



**SAN DIEGO POLICE DEPARTMENT  
CRIME LABORATORY**



# **FORENSIC CHEMISTRY UNIT**

## **ALCOHOL TRAINING MANUAL**

Approved by: Janine Miller, Program Coordinator

November 24, 2021

# INTRODUCTION

A new analyst will complete the following training blocks, which can be completed in any order depending upon the training needs of the unit. The Supervisor or Technical Lead may assign trainers throughout the training period. A formerly trained, or experienced Alcohol Analyst may complete the training blocks in a more abbreviated form with approval of the Supervisor and the Quality Assurance Manager. Completion of each training sign off is at the discretion of the Supervisor and the Technical Lead. Additional training materials or programs can be assigned if necessary. At the end of training, a new analyst will be authorized to perform all areas of alcohol analysis and testimony.

Additional reading beyond the suggested reading list is at the discretion of the trainee and their trainer(s). It is recommended that during the training period, the trainee meet with qualified analysts on a regular basis to discuss the articles they are reading.

# BLOOD ALCOHOL

Date:      Trainer:      Trainee:

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## General Alcohol

Title 17

Applicable criminal and civil laws

Value and purpose of Forensic Alcohol Testing

Legal definition of Alcohol

Units

Date:      Trainer:      Trainee:

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## General Forensic Science Considerations

Evidence Handling

Preservation of Evidence

Interdisciplinary Issues

Human Factors

Confidentiality

Date:      Trainer:      Trainee:

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## General Safety

Safety Data Sheets (SDS)

Eyewash/Shower Locations

Bloodborne pathogens

First Aid Certification

Spill Kits

Date:      Trainer:      Trainee:

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## Sample Collection and Storage

Room 138

Types of samples

Collection guidelines

Improperly collected samples

FileOnQ

Vault

Seals

Discrepancies

Evidence storage in lab

Date:      Trainer:      Trainee:

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## Headspace GC/FID

Instrument and software

Henry's Law

Maintenance and logs

Date:      Trainer:      Trainee:

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## Calibration Procedures

Standards and certificates

Positive and negative controls  
Internal standard method  
Requirements for acceptability  
Calibration curve printout explanation

Date:      Trainer:      Trainee:

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### **Calibration Procedure Demonstration**

Date:      Trainer:      Trainee:

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### **Calibration Procedure Practice**

Full set of passing calibrators and controls

Date:      Trainer:      Trainee:

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### **Evidence Sampling Procedures**

Worksheets and notetaking  
Number of blood tubes out at any one time  
Labeling of evidence  
Homogenization  
Safe evidence handling  
Sampling  
Consumption of samples  
Requirements for acceptability  
Other substances

Date:      Trainer:      Trainee:

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### **Evidence Sampling Procedure Demonstration**

Date:      Trainer:      Trainee:

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### **Reporting**

Averages and rounding  
Database  
Official reports (driving and other)  
Case packet  
Technical review  
Administrative review  
Biotox

**Evidence Sampling Practice**

Set of blood samples will be run and must meet all acceptability requirement (calibrators and controls must also meet all acceptability requirements).

Blood sample values must fall within  $\pm 0.005\%$  for values under  $0.100\%$  and within  $5\%$  for values of  $0.100\%$  or higher, of reported values.

Date:            Trainer:            Trainee:

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One set of five blood samples as described above.

Date:            Trainer:            Trainee:

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One set of a minimum of 13 blood samples as described above.

Date:            Trainer:            Trainee:

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A minimum total of 25 blood samples, as described above, have been run

Date:            Trainer:            Trainee:

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**General Uncertainty of Measurement**

Current estimate

Factors

Date:            Trainer:            Trainee:

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**Individual Uncertainty of Measurement**

Completed runs as per current Alcohol Procedure Manual.

Date:            Trainer:            Trainee:

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**Quality Assurance**

Yearly maintenance

Quarterly checks

Expiration dates

QISs

Date:            Trainer:            Trainee:

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**Court Testimony and Presentation of Evidence**

Lab Policies and general court procedures

Service of Subpoena

SDLaw

Prop 115's

Criminal and Civil law procedures

Communication log

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### Observation of Court Testimony (blood)

Date:	Trainer:	Trainee:
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### Competency Samples (passing score = 100%)

Minimum of four blood samples

Date:	Trainer:	Trainee:
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### Written Exam (passing score = 80%)

Minimum of four blood samples

Date:	Trainer:	Trainee:
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### Moot Court

(May be omitted if analyst already has testimony experience)

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### Commencement of casework

Completion of training outline

Submission/Approval memo to QA manager

### Required Reading:

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Alcohol Manual

Date:	Trainee:
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Title 17

Garriott's Medicolegal Aspects of Alcohol

Date:	Trainee:
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Chapter: Blood, Serum, Urine

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Chapter: Methods of fluid analysis

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Chapter: Quality Assurance

Date:	Trainee:
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Chapter: Collection and storage of samples for alcohol analysis

Date:	Trainee:
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Shajani; The Stability of Ethanol in Stored Forensic Blood Samples, *Can. Soc. Forens. Sci. J. Vol. 22, No. 4* (1989)

Date:      Trainee:  

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Shan; A Study of Blood Alcohol Stability in Forensic Antemortem Blood Samples, *Forensic Science International* 211, (2011), 47-50

Date:      Trainee:  

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Winek; The Effect of Storage at Various Temperatures on Blood Alcohol Concentration, *Forensic Science International* 78, (1996), 179-185

Date:      Trainee:  

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Glover; The Effect of Heat on Blood Samples Containing Alcohol, *The DRE: City of Phoenix, Spring 2003, Vol. 15, Issue 2*

Date:      Trainee:  

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Chang; The Stability of Ethyl Alcohol in Forensic Blood Specimens, *Journal of Analytical Toxicology*, Vol. 8 March/April 1984

Date:      Trainee:  

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Winek; Effect of Short-Term Storage Conditions on Alcohol Concentrations in Blood from Living Human Subjects, *Clinical Chemistry*, Vol. 29, Issue 11, 1959-1960 (1983)

Date:      Trainee:  

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Jones; Blood Analysis by Headspace Gas Chromatography: Does a deficient sample volume distort ethanol concentration?, *Med. Sci. Law* (2003) Vol. 43, No. 3

Date:      Trainee:  

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Winek; Comparison of Plasma, Serum, and Whole Blood Ethanol Concentrations, *Journal of Analytical Toxicology*, Vol. 11, Nov/Dec 1987

Date:      Trainee:  

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Dubowski; Recent Developments in Alcohol Analysis, *Alcohol, Drugs, and Driving*, Vol. 2, Number 2 (1986)

Date:      Trainee:  

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Shajani; Blood Alcohol Analysis: Comparison of Whole Blood Analysis by Gas Chromatography with Serum Analysis by Enzymatic Method, *Can. Soc. Forens. Sci. J.* Vol. 22, No. 4 (1989)

Date:      Trainee:  

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Macchia; Ethanol in Biological Fluids: Headspace GC Measurement, *Journal of Analytical Toxicology*, Vol. 19, July/August (1995)

Date:      Trainee:  

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Barnhill; Comparison of Hospital Laboratory Serum Alcohol Level Obtained by an Enzymatic Method of Whole Blood Levels

Forensically Determined by Gas Chromatography, *Journal of Analytical Toxicology*, Vol. 31, January/February (2007)

Date:            Trainee:

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Blume; The Effect of Microbial Contamination of the Blood Sample on the Determination of Ethanol Levels in Serum, *American Journal of Clinical Pathologists*, Vol. 6, 700-702

Date:            Trainee:

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Chang; The Effect of Temperature on the Formation of Ethanol by *Candida Albicans* in Blood, *Journal of Forensic Sciences*, Vol. 34, No. 1, Jan 1989, 105-109

Date:            Trainee:

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Petkovic; Ethanol Concentration in Antemortem Blood Samples Under Controlled Conditions, *Alcohol & Alcoholism*, Vol. 43, No. 6, Pp 658-660, 2008

Date:            Trainee:

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Dubowski; Contamination of Blood Specimens for Alcohol Analysis During Collection, *Abstracts & Reviews in Alcohol & Driving*, Vol. 4, No. 2, April-June 1983

Date:            Trainee:

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Vance; Comparison of Immediate and Delayed Blood Alcohol Concentration Testing, *Can. Soc. Forens. Sci. J.* Vol. 22, No. 4 (1989)

Trainee: \_\_\_\_\_ Date: \_\_\_\_\_

Trainer: \_\_\_\_\_ Date: \_\_\_\_\_

QA Manager: \_\_\_\_\_ Date: \_\_\_\_\_



# BREATH ALCOHOL

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Completion of Intoxilyzer Operator Training Course

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Title 17

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Breath General

Purpose of Forensic Alcohol Testing

General process of absorption, distribution, and elimination

Theory of breath alcohol analysis

Breath testing methods

Types of instruments

NHTSA – Conforming products list

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Intoxilyzer Instruments

General Operation

Theory

Infrared source

Blood–breath ratio (g/2100L)

Sample collection requirements

Quality Assurance Program

GEBS

Simulators

Uncertainty of Measurement

Yearly quality assurance

Maintenance

Logs

Room 138

CMI, Inc.

COBRA

Data uploads/weekly checks

Reviewing data

Data printouts

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Practical Experience (six months)

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PAS

Purpose

Evidential v. screening device

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Observation of Criminalists in Court (Breath Case)

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Written Examination (minimum passing score of 80%)

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Practical Instrument Exam (passing score of 100%)

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Required Reading:

Breath Alcohol Instrument Operator Training Manual

Breath Alcohol Method Manual

Alcohol Policy Manual

Title 17

Garriott's Medicolegal Aspects of Alcohol, 5th ed

(or similar chapter in other editions)

Chapter 7: Methods for Breath Analysis

**Sterling**

**The Rate of Dissipation of Mouth Alcohol in Alcohol Positive Subjects**

*J Forensic Sci., May 2012, Vol. 57, No.3*

**Jones**

**Variability of the Blood/Breath Alcohol Ratio in Drinking Drivers**

*J Forensic Sci., 1996, 41(6):916-921*

**Moore**

**Putting the Ratio to Rest**

*IACT publication, May 1994*

**Gainsford**

**A Large-Scale Study of the Relationship Between Blood & Breath Alcohol Concentrations in New Zealand Drinking Drivers**

*J Forensic Sci., January 2006, Vol. 51, No. 1*

**Jaffe**

**Variability in the Blood/Breath Alcohol Ratio and Implications for Evidentiary Purposes**

*J Forensic Sci., September 2013, Vol. 58, No. 5*

**Simpson**

**Accuracy and Precision of Breath Alcohol Measurements for Subjects in the Absorptive State**

*Clin. Chem., 33/6, 753-756 (1987)*

**Gullberg**

**Statistical Evaluation of Truncated Breath-Alcohol Test Measurements**

*J Forensic Sci., JFSCA, Vol. 33, No. 2, March 1988, pp. 507-510*

**Jones**

**Physiological Aspects of Breath Alcohol Measurement**

*Alcohol, Drugs and Driving, Vol. 6, 1990, pp. 1-25*

**Hlastala**

**The Alcohol Breath Test - A Review**

*American Phys. Soc., 1998, pp.401-408*

**Dubowski**

**Quality Assurance in Breath-Alcohol Analysis**

*Journal of Analytical Toxicology, Vol. 18, October 1994*

**Hodgson**

**The Validity of Evidential Breath Alcohol Testing**

*Can. Soc. Forensic Sci. J. Vol. 41 No. 2 (2008)*

**Ignacio-Garcia**

**A Comparison of Standard Inhalers for Asthma with and without Alcohol  
as the Propellant on the Measurement of Alcohol in Breath**

*Journal of Aerosol Medicine, Vol. 18, Number 1 (2005)*

**Harding**

**The Effect of Dentures and Denture Adhesives on Mouth Alcohol Retention**

*Journal of Forensic Sciences, Vol. 37, No. 4, July 1992*

**Gullberg**

**Breath Alcohol Analysis in One Subject with Gastroesophageal Reflux Disease**

*Journal of Forensic Science, Vol. 46, No. 6 (2001)*

**Jones**

**Variability of the Blood/Breath Alcohol Ratio in Drinking Drivers**

*Journal of Forensic Science, Vol. 41, No. 6 (1996)*

Trainee: \_\_\_\_\_ Date: \_\_\_\_\_

Trainer: \_\_\_\_\_ Date: \_\_\_\_\_

QA Manager: \_\_\_\_\_ Date: \_\_\_\_\_

# IMPAIRMENT

Date:    Trainer:    Trainee:

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Ethanol

Alcohol beverages

Chemical information

Class of drug

Standard drink

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Distribution of Alcohol in the Body

Absorption

Peak Absorption

Full Absorption

Factors of Absorption

Venous/Arterial Distribution

Elimination

Blood/Breath Comparison

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Widmark Formula

Origins    and updates

Calculation of rise per standard drink

Rho Factor - Male v. Female

Retrograde Extrapolation

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Effects of Alcohol

Impairment

Mental Impairment

Physical Impairment

Standard Field Sobriety Tests

Use by Officers  
NHTSA validation studies  
Challenges

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Alcohol & Driving

How does alcohol affect a person's ability to drive safely?

At what point are all person impaired for the purposes of driving?

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Complete Correlation Study (min. of 4 drinking subjects)

Create a proposal, coordinate all aspects of the study, perform calculations, and conclude with a written summary of the data.

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Observe FSTs in the field at a checkpoint or saturation patrol

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Opinion Practical (Passing Score of 80%)

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Impairment Examination (Passing Score of 100%)

**COURT TESTIMONY**

**Date:    Trainer:    Trainee:**

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Alcohol Expert's Role

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Monthly rotation and expectations

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Opinion Practice

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Challenges to breath testing

Instrument

Software

Underlying principles

Ratios

Other interferants

Mouth alcohol

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Observation of Criminalists in Court

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Court decisions regarding chemical tests

Bullcoming v. New Mexico (2011)

California v. Lopez (2009)

California v. Trombetta (1984)

McNeal v California (2009)

Melendez-Diaz v. Massachusetts (2009)

Missouri v. McNeely (2013)

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**Discovery**

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**Moot Court**

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**Forensic Alcohol Analyst Designation**

**Required Reading:**

**Jones**

**Forensic Science Aspects of Ethanol Metabolism**

*Forensic Science Progress* 5, 1991, pp. 33-89

**Winek, Wahba, Dowdell, Friel, Logan, Baur**

**Determination of Absorption time of Ethanol in Social Drinkers**

*Forensic Science International*, Vol. 77, 1996, pp. 169-177

**Jones et al**

**Peak Blood–Ethanol Concentration and the Time of its Occurrence after Rapid Drinking on an Empty Stomach**

*Journal of Forensic Science*, Vol. 36, No. 2, 1982, pp. 376–385

**Friel et al.**

**An Evaluation of the Reliability of Widmark Calculations Based on Breath Alcohol Measurements**

*Journal of Forensic Science*, Vol. 40, No. 1, January 1995, pp. 91–94

**Gullberg**

**Comparing Roadside with Subsequent Breath Alcohol Analyses and Their Relevance to the Issue of Retrograde Extrapolation**

*Forensic Science International*, Vol. 57, 1992, pp. 193–201

**Rodney G. Gullberg**

**Variation in Blood Alcohol Concentration Following the Last Drink**

*Journal of Police Science and Admin.*, Vol. 10, No. 1, 1982, pp. 289–296

**Jones, Neri**

**Evaluation of Blood–Ethanol Profiles after Consumption of Alcohol Together with a Large Meal**

*Canadian J. of Forensic Sciences*, Vol. 24, No. 3, Sept. 1991, pp. 165–173

**Moskowitz, Burns,  
Williams**

**Skills Performance at Low Blood Alcohol Levels**

*Journal of Studies on Alcohol*, Vol. 46, No. 6, 1985, pp. 482–485

**DOT/NHTSA (Stuster and Burns)**

**Validation of the Standardized Field Sobriety Test Battery at BAC's <0.10%**



*DOT-HS-808-839, August 1998*

**DOT/NHTSA (Tharp, Burns, and Moskowitz)**

**Development and Field Test of Psychophysical Tests for DWI Arrest**

*DOT-HS-805-864*

**DOT/NHTSA**

**A Review of the Literature on the Effects of Low Doses of Alcohol on  
Driving-Related Skills**

*DOT-HS-809-028, April 2000*

**DOT/NHTSA**

**Driver Characteristics and Impairment at Various BAC's**

*DOT-HS-809-075, August 2000*

**Jones et al.**

**The Course of the Blood-Alcohol Curve after Consumption of Large  
Amounts of Alcohol under Realistic Conditions**

*Canadian Society of Forensic Sciences Journal, No. 3, 2006, pp. 125-140*

**Seidl et al**

**The Calculation of Blood Ethanol Concentrations in Males and Females**

*Internal Journal of Legal Medicine, 2000 (114): 71-77*

**Breen et al.**

**The Effect of a "One for the Road" drink of hard liquor, beer, or wine on  
peak breath alcohol concentration in a social drinking environment with  
food consumption.**

*Med Sci Law 1998 38(1):62-69*

**P.Zador**

**Alcohol-Related Relative Risk of Fatal Driver Injuries in Relation to Driver Age and Sex**

*Journal of Studies on Alcohol and Drugs*, 1991, 52(4):302-310

**Jackson et al.**

**The Contribution of Alcohol on Serious Car Crash Injuries**

*Epidemiology* 15(3):337-344. 2004

**Keall**

**The contribution of alcohol to night time crash risk and other risks**

**of night driving**

*Accident Analysis and Prevention*, 37 (2005) 816-824

**Marple-Horvat et al.**

**Alcohol Badly Affects Eye Movements Linked to Steering, Providing for Automatic In-Car Detection of Drink Driving.**

*Neuropsychology* 33:849-858. 2008

**Jones**

**Concentration-Time Profiles of Ethanol in Arterial and Venous Blood and End-Expired Breath During and After Intravenous Infusion**

*Journal of Forensic Science*, Vol. 42, No. 6 (1997)

**Phillips**

**The Relationship between Serious Injury and Blood Alcohol Concentration (BAC) in Fatal Motor Vehicle Accidents: BAC = 0.01% is Associated with Significantly More Dangerous Accidents than BAC = 0.00%**

*Addiction*, Vol. 106, Issue 9 (2011)

**SCRI/DOT/NHTSA**

**The Robustness of the Horizontal Gaze Nystagmus Test, 2007**

**Maskell**

**Evidence based survey of the distribution volume of ethanol: Comparison empirically determined values with anthropometric measures**

*Forensic Science International, Vol. 294, (2019) pp.124-131*

**Barbour**

**Simplified estimation of Widmark 'r' values by the method of Forrest**

*Science & Justice, Vol. 41, No. 1: 53-54 (2001)*

**Moskowitz**

**Acute tolerance to behavioral impairment by alcohol in moderate to heavy drinkers**

**NHTSA, Final Report, April 1974**

**Haubenreisser**

**Tolerance development in humans with task practice on different limbs of the blood-alcohol curve**

*Psychopharmacology (1983) 81:350-353*

**Moskowitz**

**The Mellanby Effect in Moderate and Heavy Drinkers**

*NHTSA, NIAAA report, p. 184-189*

**Nicholson**

**Variability in Behavioral Impairment Involved in the Rising and Falling BAC Curve**

*Journal of Studies on Alcohol, Vol. 53, No. 4, 1992*

**Maskell P., Jones A.W., et al**

**Evidence based survey of the distribution volume of ethanol: Comparison  
Of empirically determined values with anthropometric measures**

*Forensic Science International, 294 (2019) 124-131*

Trainee: \_\_\_\_\_ Date: \_\_\_\_\_

Trainer: \_\_\_\_\_ Date: \_\_\_\_\_

QA Manager: \_\_\_\_\_ Date: \_\_\_\_\_