SOUTH BAY REC

OPEN GYM HOURS

SPRING

MONDAY: 11:00am-4:30pm

TUESDAY: 12:30pm-4:30pm

WEDNESDAY: 12:30pm-4:30pm

THURSDAY: 12:30pm-4:30pm

FRIDAY: 12:00pm-4:30pm

SATURDAY: 9:00am-12:15pm

SUNDAY: 9:00am-3:45pm