

Coronavirus Update and Resources

MARCH 26, 2020

District Five Residents,

Below is an updated list of resources that you may find useful. For information about the spread, symptoms and prevention of COVID-19, please see <u>San Diego County's Health and Human Services webpage</u>.

Small Business Relief Fund

To ensure the resiliency of local businesses and assist in job retention, the City of San Diego has established a **Small Business Relief Fund** to provide grants and loans to eligible small businesses for working capital. Visit the City's Economic Development website for information on eligibility and how to apply. The application will be posted on Friday, March 27, 2020 at 5pm.

Closures

Reminder: Mayor Kevin Faulconer has ordered the closure of all City-owned parks, beaches, boardwalks, bays, lakes and trails. Gatherings of any size are prohibited at these locations. I urge San Diegans to stay home to protect yourself and your community.

Food Delivery

Elderhelp of San Diego volunteers shop for seniors and bring food and supplies to their doorsteps. For members of the community who are interested in supporting this charitable work, there's a volunteer orientation on March 25. Elderhelp of San Diego also accepts donations. https://www.elderhelpofsandiego.org/covid-19-response-post/



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Meals-on-Wheels offers affordable cooked meals delivered to your home. Check for availability in your area at <u>www.meals-on-wheels.org</u>.

Groceries

Supermarkets holding hours special hours for seniors or those with underlying health conditions include:

Albertsons – 7am to 9am, Tuesdays and Thursdays

Barron's Market – 9am to 10am Everyday

Costco – 8am to 9am, Tuesdays and Thursdays

Target – 8am to 9am, Wednesdays

Trader Joe's – 9am to 10am, Mondays

Vons – 7am to 9am, Tuesday and Thursday

Walgreens - 8am to 9am, Tuesdays

(This information is subject to change with individual stores.)

Economic Assistance

San Diego Workforce Partnership has created a directory of resources for people who have been laid off, furloughed, quarantined, or become ill and parents seeking childcare.

https://workforce.org/covid-19

Unemployment Insurance - To file an Unemployment Insurance claim or see if you are eligible: <u>https://www.edd.ca.gov/unemployment/filing_a_claim.htm</u>

The Small Business Administration is offering economic relief for small businesses, the backbone of our economy. In California, small businesses are eligible for disaster loans. For more information, please visit: <u>https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources</u>

The Governor's Office of Business and Economic Development (GO-Biz) is offering no-cost consultations to assist small business owners with navigating the maze of forms and applications for state programs and incentives. Please call 1-877-345-4633 to speak with a specialist or visit: <u>https://business.ca.gov/</u>.

The San Diego COVID-19 Community Resource Fund (nonprofit relief) is offering emergency grants to nonprofit organizations that "have deep roots and strong experience supporting impacted communities, particularly those that are disproportionately affected by this global pandemic and its economic consequences." Grant funding will focus on three critical areas: food security, rental and utility assistance, and income replacement or gap funding. For more information, please visit:

https://www.sdfoundation.org/programs/programs-and-funds/san-diego-covid-19community-response-fund/

Health Resources

Scripps Health has launched a COVID-19 nurse line at 888-261-8431 and virtual care options, including video visits.

Sharp Healthcare has a nurse line at 800-827-4277 offering advice for members who have healthcare questions.

Palomar Health also has information for patients and the public during this time.

UC San Diego Health Nurse Line - 800-926-8273 and information for patients

Donations

Health systems are accepting donations of medical supplies. Please find more information on accepted items at these links:

Sharp Healthcare - https://www.sharp.com/services/coronavirus.cfm#donate

Scripps Health - https://www.scripps.org/news_items/6882-what-is-coronavirus-who-is-affected

UC San Diego Health - https://health.ucsd.edu/coronavirus/Pages/donate.aspx