Parks and Recreation

Effective August 13, 2024

Martin Luther King Jr. Pool

6401 Skyline Drive, San Diego, CA 92114
619-527-3451 www.sandiego.gov

LAP SWIM

Tues, Thurs, Fri	2:00pm - 7:00pm
Saturdays	12:00pm - 4:00pm

RECREATION SWIM

Tues, Thurs, Fri	2:00pm - 7:00pm
Saturdays	12:00pm - 4:00pm

ALL POOLS ARE CLOSED FOR LABOR DAY ON SEPTEMBER 2ND

Facility Admission

Adults (16 & older)	$4.00
Child/Disabled/Senior	$2.00

Discount Passes

Adults (16 & older)	$80.00/ 30 swims $30.00/ 10 swims
Child/Disabled/Senior	$40.00/ 30 swims $15.00/ 10 swims

All aquatic programs, schedules, and fees may change due to enrollment and/or be cancelled without notice

- Passes expire one year from the date of issue and can be used at any City pool.
- All persons entering the facility during Recreation and Lap Swim times MUST pay the admission fee and wear proper swim attire always. **No re-entry is allowed.**
- Specific lanes/areas will be designated for Lap & Recreational swimming, however, the pool may be utilized for other programs during designated Lap/Recreational swim times.
- A paying parent or responsible adult in a swimsuit must accompany children under 8 years of age or less than four feet tall. While in the water, a parent or responsible adult must remain within arm's reach of the child.
- The City of San Diego Swimming Pools may close without notice during inclement weather conditions.

WATER FITNESS

Aquatic Body Conditioning (ABC)-Aquatic Body Conditioning (ABC)-This is a total body conditioning class; Multi-level, low impact, cardio-respiratory workout held in deep water. Flexibility, muscular strength, and endurance are emphasized. Participants do not need to know how to swim; but should be comfortable in deep water.

Saturday **3:00pm—4:00pm** **$4.00 per class or $33.00/10 class pass**

YOUTH WATER POLO TEAM (ages 9-17)

City of San Diego Water Polo League is recreational level water polo program for youth ages 9-17, which offers a safe and affordable program that is committed to introducing basic water polo skills and game concepts while promoting teamwork and perseverance.

Prerequisite: Players must be able to demonstrate 200 yards of continuous swim and one minute of treading water. Tryouts must be scheduled with coach or Pool Manager.

Tuesday, Thursday & Friday **5:00pm - 6:00pm** **$28.00 per month** **(Fees are due at the beginning of each month)**

YOUTH SWIM TEAM (ages 6-17)

City of San Diego Swim League is a recreational level swim program for youth 6-17 years old, which offers a safe and affordable program that is committed to introducing and developing basic competitive swim skills while promoting fun and team spirit.

Prerequisite: Swimmers must be able to demonstrate 25 yards of front crawl, breaststroke, back stroke and 15 yards of butterfly. Tryouts must be scheduled with coach or Pool Manager.

Tuesday, Thursday and Friday **6:00pm - 7:00pm** **$28.00 per month** **(Fees are due at the beginning of each month)**

SWIMMING LESSONS

WALK IN REGISTRATION

SWIMMING LESSON REGISTRATION WILL BE LOTTERY STYLE; TICKETS WILL BE DISTRIBUTED AT 12:00 P.M.

Registration begins at **12:00pm** on the registration dates listed by session dates.

To create an account and to view class schedules go to SDRecConnect.com. After creating an account for yourself, add your family members.

Pool staff is available to assist with walk-in registration concerns.

All pools will have requirements for swim lesson registration. **Prior to registering,** all returning participants will need to confirm with pool staff to ensure the correct prerequisite skills are listed on their **SDRecConnect** account.

If this is the first time registering for lessons with the City of San Diego you will need to contact pool staff to schedule a participant assessment and help create an **SDRecConnect** account.

Session Dates	Meeting days	Registration Dates	
FALL LESSONS	**3/30 minute classes**	**$18.00**	
#1 August 20 — August 23	**Tuesday, Thursday, Friday**	**August 17, 2024**	**12:00 p.m.**
#2 August 27 — August 30	**Tuesday, Thursday, Friday**	**August 17, 2024**	**12:00 p.m.**
#3 September 3 — September 6	**Tuesday, Thursday, Friday**	**August 31, 2024**	**12:00 p.m.**
#4 September 10 — September 13	**Tuesday, Thursday, Friday**	**August 31, 2024**	**12:00 p.m.**
#5 September 17 — September 20	**Tuesday, Thursday, Friday**	**September 14, 2024**	**12:00 p.m.**

Now Hiring full and part time Pool Managers and Pool Guards, and part time Water Safety Instructors and Recreation Aides.

Pool Guard I

Learn lifesaving emergency response techniques to keep our communities safe in and around our pools!

Starting at **$20.37 / hour**

Must be 16+ to apply

bit.ly/SDApp-PG1

Water Safety Instructor

Teach a variety of swimming classes, and lead activities such as water fitness, swim team, and water polo!

Starting at **$20.37 / hour**

Must be 16+ to apply

bit.ly/SDApp-WSI

Pool Manager I

Lead, train, and collaborate with a team of lifeguards to run programs at our aquatic facilities!

Starting at **$23.34 / hour**

Must be 18+ to apply

bit.ly/SDApp-PM1

As a recipient of federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, creed, sex, age, national origin or ancestry, religion, pregnancy, physical or mental disability, veteran status, marital status, medical condition, gender (transsexual and transgender), sexual orientation, as well as any other category protected by federal, state or local laws. If anyone believes, he or she has been discriminated against, he or she may file a complaint alleging the discrimination with the City of San Diego Park and Recreation Department (contact Deputy Director (619) 525-8235) or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240. This information is available in alter-