

COUNCILMAN MARK KERSEY

NEWS AND INFORMATION FROM THE FIFTH DISTRICT



COVID-19 Update and Resources

MAY 1, 2020

District Five Residents,

Face Coverings Mandatory Starting May 1 - The County of San Diego mandates that everyone must wear face coverings anywhere in public where they come within 6 feet of another person. Details on face covering requirements in the County's health order can be [found here](#).

Beaches Reopen for Limited Use as Water Restrictions Relaxed – Mayor Kevin Faulconer declared City beaches reopened for walking or running. Stopping, lying or sitting are still not allowed. [For full details about what's allowed at the beaches, ocean and bays click here.](#)

City Budget Review – Budget Review Committee meetings will be held next week, May 4 through 8. These hearings provide an overview and the opportunity for public input on the proposed budget for each City department. You can watch it [live online on City TV](#), on AT&T Channel 99, and on Spectrum and Cox Cable Channel 24.

Small Business Relief Grants – Companies like Verizon and Sam's Club have contributed money to help small businesses through the Local Initiatives Support Corporation or LISC. Their next round of funding will begin on May 14. [Click here for information on how to apply.](#)

Restaurant Delivery for Seniors – Governor Newsom announced a program to deliver three meals per day to seniors who stay in their homes. The program provides economic stimulus to restaurants as well as food for a vulnerable population. More information can be [found on the State's website](#).

For the latest info on COVID-19 in San Diego County, [click here](#).

[Guide to City Services](#) – What's open and what's closed

[Scripps Health Nurse Line](#)

888-261-8431

[Sharp Healthcare Nurse Line](#)

800-827-4277

[UC San Diego Health Nurse Line](#)

800-926-8273

[Kaiser Permanente Information Line](#)

877-813-7297

[Palomar Health Information](#)



Economic Assistance

CA Disaster Relief Loan Guarantee Program - The State's Small Business Finance Center partners with financial development corporations to provide loan guarantees and direct loans for small businesses that experience capital access barriers. More information is [available here](#).

The City of San Diego continues to receive donations to the [The Small Business Relief Fund](#) which provides grants and forgivable and low-interest loans to small businesses. [You can apply here](#).

Economic Impact Payments – If you are a U.S. Citizen and have a social security number, you may qualify for Economic Impact Payments through the IRS. You can [apply on the IRS website](#).

Free and Reduced Meal Benefits are available from the Poway Unified School District. You can [apply online for the 2019-2020 school year at this website](#).

The Small Business Administration is offering economic relief for small businesses. See more at the [Coronavirus Relief Options page](#)

ACCION is a small business lender focused on providing flexible capital and other resources to entrepreneurs. Go to their [website for more information about their programs](#).

For information on the **Temporary Ban on Evictions**, visit the [San Diego Housing Commission website](#).

Many banks are offering **deferment of mortgage payments** in this unprecedented time, including [Wells Fargo](#), [Chase](#) and [Bank of America](#). Please check with your lender for details.

San Diego Gas and Electric offers payment plans and assistance for people having trouble paying their bills. Go to the [SDG&E Coronavirus page for more details](#).

Jobs Available on the Workforce Partnership Portal – San Diego Workforce Partnership has hundreds of available jobs posted on its [Career Portal](#). The organization also has links to childcare resources, work transition webinars and information for employers.

Mental Health Resources - The outbreak of infectious diseases such as the recent Coronavirus Disease (COVID-19) can be stressful for individuals and communities. It is not uncommon to feel anxious or worried while listening, reading or watching the news. While it's necessary to keep up-to-date and make changes to daily life in order to help control the spread of COVID-19, the constant news cycle coupled with social distancing measures can have a real impact on mental health. Find resources to manage your mental health for [families, parents and caregivers here](#).

Giving

The following organizations offer help to those in need. They also need your support in the form of volunteering and donations:

[Meals On Wheels](#)

[Elderhelp of San Diego](#)

[Feeding San Diego](#)

[Serving Seniors](#)

[San Diego Food Bank](#)

[San Diego Small Business Relief Fund](#)

[Support The Enlisted Project \(STEP\)](#)

Medical Donations

Health systems are accepting donations of medical supplies. Please find more information on accepted items at these links:

[Scripps Health](#)

[UC San Diego Health](#)

[Sharp Healthcare](#)

[Palomar Health](#)

Health Resources

Scripps Health – nurse line 888-261-8431 and [virtual care options, including video visits](#)

Sharp Healthcare – nurse line 800-827-4277 and [advice for members who have healthcare questions](#)

Palomar Health – [information for patients and the public](#)

UC San Diego Health Nurse Line – 800-926-8273 [and information for patients](#)

Kaiser Permanente Health Line – 877-813-7297 and [information for patients](#)