

SAWR

Robert Egger, Sr. - South Bay Recreation Center

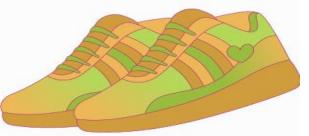
1885 Coronado Ave. San Diego, CA 92154 *Office: (619) 424-0470*

FREE BELLY DANCE

Introduction to basic Belly Dance movements. This class provides a light fun overview of basic belly dance movements.



This walking program is designed to enhance health through walking exercises and social camaraderie



ENROLL IN THE OFFICE PROGRAM # 114501

The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager at (619)525-8286, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.



JMBA

(AGES 13YRS & UP)

for 3 months

WED:10:00AM-11:00AM

FRI: 11:00AM-12:00PM

MORNINGS

Tue/Wed/Thu: 6:30PM-7:30PM

ENROLLMENT IS REQUIRED: REGISTER NRECOFFRICE OR ONLINE @ WWW.SDRECCONNECT.COM MORNING CLASS CODE #114503 EVENING CLASS CODE #114502 ENROLLMENT IS REQUIRED: REGISTER IN REC OFFICE OR ONLINE @ WWW.SDRECCONNECT.COM

Registration Code# 114500

WEDNESDAYS & THURSDAYS

11:00am - 12:30pm