

# **COVID-19 Update and Community News**

JUNE 12, 2020

District Five Residents,

This week a mosquito in District Five tested positive for West Nile Virus. To help protect your family from mosquito-borne illnesses, County environmental health officials recommend finding and dumping out standing water in yards and around homes to prevent mosquitoes from breeding. Click here for the County's announcement and further information about West Nile virus.

Below are the latest COVID-19 updates and resources you may find useful:

**Expanded Safe Reopening** – The County has approved reopening for a variety of businesses and activities with safety modifications, effective June 12. They include movie theaters, gyms, community pools, bowling alleys, zoos and aquariums. For a list of what will open and operating guidance, visit the County's re-opening website.

**Safari Park Scheduled to Reopen** – District Five's own San Diego Zoo Safari Park is scheduled to reopen on June 20 to operate at 50% capacity. For information on what to expect at the park, <u>visit the San Diego Zoo</u> and Safari Park website.

Lakes Hodges to Reopen – Lake Hodges will reopen for recreational use on July 1. The public will be asked to observe new COVID-19 safety measures, including facial coverings and social distancing. For details and information about other City lakes, see Mayor Faulconer's announcement.

For the latest info on COVID-19 in San Diego County, click here.

#### <u>Guide to City</u> <u>Services</u> – What's open and what's closed

Scripps Health Nurse Line

888-261-8431

Sharp Healthcare Nurse Line 800-827-4277

UC San Diego Health Nurse Line 800-926-8273

Kaiser Permanente Information Line 877-813-7297

Palomar Health Information



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**Reminder: Face Masks Required** – A reminder that San Diego County requires everyone to wear a facemask in many public settings. This is important to prevent the spread of the coronavirus and key to a continued safe reopening of our economy. Read more on when you are required to wear a mask.

### **City Council News**

**Funding for Small Businesses** – The San Diego City Council has unanimously voted to approve allocating \$12.8 million from federal CARES Act funds to the City's Small Business Relief Fund to help small businesses affected by COVID-19. <u>Bookmark the Small Business Relief Fund page</u> to apply when funds become available.

### **Other Resources**

**Parks, Beaches and Lakes** – Parks, beaches and some lakes are open for restricted use. Check here for guidelines and a list of open parks. Information about beaches can be found here. A list of open City lakes can be found here.

# **Online Education and Entertainment**

**Libraries** – City libraries remain closed to the public, but <u>contactless pickup</u> is available. Many library services, including borrowing digital books and magazines, are available online through the <u>City of San Diego's eLibrary</u>. The County of San Diego also offers an array of <u>online library services</u>.

**Online Classes and Certifications** – Those looking to expand their skills can take free online classes including accounting, healthcare and law through the San Diego Public Library. Certifications are also available. For more information and a list of classes, visit the Library's Gale Course website.

**The Old Globe Online Theatre Program** – The Old Globe offers online programs and talks with actors and directors who share their thoughts and some performances via the internet. <u>Check out the offerings at their website</u>.

# **Health Resources**

Patients with confirmed COVID-19 infection have reported mild to severe respiratory illness with symptoms of:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

The CDC believes that symptoms of COVID-19 may appear in as few as 2 days or as long as 14 days after exposure. If you get sick, the CDC has instructions on what to do and how to care for yourself at home.

# **Economic and Food Assistance**

**Senior Meal Program Open for Enrollment** – *Great Plates Delivered: Home Meals for Seniors* program is a temporary program that delivers meals to older adults who meet age and other eligibility criteria. For information on how to apply, call (800) 339-4661 or visit the <u>County's enrollment website</u>.

**CARES Act Funding for Small Business** – Funding remains available for small businesses through the Small Business Administration. More information is available at the SBA's <u>Coronavirus Relief Options page</u>.

**Jobs Available on the Workforce Partnership Portal** – San Diego Workforce Partnership has hundreds of available jobs posted on its <u>Career Portal</u>. The organization also has links to childcare resources, work transition webinars and information for employers.

**Childcare Resources** – Finding childcare can be vital for parents to get back to work as our economy reopens. You can find resources for referrals and financial assistance for childcare and childcare providers at the <u>YMCA website</u>.