

Pistol Shoot

50 ROUND COURSE OF FIRE

ALL COURSES ARE FROM THE HOLSTER UNLESS STATED

- Discuss 'Auto-Forwarding' on reloads. Describe the proper clearance of the malfunction and techniques to avoid the issue. Use this opportunity to also teach the use of the slide stop/slide release lever in speeding up the reload process.

-Speed of Sights Drill

- 7 yardline- 5 rounds no time limit.

-3 reps

-10 Yardline 5 rounds NTL

-3 reps

-15 yardline NTL

-3 reps

-Slow Fire

-25 yardline- One round from the holster each time

-Repeat till empty.

USE SDPD 'D-ring' TARGETS

Use a TPC reduced rectangle on the center of the d-ring under the head.

-Discuss with the group the concepts of proper recoil management and trigger press. As the sights fall back into line, settle and squeeze the trigger without wasting time to perfect the sights more than necessary.

- Re-enforce the principles of sight focus and perfect trigger press. Aim small miss small on the reduced rectangle.