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May is Bicycle Safety Month: Share the Road and Look Out for One Another

San Diego – May is National Bicycle Safety Month, and the San Diego Police Department reminds drivers to follow the speed limit and look out for people on bike rides.

To help keep people biking or walking safe, the San Diego Police Department will conduct traffic safety operations throughout the month focused on the most dangerous driver behaviors such as speeding, making illegal turns, failure to yield to bicyclists or pedestrians, and stop sign/red light running.

The San Diego Police Department suggests the following safety tips for bicyclists and drivers:

Drivers

- Slow down and follow the speed limit. Be careful traveling through intersections.
- Look carefully for bicyclists and pedestrians before making a turn or opening a car door near streets or bike paths.
- Be patient when traveling behind a bicyclist. Maintain at minimum three feet of space when passing or overtaking a bicyclist.
- Never drive distracted or impaired.

Bike Riders

- Use lights at night (at minimum, a front white light and rear red reflector).
- Although not required for riders 18 and older, always wear a properly secured helmet. Helmets significantly reduce the chance of a head injury in the event of a crash.
- Bicyclists must travel in the same direction of traffic and have the same requirements as any slow-moving vehicle.
- Yield to pedestrians, just as a driver would. Pedestrians have the right-of-way within marked crosswalks or within unmarked crosswalks at intersections.

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