

CITY OF SAN DIEGO COMMISSION ON THE STATUS OF WOMEN

Inaugural Women's Tea

**FREE
EVENT!**

Join us for our very first empowering seminar
on: *Ways to Cope with Women's Mental Health*

RSVP: bit.ly/SDCSWTEA

Childcare will be provided at no cost

RSVP BY: JULY 28, 2025
REGISTRATION REQUIRED
LIMITED CAPACITY

WHAT WE WILL DISCUSS:

- Guide to cultivating inner strength to overcome obstacles.
- Tips for juggling career, family, and personal well-being.

AUG 9
10 AM - 12 PM

**LOCATION WILL
BE PROVIDED
UPON RSVP**

GUEST SPEAKERS



**DR. CA-LIE CHENG-
WANG, PSY.D.**

*Licensed Clinical and
Forensic
Psychologist*



**PETER LOPEZ-
PEREZ, LMFT,
CPTM**

*Licensed Marriage
and Family Therapist*



**DR. LUCIA CHENG,
MD**

*Board-Certified Adult &
Reproductive
Psychiatrist | Lifestyle
Medicine Physician*

**THANK YOU TO OUR
PARTNERS:**

