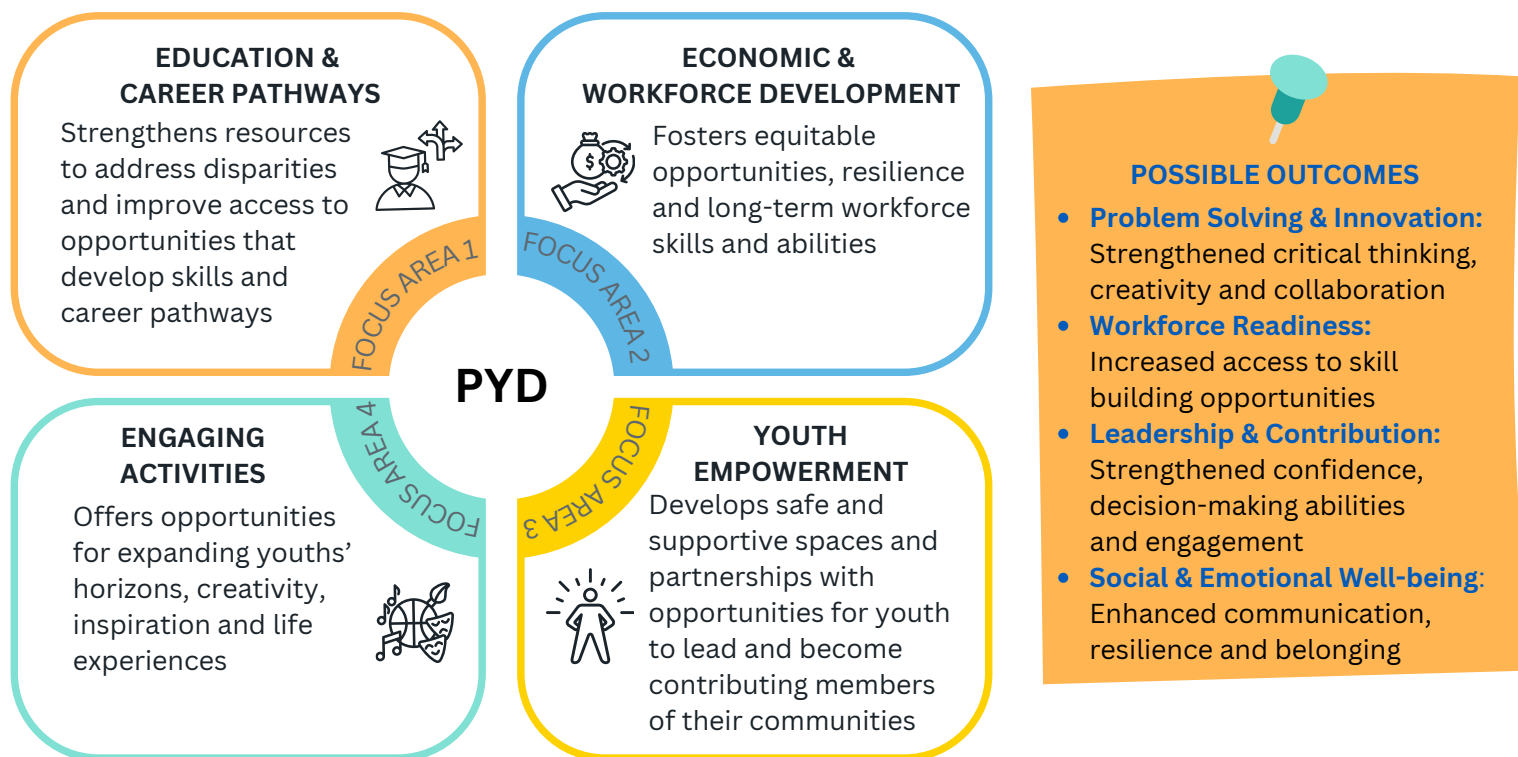


WHAT IS POSITIVE YOUTH DEVELOPMENT (PYD)?

PYD is an approach that **engages youth** within their communities and families, **recognizes and enhances** their strengths, and promotes positive outcomes by **providing opportunities and support** to build leadership skills and positive relationships.

The focus areas in the City of San Diego's Child and Youth Strategic Plan align with PYD by involving youth as equal partners, providing access to skills, building self-esteem, and ensuring the right support as they grow personally and professionally.



Guidelines to align program components and activities with PYD to maximize youth potential



ENGAGE YOUTH AS EQUAL PARTNERS:

Creates opportunities where youth can provide input in program design and implementation, as well as share decision-making with program staff.

- ✓ Reinforces youth as co-creators and decision-makers
- ✓ Conveys that youth are valued and their voices matter



PROVIDE ACCESS TO SKILLS & SUPPORT:

Creates opportunities to develop skills for personal and professional growth while programs implement support systems and build positive relationships.

- ✓ Builds on youth strengths and skills
- ✓ Prepares youth for adulthood with career exploration, job search, financial literacy, personal development, etc.



FOSTER LEADERSHIP & SELF-ESTEEM:

Provides access to spaces and develops activities that support leadership skills, build self-esteem and involve youth in the decision-making processes.

- ✓ Tailors leadership opportunities to youth's individual strengths and experiences
- ✓ Offers safe spaces for youth to discuss difficult topics, take healthy risks, and make mistakes

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