



Allied Gardens Pool

6707 Glenroy St. San Diego, CA 92120
 (619)235-1143 • www.sandiego.gov

Effective August 12, 2024

LAP SWIM

Mon/Wed/Fri	8:00am-12:00pm 2:00pm-7:00pm
Tuesday/Thursday	2:00pm-5:00pm

REC SWIM

Mon/Wed/Fri	9:30am-12:00pm
Monday-Friday	2:00pm-4:00pm

WATER FITNESS

Aquatic Body Conditioning (ABC)—This is a total body conditioning class; Multi-level, low impact, cardiorespiratory workout held in shallow water. Flexibility, muscular strength and endurance are emphasized. Participants do not need to know how to swim.

Tue/Thu 5:30pm-6:30pm
Mon/Wed/Fri 8:00am-9:00am
 \$4.00 per class or \$33.00/10 classes pass

ATTENTION: lap lanes may be limited to 1-2 lanes based on pool programs. Sharing a lane with other swimmers will be required during these times.

Facility Admissions

Child/Disabled/Senior	\$2.00
Adults (16 & older)	\$4.00

Discount Passes

Adults (16 & older)	\$80.00/ 30 swims
	\$30.00/ 10 swims
Child/Disabled/Senior	\$40.00/ 30 swims
	\$15.00/ 10 swims

All Aquatic Programs, Schedules, and Fees may change due to enrollment and/or be cancelled without notice

YOUTH SWIM TEAM (ages 6-17)

Youth Swim Team is a recreational swim organization for youth 6-17 years old, which offers a quality, safe program that is committed to introducing and developing basic competitive swim skills while promoting fun and team spirit.

Prerequisite: Completion of Level 3, Competitive Skills course, or Pool Manager's approval.

Mon/Wed/Fri 6:00pm-7:00pm
\$28.00 per month
 (Fees are due at the beginning of each month)

YOUTH WATER POLO (ages 9-17)

Participants are introduced to basic water polo skills with an emphasis on teamwork, fun, and sportsmanship. Participants must be able to swim 200 yards continuously and tread water for one minute. Games are held on Fridays & Saturdays.

Prerequisite: For ages 8-17, passing of Water Polo Tryout, or Pool Manager's approval.

Tue/Thurs 6:00pm-7:30pm
\$28.00 per month

- Passes expire one year from the date of issue and can be used at any City Pool
- All persons entering the facility during Recreation and Lap Swim times **MUST** pay the admission fee and wear proper swim attire always. **No re-entry is allowed.**
- Specific lanes/areas will be designated for Lap & Recreational swimming, however, the pool may be utilized for other programs during designated Lap/Recreational swim times
- A paying parent or responsible adult in a swimsuit must accompany children under 7 years of age or less than four feet tall. While in the water, a parent or responsible adult must remain within arm's reach of the child
- The City of San Diego Swimming Pools may close without notice during inclement weather conditions.

POOL CLOSURES

September 2, November 11 and 28, December 25

High school water polo games may impact lap swim hours, please call the pool in advance.

Now Hiring!

Apply **NOW** and attend one of
our upcoming hiring events!

SEE MORE POSITIONS AND APPLY TODAY AT

SANDIEGO.GOV/EMPOPP

WATER SAFETY INSTRUCTOR

Teach swimming lessons, and lead specialized aquatic activities such as water fitness, swim team, and water polo!

Starting at **\$20.37/hour**
Must be 16+ to apply

bit.ly/SDApp-WSI



RECREATION AIDE

Learn customer service skills, engage with patrons, and work with a team of lifeguards to serve our communities!

\$18.70/hour
Must be 15 1/2+ to apply

bit.ly/SDApp-RecAide



POOL GUARD I

Learn lifesaving emergency response techniques to keep our communities safe in and around our pools!

Starting at **\$20.37/hour**
Must be 16+ to apply

bit.ly/SDApp-PG1



POOL MANAGER I

Lead, train, and collaborate with a team of lifeguards to run programs at our aquatic facilities!

Starting at **\$23.34/hour**
Must be 18+ to apply

bit.ly/SDApp-PM1

