

## Carmel Valley Pool Effective March 7, 2024







3777 Townsgate Drive, San Diego, CA 92130 (858)552-1623 www.sandiego.gov/pools

Due to a staffing shortage, the Carmel Valley Pool is open limited hours and has a maximum capacity of 25 swimmers. The Beach front area, Children's Pool, and the Large Slides are closed until further notice.

### Lap Swim

Sharing lanes and circle swimming required

Monday/Tuesday/Thursday

3:00 - 6:00 pm

Swim Lessons, please call pool for information.

### Water Fitness Adults 16+/Seniors Drop-in fee: \$4.00/class

Discount Pass: \$33.00/10 classes

### **Aquatic Body Conditioning (ABC):**

This is a total body conditioning class; Multilevel, low impact, cardiorespiratory workout held in shallow and deep water.

Monday/Tuesday/Thursday 3:00-4:00pm

- Passes expire one year from the date of issue and can be used at any City Pool
- All persons entering the facility during Recreation and Lap Swim times MUST pay the admission fee and wear proper swim attire always. No re-entry is allowed.
- Specific lanes/areas will be designated for Lap & Recreational swimming; however, the pool may be utilized for other programs during designated Lap/Recreational swim times
- A paying parent or responsible adult in a swimsuit must accompany children under 8 years of age or less than four feet tall. While in the water, a parent or responsible adult must remain within arm's reach of the child

Facility Admissions	
Child/Disabled/Senior	\$2.00
Adults (16 & older)	\$4.00
Discount Passes	
Adults (16 & older)	\$80.00 / 30 swims \$30.00 / 10 swims
Child/Disabled/Senior	\$40.00 / 30 swims \$15.00 /10 swims
All Aquatic Programs, Schedules, and Fees may change	

### **Observed Holiday Closures**

due to enrollment and/or be cancelled without notice.

April 1, 2024 – Cesar Chavez Day May 27, 2024 – Memorial Day June 19, 2024 – Juneteenth

### Swim Team (ages 6-17)

Swim Team is a recreational swim program for youth 6-17 years old, which offers a quality, safe program that is committed to introducing and developing basic competitive swim skills while promoting fun and team spirit. Swimmers may participate in swim meet competitions with other City of San Diego swimming pools. Prerequisite: Tryout, please call pool for details.

\$29.00 per month Mon/Tues/Thurs 6:00-7:00pm



# Spring

## POOL GUARD TRAINING

### Apply Here



#### **Questions?**

Contact **Sinthya Carranza**  *SCarranza@sandiego.gov* (619) 692-4960

### **Starting Pay:**

- \$19.59 Pool Guard I (16+)
- Candidates receive paid training once they've successfully completed a medical and background check, and have signed employment paperwork

### **Qualification Test:**

- Tread Water for two minutes using your legs only
- Swim 20 yards, surface dive 7-10
  ft. to retrieve a 10 lb object. Swim
  20 yds on your back to return to
  the starting wall while holding the
  object with both hands and with
  your face out of the water. Climb
  out without using the ladder or
  stairs. All to be completed within
  1 minute 40 seconds.
- Continuous 300 yd swim (12 lengths, no stopping)
- 1. Submit online application (must be 16 years old or older).
- 2. Attend a hiring tryout. Receive information on scheduling onboarding appointments upon accepting a position.
- 3. Attend a Pool Guard Training course and obtain certification within 90 days of hire.

As a recipient of federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, creed, sex, age, national origin or ancestry, religion, pregnancy, physical or mental disability, veteran status, marital status, medical condition, gender (transsexual and transgender), sexual orientation, as well as any other category protected by federal, state or local laws. If anyone believes, he or she has been discriminated against, he or she may file a complaint alleging the discrimination with the City of San Diego Park and Recreation Department (contact Deputy Director (619) 525-8235) or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240. This information is available in alternative formats upon request.