

# **COVID-19 Update and Resources**

APRIL 3, 2020

District Five Residents,

This week Mayor Kevin Faulconer signed an <u>Executive Order</u> declaring in part that:

- Parks, Beaches, Bays, Trails and Boardwalks remain closed to the public to minimize crowds and avoid the spread of COVID-19
- <u>The Small Business Relief Fund</u> will reallocate City funds to provide grants and forgivable and low-interest loans to small businesses
- Business Tax Certificates and business-related fees, permits and assessments will be deferred for up to 120 days

For a **Guide to City Services** during the COVID-19 Pandemic, including utilities, permits and other services, <u>click this link</u>.

# **Housing**

For information on the Temporary Ban on Evictions, visit the <u>San Diego</u> <u>Housing Commission website</u>.

Many banks are offering deferment of mortgage payments in this unprecedented time, including <u>Wells Fargo</u>, <u>Chase</u> and <u>Bank of America</u>. Please check with your lender for details.

Scripps Health Nurse Line

888-261-8431

Sharp Health Nurse Line 800-827-4277

UC San Diego Health Nurse Line 800-926-8273

Kaiser Permanente Information Line 877-813-7297

Palomar Health Information



#### **Economic Assistance**

**San Diego Workforce Partnership** has created a directory of resources for people who have been laid off, furloughed, quarantined, or become ill and parents seeking childcare. <u>https://workforce.org/covid-19</u>

**Unemployment Insurance** - To file an Unemployment Insurance claim or see if you are eligible: <u>https://www.edd.ca.gov/unemployment/filing\_a\_claim.htm</u>

**The Small Business Administration** is offering economic relief for small businesses, the backbone of our economy. In California, small businesses are eligible for disaster loans. For more information, please visit: <u>https://covid19relief.sba.gov/#/</u>

# The Governor's Office of Business and Economic Development (GO-Biz) is

offering no-cost consultations to assist small business owners with navigating the maze of forms and applications for state programs and incentives. Please call 1-877-345-4633 to speak with a specialist or visit: <u>https://business.ca.gov/</u>.

#### The San Diego COVID-19 Community Resource Fund (nonprofit relief) is

offering emergency grants to nonprofit organizations that "have deep roots and strong experience supporting impacted communities, particularly those that are disproportionately affected by this global pandemic and its economic consequences." Grant funding will focus on three critical areas: food security, rental and utility assistance, and income replacement or gap funding. For more information, please visit: <u>https://www.sdfoundation.org/programs/programs-and-funds/san-diego-covid-19-community-response-fund/</u>

#### **Groceries**

Supermarkets holding hours special hours for seniors or those with underlying health conditions include:

Albertsons – 7am to 9am, Tuesdays and Thursdays

Barron's Market – 9am to 10am Everyday

Costco - 8am to 9am, Tuesdays through Thursdays

Target – 8am to 9am, Wednesdays

Trader Joe's – 9am to 10am, Mondays

Vons – 7am to 9am, Tuesday and Thursday

Walgreens - 8am to 9am, Tuesdays

(This information is subject to change with individual stores.)

<u>**Open for Business**</u> – The North San Diego Business Chamber has compiled a <u>list of</u> companies that remain open for business.

# Food Delivery

**Elderhelp of San Diego** volunteers shop for seniors and bring food and supplies to their doorsteps. For members of the community who are interested in supporting this charitable work, Elderhelp is in need of both volunteers and donations. https://www.elderhelpofsandiego.org/covid-19-response-post/

**Meals-on-Wheels** offers affordable cooked meals delivered to your home. Check for availability in your area at <u>www.meals-on-wheels.org</u>.

# Health Resources

Scripps Health has launched a COVID-19 nurse line at 888-261-8431 and virtual care options, including video visits.

**Sharp Healthcare** has a nurse line at 800-827-4277 offering <u>advice for members who</u> <u>have healthcare questions.</u>

Palomar Health also has information for patients and the public during this time.

UC San Diego Health Nurse Line - 800-926-8273 and information for patients

Kaiser Permanente Health Line – 877-813-7297 and information for patients

# **Donations**

Health systems are accepting donations of medical supplies. Please find more information on accepted items at these links:

Sharp Healthcare - https://www.sharp.com/services/coronavirus.cfm#donate

Scripps Health - <u>https://www.scripps.org/news\_items/6882-what-is-coronavirus-who-is-affected</u>

UC San Diego Health - https://health.ucsd.edu/coronavirus/Pages/donate.aspx