

Colina del Sol Pool

4150 54th Place San Diego, CA 92105
 (619)235-1147 • www.sandiego.gov



Effective October 8th, 2024

LAP SWIM

Tuesday & Thursday	2:00pm-5:00pm
Saturday	12:00pm-4:00pm

RECREATIONAL SWIM

Tuesday & Thursday	2:00pm-5:00pm
Saturday	1:30pm-4:00pm

**Space may be limited due to pool programming.
 Sharing lanes is encouraged.*

POOL CLOSED

November 11, 28 & 29, December 24, 25, 31

FACILITY ADMISSION & PASSES

	Adults	Child/Senior/Disabled
Drop In	\$4.00	\$2.00
10 Swim Pass	\$30.00	\$15.00
30 Swim Pass	\$80.00	\$40.00

All Aquatic Programs, Schedules, and Fees may change due to enrollment and/or be cancelled without notice

- Passes expire one year from the date of issue and can be used at any City Pool
- All persons entering the facility during Recreation and Lap Swim times **MUST** pay the admission fee and wear proper swim attire always.
- **No re-entry is allowed.**
- Specific lanes/areas will be designated for Lap & Recreational swimming; however, the pool may be utilized for other programs during designated Lap/Recreational swim times.
- A paying parent or responsible adult in a swimsuit must accompany children under 8 years of age or less than four feet tall. While in the water, a parent or responsible adult must remain within arm's reach of the child.
- The City of San Diego Swimming Pools may close without notice during inclement weather conditions.

YOUTH SWIM TEAM

Youth Swim Team is a recreational swim organization which offers a quality, safe program that is committed to introducing and developing basic competitive swim skills while promoting fun and team spirit.

Prerequisite: ages 6-17; 25 yards each of front crawl, back crawl, & breaststroke, and 15 yards of butterfly; passing of Competitive Skills course; or Pool Manager's approval.

Tuesday & Thursday 5:00pm-6:30pm

Must register Monthly \$28 per month
Due by first of the month

WATER POLO BASICS

An entry level program that combines basic swimming skills and an introduction to the sports of water polo.

Prerequisite: No skills are required but must be comfortable in the water to take this course.

Saturday 2:45pm-3:45pm
 Dates: 10/19-11/21

Fee: \$48 Per Session

WATER FITNESS

Aquatic Body Conditioning (ABC) –

This is a total body conditioning class; multi-level, low impact, cardio-respiratory workout held in deep & shallow water. Flexibility, muscular strength, and endurance are emphasized. Participants do not need to know how to swim; but should be comfortable in deep water.

Tuesday & Thursday 5:15pm-6:15pm
Saturday 12:15pm-1:15pm

\$33 for 10 classes \$4 per class

Now Hiring!

Apply **NOW** and attend one of
our upcoming hiring events!
SEE MORE POSITIONS AND APPLY TODAY AT
SANDIEGO.GOV/EMPOPP

WATER SAFETY INSTRUCTOR

Teach swimming lessons, and lead specialized aquatic activities such as water fitness, swim team, and water polo!

Starting at **\$20.37/hour**
Must be 16+ to apply

bit.ly/SDApp-WSI



RECREATION AIDE

Learn customer service skills, engage with patrons, and work with a team of lifeguards to serve our communities!

\$18.70/hour
Must be 15 1/2+ to apply

bit.ly/SDApp-RecAide



POOL GUARD I

Learn lifesaving emergency response techniques to keep our communities safe in and around our pools!

Starting at **\$20.37/hour**
Must be 16+ to apply

bit.ly/SDApp-PG1



POOL MANAGER I

Lead, train, and collaborate with a team of lifeguards to run programs at our aquatic facilities!

Starting at **\$23.34/hour**
Must be 18+ to apply

bit.ly/SDApp-PM1

