
SOUTH BAY REC

OPEN GYM HOURS



**SUMMER 2024
JULY-AUGUST**

SATURDAY: 10:00am-12:15pm

SUNDAY: 9:00am-3:45pm

MONDAY: 12:30pm-4:30pm

TUESDAY: 12:30pm-4:00pm

WEDNESDAY: 12:30pm-4:00pm

THURSDAY: 12:30pm-4:00pm

FRIDAY: 12:00pm-3:30pm

ALL HOURS ARE SUBJECT TO CHANGE WITHOUT NOTICE