

COVID-19 Update and Resources

APRIL 17, 2020

District Five Residents,

Here are the latest updates and resources you may find useful.

Stay-at-Home Measures for the City, County and State remain in place. But officials have pointed to encouraging trends in the spread of the virus. California's Governor has outlined six indicators that will be used in deciding to modify stay-at-home orders.

Jobs Available on the Workforce Partnership Portal – San Diego Workforce Partnership has hundreds of available jobs posted on its <u>Career Portal</u>. The organization also has links to childcare resources, work transition webinars and information for employers.

Economic Impact Payments – If you are a U.S. Citizen and have a social security number, you may qualify for Economic Impact Payments through the IRS. You can apply on the IRS website.

For a **Guide to City Services** during the COVID-19 Pandemic, including trash collection, water, permits and other services, <u>click this link</u>.

For the Latest Information on COVID-19 in San Diego County and other frequently asked questions, click here.

Scripps Health Nurse Line 888-261-8431

Sharp Healthcare Nurse Line 800-827-4277

UC San Diego Health Nurse Line 800-926-8273

Kaiser Permanente Information Line 877-813-7297

Palomar Health Information



Office of San Diego City Councilman Mark Kersey • 202 C Street, MS #10A • San Diego, CA 92101 (619) 236-6655 • MarkKersey@sandiego.gov • www.sandiego.gov/citycouncil/cd5

Economic Assistance

Free and Reduced Meal Benefits are available from the Poway Unified School District. You can <u>apply online for the 2019-2020 school year at this website</u>.

The Small Business Administration is offering economic relief for small businesses. While funding measures are changing quickly, <u>the Coronavirus Relief</u> Options page has the latest options available.

ACCION is small business lender focused on providing flexible capital and other resources to entrepreneurs. Go to their website for more information about their programs.

The Governor's Office of Business and Economic Development (GO-Biz) is offering no-cost consultations to assist small business owners with navigating the maze of forms and applications for state programs and incentives. Please call 1-877-345-4633 to speak with a specialist or visit the website.

For information on the **Temporary Ban on Evictions**, visit the <u>San Diego Housing</u> <u>Commission website</u>.

Many banks are offering **deferment of mortgage payments** in this unprecedented time, including <u>Wells Fargo</u>, <u>Chase</u> and <u>Bank of America</u>. Please check with your lender for details.

San Diego Gas and Electric offers payment plans and assistance for people having trouble paying their bills. Go to the <u>SDG&E Coronavirus page for more details</u>.

Open for Business

The North San Diego Business Chamber has compiled a list of companies that remain open for business.

Scripps Ranch Restaurants – Here's a list of neighborhood restaurants open for takeout compiled by Scripps Ranch News.

Design for San Diego – UC San Diego Design Lab invites residents to participate in their challenge to address community-driven design related to COVID-19 and sustainability. The challenge includes weekly design sessions and a virtual summit on May 15.

Giving

The Rancho Peñasquitos Community Council is hosting a San Diego Food Bank collection drive on April 25th to help those in need. Details on how to donate are available at their website.

Thank you to Firefighters Local 145 who donated \$3,000 dollars to District Five nonprofit Support The Enlisted Project (STEP). You can hear more about their contribution on their webcast on Facebook this week.

Also, a big thanks to the Rotary International clubs in Rancho Bernardo who set up a healthcare volunteer training program and volunteers in Scripps Ranch who are using <u>3D</u> printers to make face shields for healthcare workers.

Donations

Health systems are accepting donations of medical supplies. Please find more information on accepted items at these links:

Scripps Health	UC San Diego Health
Sharp Healthcare	Palomar Health

Health Resources

Scripps Health nurse line 888-261-8431 and link to virtual care options, including video visits

Sharp Healthcare nurse line 800-827-4277 and <u>advice for members who have</u> <u>healthcare questions</u>

Palomar Health information for patients and the public

UC San Diego Health Nurse Line - 800-926-8273 and information for patients

Kaiser Permanente Health Line – 877-813-7297 and information for patients