



Paradise Hills Recreation Center 2024 Summer Program Guide 6610 Potomac St. San Diego 92139

Call 619-527-3419 For More Information!



SPORTS

Little Dunkers	4-7yrs	June – August (June Tuesdays only)	Tues/Thurs	5:00 – 6:00 pm	\$20.00/ Monthly	<u>Activity Codes</u> : June: 113695 July: 113694 August: 113693
Basketball Skills – 10U	8-10yrs	June – August (June Tuesdays only)	Tues/Thurs	6:00 – 7:00 pm	\$20.00/ Monthly	<u>Activity Codes</u> : June: 113698 July: 113697 August: 113696
Basketball Skills – 14U	11-14yrs	June – August (June Tuesdays only)	Tues/Thurs	7:00- 8:00pm	\$20.00/ Monthly	<u>Activity Codes</u> : June: 115045 July: 115044 August: 115043
Flag Football Clinic – Youth 10U	8-10 yrs	July & August	TBD	TBD	\$10.00/ Monthly	Activity Codes: July: 113712 August: 113711
Flag Football Clinic – Youth 12U	10-12 yrs	July & August	TBD	TBD	\$10.00/Monthly	Activity Codes: July: 113714 August: 113713
Volleyball Class – Youth 12U Session 1	8-12 yrs	July & August	Monday	11:30- 1:00pm	\$15.00/Monthly	Activity Codes: July: 113726 August: 113724
Volleyball Class – Youth 12U Session 2	8-12 yrs	July & August	Wednesday	11:30- 1:00pm	\$15.00/Monthly	Activity Codes: July: 113727 August: 113725
Volleyball Class – Youth 16U Session 1	12-16 yrs	July & August	Tuesday	11:30- 1:00pm	\$15.00/Monthly	Activity Codes: July: 113730 August: 113728
Volleyball Class – Youth 16U Session 2	12-16 yrs	July & August	Thursday	11:30- 1:00pm	\$15.00/Monthly	Activity code: July: 113731 August: 113729
Softball Team – 12U	9-12 yrs	July & August	TBD	TBD	\$35.00/Season	Activity Code 113756
Softball Team – 15U	12-15 yrs	July & August	TBD	TBD	\$35.00/Season	Activity Code 113757

FITNESS

Rock & Tumble 3:30 pm	Walking – 3 yrs.	June – August	Monday	3:30- 4:30pm	\$25.00/ Monthly	Activity Codes: June: 113723 July: 113722 August: 113721
Rock & Tumble 4:30 pm	4-7 yrs.	June – August	Monday	4:30 – 5:30pm	\$25.00/ Monthly	Activity Codes: June: 113719 July: 113717 August: 113715

SUMMER



Rock & Tumble	5-8 yrs.	June –	Monday	5:30-	\$25.00/	Activity Codes:
5:30 pm	-	August	-	6:30pm	Monthly	June: 113720
-				-		July: 113718
						August: 113716
Boss Up Soul Line Dance	18 & Up	June –	Tuesday &	6:30-8:00	\$10.00/	Activity Codes:
_	_	August	Thursday	pm	Monthly	June: 113701
		-	-	_	-	July: 113700
						August: 113699

ENRICHMENT

Summer Camp	6-12 yrs	June 10 – August 9	Monday – Friday (no camp on holidays)	10:00 – 4:00pm	\$50/Weekly	Activity Codes: Week 1 (6/10-6/14): 113703 Week 2 (6/17-6/21): 113704 Week 3(6/24-6/28): 113705 Week 4(7/1-7/5): 113706 Week 5(7/8-7/12): 113707 Week 6(7/15-7/19): 113708 Week 7(7/22-7/26): 113709 Week 9(8/5-8/9): 113710
Nature Camp (week 8) (7/29-8/2)	6-12 yrs	July 29 – August 2	Monday - Friday	9:00 – 5:00pm	\$60	Activity Codes: 113702
SD Skatelife - Skate Camp	6-14 yrs	July – August	Monday – Friday (no camp on holidays)	9:00- 12:00pm	\$30.00/Session	Activity Codes: Session 1-113903 (7/1-7-5) Session 2-113904 (7/8-7/12) Session 3 -113905 (7/29-8/2)

REGISTER ONLINE



To register online please follow the steps below:

1. Go to

https://apm.activecommunities.com/sd parkandrec

- 2. Click register for activities
- 3. Click Paradise Hills and Summer 2024 <u>OR</u> enter the code that is listed for the activity you are interested in <u>OR</u> scan the QR code