

MON	TUE	WED	THU	FRI
<div>The City of SAN DIEGO Parks and Recreation Department</div>	<div>Questions about programs at Cathy Hopper Friendship Center? Call (619) 235-1113 or email TurnerL@sandiego.gov</div>	<div>Site Hours of Operations 9:00am-3:00pm</div> <div>Café open daily: 9:00 am - 2:30 pm</div>	<div>HAPPY SPRING</div>	<div></div>
<div>7</div> <div></div>	<div>1</div> <div>CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance (BEGINNER): 10:00am-10:30am Line Dance: 10:30am-11:30am Table Games: 11:00am-1:00pm Karaoke: 12:00pm-1:00pm</div> <div></div>	<div>2</div> <div></div> <div>CHFC Cafe: 9:00am-2:30pm Ukulele: 10:00am-11:00am Table Games: 11:00am-1:00pm Oil Paint: 1:30pm-4:00pm</div>	<div>3</div> <div>CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance (BEGINNER): 10:00am-10:30am Line Dance: 10:30am-11:30am Table Games: 11:00am-1:00pm Cooking: 12:00pm-2:00pm Art Studio: 12:00pm-2:00pm</div> <div></div>	<div>4</div> <div>CHFC Cafe: 9:00am-2:30pm Chorus: 9:00am-12:00pm Yoga: 9:00am-10:00am Chair Yoga: 10:30am-11:30am Getting Crafty: 10:00am-12:00pm</div>
<div>7</div> <div>CHFC Cafe: 9:00am-2:30pm Chigong: 9:15am-10:45am Bingo: 11:30am-1:00pm</div> <div></div>	<div>8</div> <div>CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance (BEGINNER): 10:00am-10:30am Line Dance: 10:30am-11:30am Table Games: 11:00am-1:00pm Knitting & Crochet: 1:0 0pm - 2:00 pm</div> <div></div>	<div>9</div> <div>CHFC Cafe: 9:00am-2:30pm Ukulele: 10:00am-11:00am Table Games: 11:00am-1:00pm Oil Paint: 1:30pm-4:00pm</div> <div></div>	<div>10</div> <div>CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance (BEGINNER): 10:00am-10:30am Line Dance: 10:30am-11:30am Table Games: 11:00am-1:00pm Cooking: 12:00pm-2:00pm</div>	<div>11</div> <div>CHFC Cafe: 9:00am-2:30pm Chorus: 9:00am-12:00pm Yoga: 9:00am-10:00am Chair Yoga: 10:30am-11:30am Getting Crafty: 10:00am-12:00pm</div> <div></div>
<div>14</div> <div>CHFC Cafe: 9:00am-2:30pm Chigong: 9:15am-10:45am Bingo: 11:30am-1:00pm</div> <div></div>	<div>15</div> <div>CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance (BEGINNER): 10:00am-10:30am Line Dance: 10:30am-11:30am Table Games: 11:00am-1:00pm Karaoke: 12:00pm-1:00pm</div>	<div>16</div> <div>CHFC Cafe: 9:00am-2:30pm Ukulele: 10:00am-11:00am Table Games: 11:00am-1:00pm Oil Paint: 1:30pm-4:00pm Lunch & Learn: 11:30am-12:30pm</div> <div></div>	<div>17</div> <div>CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance (BEGINNER): 10:00am-10:30am Line Dance: 10:30am-11:30am Table Games: 11:00am-1:00pm Cooking: 12:00pm-2:00pm Art Studio: 12:00pm-2:00pm</div>	<div>18</div> <div>CHFC Cafe: 9:00am-2:30pm Chorus: 9:00am-12:00pm Yoga: 9:00am-10:00am Chair Yoga: 10:30am-11:30am Getting Crafty: 10:00am-12:00pm Must See Movies: 12:30pm-3:00pm</div> <div></div>
<div>21</div> <div>CHFC Cafe: 9:00am-2:30pm Chigong: 9:15am-10:45am Bingo: 11:30am-1:00pm</div> <div></div>	<div>22</div> <div>CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance (BEGINNER): 10:00am-10:30am Line Dance: 10:30am-11:30am Table Games: 11:00am-1:00pm Knitting & Crochet: 1:0 0pm - 2:00 pm</div>	<div>23</div> <div>CHFC Cafe: 9:00am-2:30pm Ukulele: 10:00am-11:00am Table Games: 11:00am-1:00pm Oil Paint: 1:30pm-4:00pm</div> <div></div>	<div>24</div> <div>CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance (BEGINNER): 10:00am-10:30am Line Dance: 10:30am-11:30am Table Games: 11:00am-1:00pm Cooking: 12:00pm-2:00pm</div>	<div>25</div> <div>CHFC Cafe: 9:00am-2:30pm Chorus: 9:00am-12:00pm Yoga: 9:00am-10:00am Chair Yoga: 10:30am-11:30am Getting Crafty: 10:00am-12:00pm</div>
<div>27</div> <div>CHFC Cafe: 9:00am-2:30pm Chigong: 9:15am-10:45am Bingo: 11:30am-1:00pm</div> <div></div>	<div>28</div> <div>CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance (BEGINNER): 10:00am-10:30am Line Dance: 10:30am-11:30am Table Games: 11:00am-1:00pm Karaoke: 12:00pm-1:00pm</div> <div></div>	<div>29</div> <div>CHFC Cafe: 9:00am-2:30pm Ukulele: 10:00am-11:00am Table Games: 11:00am-1:00pm History of Clairemont: 12:00pm-1:30pm Oil Paint: 1:30pm-4:00pm</div>	<div>30</div> <div>CHFC Cafe: 9:00am-2:30pm Feeling Fit: 9:00am-10:00am Walking Group: 10:00am-11:00am Line Dance (BEGINNER): 10:00am-10:30am Line Dance: 10:30am-11:30am Table Games: 11:00am-1:00pm Cooking: 12:00pm-2:00pm</div>	<div></div>