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Moving Towards Zero

Vision Zero gives us a goal: zero traffic-related fatalities and severe injuries by the year 2025. Unfortunately, the first few weeks of the new year began with some major accidents in San Diego, one of them tragically taking the life of a Rancho Bernardo resident.

There are numerous reasons for accidents, but if we change the way we drive, walk or bike, we can save lives and prevent ourselves from getting hurt.

Here are some steps everyone should take:



Obey Traffic Signs and Laws - Whether you're a pedestrian, cyclist or driver, following the rules helps others on the road know what to expect and avoid collisions. You will also avoid traffic tickets.

Don't Drive Distracted - Take a pledge not to be a distracted, whether it's glancing at a text message, adjusting your stereo or thinking about a problem in your life. Focusing on the road can help you avoid obstacles and react to sudden changes on the road. Join other San Diegans in Taking the Pledge at www.sandiego.gov/vision-zero.

Slow Down - Many of us are busy and need to get to different places in a hurry. But what if you could save a person's life by driving the speed limit? What if reducing your speed by 10 or 15 miles per hour resulted in one less death? It's worth it.





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Parker Picks Up Trees for a Cause



District Five resident Parker Langenberg volunteered his time picking up Christmas trees in January. His services were in such high demand in Scripps Ranch and Mira Mesa that he spent 9 hours delivering trees to recycling locations in one day. "We just decided that lots of people don't really want the hassle of taking their tree out just because maybe they don't have the right vehicle," said Parker.

Instead of payment, he asked for donations to meet his goal to raise \$3,500 for his Build-a-Miracle project. Parker and 14 other Scripps Ranch teenagers hope to raise \$50,000 to build a playground for children in Tijuana.

With the help of his mother scheduling and collecting donations, Parker reached his goal. Some people even donated money to his cause without needing his services. "We were exposed to how generous people can be when there's a need to fill," said Parker's mother Alexandra. "People really have a generous spirit."

But Parker and his friends aren't finished after achieving their fundraising goal. They will go to Tijuana to build planter boxes, pour concrete and assemble playground flooring to complete their project.

Alexandra and Parker plan to continue their service since many residents asked, "Can we call you next year?". Next year, they will look to support another charity with their effort.

Did You Know?

Free Online Courses and Certifications

The City of San Diego offers free online courses in a variety of topics including:

- Grant writing - CompTIA Certification Prep - Photography - Linux Certification Prep - GED, GRE, SAT, ACT Prep
- Spanish for Medical Professionals

You can also earn a certificate in meditation, music therapy, global healing methods and food nutrition.

To learn more, visit https://education.gale.com/l-sddp/



Business Spotlight: Qblitz



Congratulations to District Five's Qblitz for reaching their one-year business anniversary! Qblitz offers online quizbowl games in which middle school and high school students across the country compete against each other. In quizbowl, competitors try to answer an academic question first as it's being revealed word-by-word. Noah and Grace Prince head the company which is based in Sabre Springs. To learn more about Qblitz and try their technology, visit their website www.qblitz.online

Lake Hodges Reopens

Lake Hodges has reopened to the public for recreational use. The area will be open on Wednesdays, Saturdays and Sundays. Water activities permitted at Hodges include boating, canoeing, kayaking, sailboarding, float tubing and stand-up paddleboarding. The area is normally closed November through January. <u>https://www.sandiego.gov/</u> <u>reservoirs-lakes/hodges-reservoir</u>





Seniors Free at San Diego Zoo Safari Park

Throughout the month of February, District Five's own SD Zoo Safari Park is offering free admission for seniors! Guests must present a their valid photo ID at any Safari Park Ticket Window.

Mardi Gras Run

Don't forget to sign up for the 2nd Annual Mardi Gras 10k and 5k Trail Run to benefit the Rancho Bernardo Community Council. It will take place at Rancho Bernardo Community Park on Sunday February 23. Kids can also participate in the quarter and half-mile Kid's Dash.

There will be free beads, Mardi Gras masks, food, beverages, medals and t-shirts for all participants. Visit <u>www.mardigrasrun.com</u> to sign up.





Community Calendar

Rummage Sale

Saturday, February 22, St. Gregory the Great Catholic Church https://www.stgg.org/home/home-page-events/rummage-

sale

Mardi Gras Run - RB Community Council Sunday, February 23, RB Community Park <u>https://www.themardigrasrun.com/</u>

Pleasure of Your Company - Piano Trio Sunday, February 23, Scripps Miramar Ranch Library <u>https://sandiego.librarymarket.com/events/pleasure-yourcompany-orvieto-piano-trio-classical-violin-cello-piano</u>

Rancho Penasquitos Coyote Seminar Tuesday, February 25, PQ Branch Library

https://www.rpcouncil.com/tag/rancho-penasquitoscoyote-seminar-2020/

Mad Science: Spin, Pop, Boom Saturday, February 29, Rancho Bernardo Library <u>https://sandiego.librarymarket.com/events/mad-science-</u> <u>spin-pop-boom</u> Oasis: Jewels in America's Natural Crown—Three National Parks March 9, Rancho Bernardo Library <u>https://sandiego.librarymarket.com/events/oasis-jewels-</u> americas-natural-crown-three-national-parks-0

Marine Mammals of California Saturday, March 14, Rancho Penasquitos Library <u>https://sandiego.librarymarket.com/events/marine-</u> mammals-california-0

San Diego Women's Week March 16 - 20, Town and Country Resort & Convention Center www.sdwomensweek.com

San Diego Padres Home Opener Thursday, March 26, Petco Park <u>https://www.mlb.com/padres</u>

Get It Done San Diego

Get It Done San Diego is the official app for reporting non-emergency problems to the City of San Diego. You can report problems like potholes, graffiti or illegal dumping and connect directly to the City's work tracking system. Download the mobile app at https://www.sandiego.gov/get-it-done



Proud to Represent District Five of San Diego

Black Mountain Ranch | Carmel Mountain Ranch | Miramar Ranch North | Rancho Bernardo Rancho Encantada | Rancho Peñasquitos | Sabre Springs | San Pasqual Scripps Miramar Ranch | Torrey Highlands



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