- Week 3-4: Script development - kids refine their stories and turn them into short scripts or storyboards.
- Week 5: Improv & acting exercises help kids explore how their characters move, speak, and interact.
- Week 6-8: Rehearsal and performance - kids put on a short showcase featuring their characters in action!



Civic Dance

Classes: Mondays, June 21 - August 25, 2025 (no classes on City Holidays) **Cost:** \$42.46

Civic Dance Summer Class Schedule:

Time	Class	Age	Activity#	Class Description
3:00 pm	Pre Ballet	4 - 6 years	122757	Civic Dance Arts Pre Ballet (4-6 yrs.) is a fun and engaging class designed to introduce your young child to the basics of ballet dance.
3:45 pm	Pre Tap	4 - 6 years	122758	Civic Dance Arts Pre Tap is a fun and engaging class designed to introduce your young dancer to the basics of tap dance.
4:30 pm	Beg Ballet 1A	7 - 17 years	122759	Civic Dance Arts Beginner Ballet 1A is a fun and engaging class designed to introduce your child to the basics of ballet dance.

Dance office: 619-235-5255

www.cividdancearts.org

Dance 2 EvOLvE Calling All Superheroes! Summer Day Camp

It's a bird, it's a plane, it's a dancing Superhero! This non-stop, hip-hop inspired summer camp is catered towards the unmatched energy of a hero or heroine. Superheroes will get to show off their hip-hop dancing powers in this summer dance camp that includes dance class, art projects, a Superhero skit, and games like scavenger hunts and obstacle courses. Here is your Superhero's chance to save the day! Family and friends are invited for the Friday show.

Parents please pack a snack for your child and make sure they wear sneakers or dance shoes!

Ages: 3 to 6 years

Dates: June 30 through July 3

Time: 9:00 am - 12:00 pm

Cost: \$195.00



Special Event

Movies in the Park

Jumper - Games - Movie.



Friday, August 29th, 2025

Event Starts: 6:30 pm

Movie: Dusk

(Around 8:00 pm)

**Please bring your own
blanket or a chair.**



This is a free event!