JULY 2025 OFFICE OF CHILD AND NOUTH SUCCESS A City Where Children and Youth Thrive

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The Office of Child & Youth Success will serve as a navigation and connection point for residents seeking supportive services and programming for youth ages 24 and below.

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VISION

Through trust, transparency, equity, and inclusion, the City of San Diego, Office of Child and Youth Success will coordinate a network of community stakeholders that will provide a shared framework to deliver high-impact solutions to challenging circumstances for young people empowering them to thrive in the community they serve.

MISSION

The Office of Child and Youth Success is dedicated to prioritizing San Diego's youngest community by providing access to resources, services and high-quality programs to improve social, health, and educational outcomes.

C R E A T O R S

Each of our monthly newsletters is created by the OCYS Interns: Amy Gianetto, Kwincy Lambert, and Tessa Garrison.

Stay In The Loop

The Office of Child and Youth Success newsletters are carefully crafted by the talented Employ & Empower Youth interns! Subscribe and follow us on Instagram to stay current on youth resources and more!

NEWSLETTER | CITY OF SAN DIEGO OFFICIAL WEBSITE



Office of Child and Youth Success

SURFRIDER FOUNDATION. SAN DIEGO COUNTY

The Surfrider Foundation's San Diego County volunteer network and Beach Cleanup Coordinator conduct beach cleanups throughout the county, from Imperial Beach to Oceanside.

Upcoming Cleanups

July 1–7th, 2025

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Clean Beaches Week is an entire week to celebrate our beautiful beaches and ensure they stay clean, safe, and lovely for generations to come. San Diego is a city full of stunning beaches! Help keep our beaches spotless by volunteering in beach cleanups!



LEARN MORE

San Diego Coast Keeper offers a variety of ways for you to lend a hand picking up trash and preventing marine debris from accumulating in our ocean.

- Community clean ups
- Take on the six cleanup challenge
- Host a sponsored beach cleanup
- Internship opportunities!!

Office of Child



Wave of the Future is a program that teaches high school and college students about various financial topics, like avoiding debt and using credit properly.









AFSA EDUCATION FOUNDATION Brightening Your Financial Horizon

A FREE online personal finance course for middle school, high school and college students.



Do Your Homework @ the Library Presents SUMMER ENRICHMENT PROGRAM @ LOGAN HEIGHTS

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July 1 — July 17

Monday - Thursday | 12 - 3 p.m. for students in grades 1st - 8th





Don't Stop Learning this Summer!

This summer we will be available to help students build on their math and reading skills to prevent the dreaded "Summer Slide"! Come practice your reading or math skills, enjoy our free

educational worksheets or learn new reading skills.



Scan the QR code to view hours and programming available at select SDPL branches.

Logan Heights Library

567 S 28th St .

(619) 533-3968

"Information and program content can be made available in alternative formats upon request. Please email RACooper@sandiego.gov"

Do Your Homework @ the Library Presents KINDERGARTEN READINESS PROGRAM @ LOGAN HEIGHTS

July 11 & 18 Friday 10:30a.m - 12:30 p.m.



The Kindergarten Readiness Program offers a variety of activities that focus on a child's academic development, learning readiness, social wellness and more! For children 4-5 years old

who are entering Kindergarten and their guardians.



Scan the QR code to view hours and programming available at select SDPL branches. Logan Heights Library

567 S 28th St.

(619) 533-3968



Public Library

Do Your 🕫 Homework the Library

SD

"Information and program content can be made available in alternative formats upon request. Please email RACooper@sandiego.gov"

SIGN UP FOR THE 2025 SUMMER

READING PROGRAM

Regístrate Para el Programa de Lectura de Verano 2025 For Readers of All Ages | Para lectores de todas las edades

June 1 - August 31 | 1 de junio - 31 de agosto

sandiego.gov/summerreading

Complete a combination of 10 books, hours, or activities to claim your prizes.

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Earn a badge each time you read a book, read for 1 hour or complete an activity. You can mix and match the type of badges as you see fit! Collect 10 badges and you'll receive a prize. Bonus: Log your books, reading hours or activities and you'll be entered into a grand prize raffle drawing.

Completa cualquier combinación de 10 actividades, horas leídas o libros leídos para conseguir tu premio.

Obtén una medalla cada vez que leas un libro, leas por una hora, o termines una actividad. ¡Puedes mezclar y combinar el tipo de medallas como mejor te convenga! Colecciona 10 medallas y recibirás un premio y la oportunidad de participar en la rifa del premio mayor.

Follow us on social media: Síguenos en las redes sociales:











B ACTIVISM OPORTUNITIES FOR YOUTH

Climate Activism Youth4Climate (San Diego 350 <u>Climate Action)</u> <u>Green New Deal San Diego</u> <u>Climate Action Campaign</u>



STAY ENGAGED!

San Diego Youth Services Youth Action Board

An opportunity for youth to give their input on ending homelessness in San Diego! <u>The Center Advocacy and</u> <u>Civic Engagement</u> - Read more about their ongoing advocacy efforts, related (but not limited) to LGBTQ+ issues.

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FACE: Fierce Advocacy and Civic Engagement - Learn how to get involved with the Center's FACE!



Our Time to Act (OTTA) - A youthfounded and led nonprofit working toward a better future for youth.

> How to get involved.

Check out the City of San Diego's <u>Youth</u> <u>Commission</u>, an advisory board to City Counsel.



<u>Mid City CAN</u> - A non-profit that does work to improve the lives of City Heights residents through advocacy, community organizing, and many different campaigns, including a youth council!

outh Centers

To develop into successful adults, our LGBTQ youth need a safe, welcoming, and affirming space where they can be themselves and access the resources they need. Est. in 2000, The Hillcrest Youth Center (HYC) was the first LGBTQ drop-in and recreational center in San Diego County. The South Bay Youth Center (SBYC) was est. in 2019 as a hub for youth families in Chula Vista. Both Youth Centers are dedicated to the needs of LGBTQ and nonbinary youth, as well as youth living with HIV. Both youth centers have a pantry, onsite therapists, expression closets, art supplies, books, media labs, musical instruments, video games, and more!

Community Days: A day where anyone ages 10-24 can come for resources. This is also when community members and partners can schedule tours.

Social Days: When Youth can build community with their peers.

Social Days Schedule:

Ages 10 - 13

- @ SBYC every Wednesday
- @ HYC every Tuesday
- Ages 14 18
 - @ SBYC every Tuesday
- @ HYC every Wednesday Ages 18 - 24
- **@ SBYC every Thursday** •
- @ HYC every Friday

Case Management Support:

- **Domestic Violence & Abuse**
- Homelessness
- **Discrimination & Hate Crimes**
- Youth Support & Crisis Services
- **Family Supportive services**

Referral Support:

- Mental Health Crisis
- Healthcare & Medical Needs
- Transgender Services

Game Night:

- **@ SBYC** every 3rd Thursday of the month, 4 pm - 7 pm **Book Club:**
- **@HYC** every 4th Monday of the month, 4 pm - 5:30 pm



Mental Health: Both youth centers have therapists from the BHS team on sight available to meet with clients, assist with crisis situations, and navigate ongoing mental health resources. No appointment is necessary.

- @ SBYC Tuesday & Thursday from 3 PM 6 PM
- **@ HYC** Tuesday & Friday from 3 PM 6 PM

Gender Identity Groups: A certified therapist facilitates these groups and provides ongoing support throughout the month. @ SBYC Every Tuesday from 4:30 PM - 5:30 PM

@HYC: Ages 10-13 Tuesdays from 5:30 PM - 6:30 PM Ages 14-18 Wednesdays from 5:30 PM - 6:30 PM



BBY

Families Program: A support network for families.

- Mi Familia **@ SBYC** 4th Monday of the month •
- Family Drop-In Hours: 2 pm 6 pm @ SBYC on Fridays 2 pm - 6pm @ HYC on Thursdays
- Pact @ **HYC** 1st Thursday of the month

HIV and Hep C Testing: HIV and Hep C testing, and education are offered once a month at both youth centers. Throughout the month, an HIV Counselor is available to provide education, referrals, and emergency connection to PrEP and PEP.

- **@ SBYC** 1st Thursday of the month, 4 pm 6:30 pm
- **@ HYC** 3rd Friday of the month, 4 pm 6 pm

Project Trans: Provides education and navigation to Hormone Replacement Therapy (If age appropriate), assistance with name and gender marker changes, and access to gender affirming care items.

- @ SBYC 1st Tuesday of the month, 3 pm 6 pm
- @ HYC 3rd Tuesday of the month, 3 pm 6 pm





Join a fun, engaging, and welcoming space with entertainment and activities for children 13 and under and their families.



SAT-SUN JULY 19-20, 2025 12:00PM - 5:00PM

BALBOA PARK

MARSTON POINT

Children must be accompanied by their parent or guardian.

For more information Families@thecentersd.org





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Join us for our support group for **Parents and Caregivers of Transgender/Nonbinary family members (PACT)**. This event is for families needing extra guidance and community to better support their transgender and nonbinary family members.



HILLCREST YOUTH CENTER 514 PENNSYLVANIA AVE, SAN DIEGO

5:00 PM



For more information, contact:

Estevan Ramirez (he/him) Families Program Coordinator





Walk the Block, Catch the Vibe

This summer, skip the pricey plans and build your own DIY Art Walk through San Diego's most creative neighborhoods. Check out bold murals, explore local galleries, hit up vinyl shops and gift stores, and vibe with the energy of real community spaces. It's fun, it's free(ish), and it's all around you.

Check out more ! San Diego Communities



Trails & Golden Hours

San Diego's sunsets hit different when you've earned the view or found the perfect spot to chill. Hike up Cowles Mountain for panoramic golden-hour vibes, roll out a blanket at Kate Sessions Park for breezy bay views, or post up at Centennial Park in Coronado to watch the skyline light up across the water. Want something more adventurous? Slide through the sandstone slot paths at Annie's Canyon Trail—a short, narrow hike that feels like a desert maze

by the coast.

Check out more !

Views and Sunsets



Step In, Explore More

Museums aren't just for field trips—they're for your summer too. Step into science labs, stroll through street art exhibits, explore local history, or vibe with global culture—all across San Diego. From Balboa Park Free Tuesdays to year-round free spots, there's always something new to discover (and it won't cost you much to find it).





+ + Under The Stars

Come check out this **FREE series of movie showings!** Most + movies are rated PG, with a handful rated G and PG-13. It's the perfect safe, after-dark, family-friendly activity, with locations + all across San Diego City so you can find one near you!

When and Where?

There are many different showings... find your local recreation center and dates that work for you <u>HERE</u>! Movies start 15 minutes after sunset.





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LGBTQIA+ Youth BOOK CLUB

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Join us each month at HYC to read and discuss a graphic novel written by an LGBTQIA+ author. Free books and snacks will be provided!

This club is recommended for ages 10-24.

Hillcrest Youth Center **MONDAY JULY 28TH** 4:30 pm - 6:00 pm

*If the 4th Monday falls on a holiday, we will meet on the 3rd Monday instead.



HYC@thecentersd.org



UPCOMING EVENTS

July 4th 9 - 10pm **Big Bay Boom**

The Port of San Diego Big Bay Boom July 4th Fireworks Show is back, promising another spectacular display over San Diego Bay. Fireworks will be discharged simultaneously from barges placed strategically around the Bay off Shelter Island, Harbor Island, Embarcadero North, Marina District and Coronado Ferry Landing. The impeccably choreographed display will last approximately 18 minutes.

July 19th & 20th 12pm - 9pm Pride Festival

#LOVEWINS! San Diego's biggest celebration of diversity and inclusion is calling your name! San Diego Pride returns to Balboa Park with community resources, queer-owned businesses, and multiple entertainment zones.

July 24th - July 27th

Comic Con

Comic-Con is the premier event for all things comics and related popular art, including movies, television, gaming, interactive multimedia, and so much more! Enjoy cosplay galore and take part in unique programming, exclusive previews, and presentations, not to mention the expansive and diverse Exhibit Hall featuring merchandise and displays representing all fandoms.

Monday, 9 - 10pm Parks After Dark

Parks After Dark is a free summer series that transforms neighborhood parks into lively hubs of activity, entertainment, and connection. From movie nights under the stars to live music, games, and community resources, there's something for everyone.





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JULY 19 & 20





