

COVID-19 Update and Resources

APRIL 24, 2020

District Five Residents,

Here are the latest updates and resources you may find useful.

Neighborhood Parks Reopen for Passive Individual Use – Mayor Kevin Faulconer has reopened some neighborhood and community parks for use with restrictions. See the Mayor's press release for details about what is allowed at the park. The city has also published a list of parks that are open.

Federal Help for Small Businesses – The federal government has approved more funds for small businesses. Visit the Small Business Administration's <u>Coronavirus Relief Options page</u> for the latest available programs, even if you were previously denied.

Scheduled Surgeries to Resume – Governor Newsom announced that residents could schedule certain medical procedures that were postponed due to COVID-19 measures, including heart-valve surgeries, tumor surgeries and colonoscopies. See the Governor's announcement for details or contact your healthcare provider.

Input on the City's Proposed Budget – Mayor Kevin Faulconer has released his proposed budget for the coming fiscal year, and the City Council will hold the first of several hearings to review the budget and receive public input on April 30 at 6pm. You can submit your recommendations using the Budget Review Comment Form. For the latest info on COVID-19 in San Diego County, click here.

Scripps Health Nurse Line 888-261-8431

Sharp Healthcare Nurse Line 800-827-4277

UC San Diego Health Nurse Line 800-926-8273

Kaiser Permanente Information Line 877-813-7297

Palomar Health Information

Guide to City Services



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Economic Assistance

The City of San Diego continues to receive donations to the <u>Small Business Relief</u> Fund, which provides grants and forgivable and low-interest loans to small businesses impacted by COVID-19. <u>You can apply here</u>.

Economic Impact Payments – If you are a U.S. Citizen and have a social security number, you may qualify for Economic Impact Payments through the IRS. You can apply on the IRS website.

Free and Reduced Meal Benefits are available from the Poway Unified School District. You can apply online for the 2019-2020 school year at this website.

The Small Business Administration is offering economic relief for small businesses. See more at the <u>Coronavirus Relief Options page</u>

ACCION is small business lender focused providing flexible capital and other resources to entrepreneurs. Visit their website for more information about their programs.

The Governor's Office of Business and Economic Development (GO-Biz) is offering no-cost consultations to assist small business. Please call 1-877-345-4633 to speak with a specialist or visit the website.

For information on the **Temporary Ban on Evictions**, visit the <u>San Diego Housing</u> <u>Commission website</u>.

Many banks are offering **deferment of mortgage payments** in this unprecedented time, including <u>Wells Fargo</u>, <u>Chase and Bank of America</u>. Please check with your lender for details.

San Diego Gas and Electric offers payment plans and assistance for people having trouble paying their bills. Go to the <u>SDG&E Coronavirus page for more details</u>.

Open for Business

The North San Diego Business Chamber has compiled a list of companies that remain open for business.

Scripps Ranch Restaurants – Here's a list of <u>neighborhood restaurants open for</u> takeout compiled by Scripps Ranch News.

Giving

The Rancho Peñasquitos Community Council is hosting a San Diego Food Bank collection drive on April 25th to help those in need. Details on how to donate are available at their website.

The following organizations offer help to those in need. They also need your support in the form of volunteering and donations:

Meals On Wheels	Elderhelp of San Diego
Feeding San Diego	Serving Seniors
San Diego Food Bank	San Diego Small Business Relief Fund
Support The Enlisted Project (STEP)	

Medical Donations

Health systems are accepting donations of medical supplies. More information on accepted items is available at these links:

Scripps Health	
Sharp Healthcare	

UC San Diego Health Palomar Health

Health Resources

Scripps Health nurse line 888-261-8431 and link to virtual care options, including video visits

Sharp Healthcare nurse line 800-827-4277 and advice for members who have healthcare questions

Palomar Health information for patients and the public

UC San Diego Health Nurse Line – 800-926-8273 and information for patients

Kaiser Permanente Health Line – 877-813-7297 and information for patients