

# Summer Eamo

@ Paradise Hills Recreation Center 6610 Potomac St. San Diego Ca 92139

JUNE 9TH - AUGUST 1ST MONDAY - FRIDAY

10:00 AM - 4:00 PM AGES: 6-12 YRS

\$50.00/WEEK

FINALLY OUT OF SCHOOL? COME AND ENJOY YOUR SUMMER VACATION WITH YOUR PARADISE
HILLS FAMILY AT OUR SUMMER CAMP PROGRAM! OUR CAMP WILL BE PACKED WITH A FULL DAY
OF CREATIVE ACTIVITIES INCLUDING; ARTS & CRAFTS, SPORTS, INDOOR ACTIVITIES, TEAM

BUILDING, OUTDOOR ACTIVITIES, PRIZES, FREE LUNCH AND MORE!
SIGN UP ONLINE AT SDRECCONNECT.COM. SPACE IS LIMITED.

CALL: 619-527-3419 FOR MORE INFORMATION!

#### **REGISTRSTION CODES**

WEEK 1: 122140 WEEK 2: 122141 WEEK 3: 122142 WEEK 4: 122143

WEEK 5 NATURE CAMP \$60.00: 122138 WEEK 6: 122144

WEEK 7: 123057 WEEK 8: 122146





# PARADISE HILLS \*\*\* FLAG FOOTBALL CLINIC

Practices will be held @ Skyline Hills Recreation Center 8285 Skyline Dr. San Diego Ca 92114

This 2025 Summer Football Clinic is to allow kids to have fun playing flag football with their friends, in an organized fashion, with safety as a main element of consideration. The skills sets developed will include passing, receiving, blocking, offensive and defensive position play, and an overall athletic development in flag football.

Call: (619)-527-3419 for more information

8-10 yrs : 4:30pm-5:30pm

**Activity Code:** 

**July: 122148** 

August: 1221470

10-12 yrs : 5:30pm-6:30pm

**Activity Code:** 

**July: 122150** 

August: 122149



DATES: MONDAY & WEDNESDAY

The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (includin flabirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religions belief or observance, religious creed, sex, stereotype sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Function of the City of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Function (CERL) of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Function (CERL) of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Function (CERL) of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Function (CERL) of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Function (CERL) of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Dep



## CYMNASTICS

Paradise Hills Recreation Center 6610 Potomac St San Diego Ca 92139

For more information Call: 619-527-3419

This tumbling program emphasizes fun progressions and teaches technically correct gymnastics in a safe environment.

\$25.00/ month Intro to Gym Rollers Walking - Syrs @ Seepm Registration Codes:

June: 122170

July 122171

August: 122169

Academy Gymnastics 4- Gyrs @ 4:30pm Registration Codes:

June: 122161

July: 122162

**August: 122160** 

Academy Cymnastics 5-7yrs @ 5:30pm

Registration Codes:
Junes 122164

July 122165

August: 122169

Academy Cymnastics 5- 7yrs @ 620pm

Registration Codes: Junes 122167

July 122169

August: 122166

The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Employment and Housing (DFEH) at (800) 884–1684. This information is available in alternative formats upon request.



### PARADISE HILLS RECREATION CENTER 6610 POTOMAC ST. SAN DIEGO CA. 92139



LOUE TO DANCE? COME JOIN MRS. HELLY FOR OUR LINE DANCE CLASS! EACH WEEK YOU'LL LEARN AND PRACTICE A ROUTINE OF STYLISH NEW MOUES, WHILE GETTING EXERCISE AT THE SAME TIME! DON'T MISS OUT, SIGN UP TODAY! SPACE IS LIMITED!

FOR MORE INFORMATION CONTACT THE CENTER AT (619) 527-3419

DAYS: TUESDAY & THURSDAY TIMES: 6:30 -

8:00 PM

AGES: 18 & UP

**F€€**: \$10/

MONTHLY

REGISTRATION CODES:

JUNE:122152

JULY:122153

AUGUST:122151

The City of Sin Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification and extractions and extractions of the constitution of



#### PARADISE HILLS RECREATION CENTER

### Little DUNKERS

#### **6610 POTOMAC ST SAN DIEGO 92139**

INSTRUCTED BY "COACH T," PARTICIPANTS WILL LEARN THE FUNDAMENTALS OF BASKETBALL INCLUDING DRIBBLING. SHOOTING. PASSING. ENDURANCE AND GOOD SPORTSMANSHIP. FOR MORE INFORMATION CALL (619) 527-3419

FEE: \$20/MONTH

DAY: TUESDAY & THURSDAY

TIME: 5:00-6:00PM

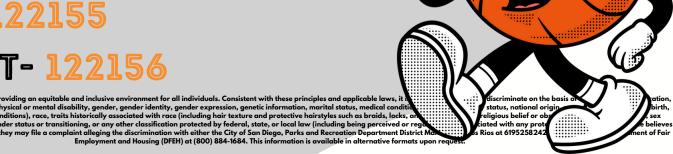
AGE: 5-7 YRS

#### REGISTRATION CODE:

JUNE - 122173 \*ONLY TUESDAYS\*

JULY -122155

**AUGUST- 122156** 







## BASKETBALL SKILLS

6610 Potomac St San Diego Ca 92139

Players will learn the fundamentals of basketball. Including dribbling, shooting, passing, endurance and good sportsmanship. For more information contact the center at (619) 527-3419

# Day: Tuesday & Thursday Fee: \$20/month

Ages: 8-10

Time: 6:00 -7:00pm

June-122157

July-122174

August- 122156

Ages: 11-14

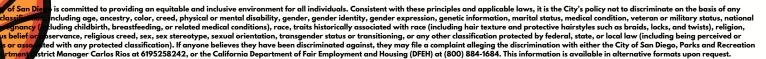
Time: 7:00 -8:00pm

June- 122175

July- 122159

**August-122158** 

\*June classes only on Tuesdays\*





### GIRLS

### SOFTBALL LEAGUE

@ PARADISE HILLS RECREATION CENTER

6610 POTOMAC ST. SAN DIEGO CA. 92139 CALL 619-527-3149 FOR MORE INFORMATION

OUR YOUTH SOFTBALL PROGRAM IS DESIGNED TO DEVELOP AND ENHANCE PLAYERS FUNDAMENTAL SKILLS ON BASE RUNNING, THROWING, PITCHING AND BATTING IN A FRIENDLY AND TEAM-ORIENTED ENVIRONMENT.

\*PRACTICE/GAMES CAN CHANGE AT ANYTIME\*

PRACTICES WILL BE HELD @ SKYLINE HILLS RECREATION CENTER
8285 SKYLINE DR. SAN DIEGO CA 92114

Ages: 9-15yrs
Days: Monday & Wednesday
Fee: \$35.00/ season

I2U 4:30-6:00pm Registration Code:122176 15U 6:00-7:30pm Registration Code:122177

The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the casis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical conditions, race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes the status of the contraction of the classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes the status of the contraction of the complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager at least or phone in the contraction of the cont



# SD SKATE LIFE PRESENTS SKATE BOARDING GLASS

@ CHARLES L. LEWIS SKATE PARK 6610 POTOMAC ST SAN DIEGO 92139

SD SKATELIFE SUMMER 2025 CAMPS ARE ALL ABOUT HAVING FUN! OUR SKATE CAMPS INCLUDE GROUP LESSONS, INDIVIDUAL INSTRUCTION, SKATEBOARDING GAMES AND ACTIVITIES, CONTESTS, GUEST PROFESSIONAL DEMOS, AND MUCH MORE! OPEN TO ANY AND ALL SKILL LEVELS! PARTICIPANTS MUST WEAR HELMET, ELBOW, AND KNEE PADS. LOANER SKATEBOARDS ARE AVAILABLE IF NEEDED CALL 619-527-3419 FOR MORE INFORMATION

TIME: 9AM-12PM

AGES: 6-13YRS

FEE: \$30.00

JUNE 2ND-6TH

CODE: 122927



