



# Commission on the Status of Women

## Agenda

**SEPTEMBER 12, 2025**

**Hybrid Meeting. 12:00 PM – 1:30 PM**

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Meeting ID: 291 250 502 091

Passcode: DQCTmR

### **Location:**

9005 Aero Dr,

San Diego, CA, 92123

Serra-Mesa/Kearny Mesa Branch Library,

Sudbury Room

**Chair:** Gail Friedt | **Vice Chair:** Wendy Urushima-Conn

**Commissioners:** Lakeya Cherry, Marlyn Carrillo, Natasha Wong, Sophie Tarazi, Susan Davis, Sorayda Santos, Carla Nesbitt-Stokes, Brandee Joyner

**City Staff Liaison:** Fatima Maciel

### **Call to Order**

#### **I. Roll Call**

**a.** Present:

**b.** Absent:

#### **II. Approval of the Minutes**

**a.** August 9, 2025 Special Board Meeting

#### **III. Consideration of Agenda**

**a.** Motion to receive September 12, 2025 Monthly Meeting agenda.

#### **IV. Non-Agenda Public Comment**

## V. Agenda Public Comment

## VI. Informational Items –

### a. Introduction of new Commissioners

### b. Review of July 29, 2025 with Chief Wahl and staff

- i. [SDPD clears Sexual Assault Evidence Kit backlog, now testing faster than ever](#)

### c. Review of August 9, 2025 First Inaugural Women's Tea

i.

**ACKNOWLEDGMENTS**

This event would not be possible without the support of our incredible partners from across the city and County of San Diego—community leaders, mental health professionals, nonprofit advocates, and grassroots organizers who, in their powerful ways, work every day to serve and uplift the women of our region. We would also like to thank Chinese Bilingual Preschool for generously hosting the venue and providing childcare.

We are also honored to welcome Supervisor Monica Montgomery Stepp and Councilmember Marri von Wilpert to today's event. Your presence and advocacy reflect a shared commitment to advancing the mental, emotional, and social well-being of women in our city. A special thank you to our moderator, Wendy Unshinga-Corn, Vice Chair of the City of San Diego Commission on the Status of Women, for guiding today's discussion with care, insight, and compassion.

The Commission on the Status of Women serves as an advisory board to the Mayor, City Council, and City agencies—working to identify the needs of women, highlight systemic inequities, and recommend policies and programs that support equity in all aspects of women's lives.

*To each of you who continues to advocate for dignity, healing, and opportunity for women. Thank you.*

**THANK YOU TO OUR PARTNERS**

**WELCOME**

The City of San Diego Commission on the Status of Women proudly welcomes you to our inaugural Women's Tea—a space for honest, healing, and empowering conversations on women's mental health.

From postpartum challenges to family stress and societal pressures, women face unique emotional demands. Today, we gather to share stories, explore coping strategies, and acquire tools to nurture our mental well-being, guided by leading mental health professionals.

This event reflects the Commission's mission to advise city leadership on the needs of women and to promote programs that address social, economic, and vocational equity in San Diego.

**PROGRAM AGENDA**

10:15 AM – 10:30 AM  
**Welcome Remarks**

10:30 AM – 11:00 AM  
**Panelist Introductions**

11:00 AM – 11:30 AM  
**Mental Health Presentation**

11:30 AM – 12:00 PM  
**Audience Q&A**

12:00 PM – 12:30 PM  
**Community Time**  
Explore Resource Tables & Mingle

**MEET OUR PANELISTS**

**Dr. Ca-Lie Cheng-Wang, Psy.D.**

Dr. Cheng Wang is a bilingual licensed clinical and forensic psychologist who provides therapy and evaluations for adolescents and adults facing trauma, addiction, and mood disorders. With experience across forensic, hospital, and academic settings, she focuses on building culturally informed coping strategies. She holds a doctorate from Alliant International University and completed a fellowship at the San Diego Psychanalytic Center.

**Dr. Lucia Cheng, MD**

Dr. Cheng is a board-certified psychiatrist specializing in reproductive mental health, lifestyle medicine, and integrative psychiatry. She is the founder of Phoenix Progressive Psychiatric Services and supports women during pre-conception, pregnancy, and postpartum stages. She is active in national organizations and also advocates for mental health within digital and gaming communities.

**Peter Lopez-Perez, LMFT, CPTM**

Peter is a licensed marriage and family therapist whose private practice centers on empowering Latina professionals. He supports clients in overcoming impostor syndrome, challenging patriarchal systems, and building confidence. A trauma-informed practitioner, Peter blends clinical expertise with cultural insight to support leadership and resilience.

### d. Committee and Liaison Updates

## VII. Action Items –

### a. Subcommittees – addition of new Commissioners

- i. Policy & Advocacy:** Works to identify, research, and advocate for policies that promote equity and improve the status of women and girls in the community. This group monitors local, state, and national legislation and partners with officials and organizations to support relevant policy initiatives.

- 1. Members: Sophie & Gail**

- ii. Community Outreach:** Focuses on building relationships with the community through partnerships, events, and ongoing engagement. This subcommittee ensures that diverse voices are heard and included in the commission's work, especially those from underrepresented or marginalized groups.

- 1. Members: Susan**

- iii. Events & Programming:** Plans and coordinates public events, workshops, and campaigns that educate and empower women and girls. This team ensures events align with the commission's mission and support community involvement, awareness, and celebration.

- 1. Members: Wendy, Marlyn, Natash**

- iv. Discussion and vote on When2Meet Poll results for monthly meeting.**

- 1. Consideration to change the monthly meeting date/time (poll results below) or keep the current 2<sup>nd</sup> Friday of the month date/time.
  - 2. If new date/time selected, start date will be January 2026.

- v. Discussion and vote to change the October 10, 2025 meeting (Holiday) to October 24<sup>th</sup>.**

- vi. Discussion and vote to adjourn the December 12, 2025 meeting.**

## When2Meet Poll Results

- ❑ #1 - Monday 4-5 PM – 7/10 available
- ❑ #2 - Wed 4-5 PM – 6/10 available
- ❑ Tied for 3<sup>rd</sup> – 5/10 available
  - Tuesday 4-5
  - Wednesday 9-10:00 (10:30) AM
  - Friday 1:30-2:30 PM –



### VIII. Discussion Items

- a. Next Steps: Survey on Women's Disparities in the Workforce
- b. Strategic Planning for 2026

**Meeting adjourned at:**

### REQUESTS FOR ACCESSIBILITY MODIFICATIONS OR ACCOMMODATIONS

This information will be made available in alternative formats upon request, as required by the Americans with Disabilities Act (ADA), by contacting Fatima Maciel at [Famaciel@sandiego.gov](mailto:Famaciel@sandiego.gov) or 619-218-7083. Requests for disability-related modifications or accommodations required to facilitate meeting participation, including requests for alternatives to observing meetings and offering public comment as noted above, may be made by contacting Fatima Maciel at 619-218-7083 or at [Famaciel@sandiego.gov](mailto:Famaciel@sandiego.gov). Requests for disability-related modifications or accommodations required to facilitate meeting participation, including requests for auxiliary aids, services or interpreters, require different lead times, ranging from five business days to two weeks. Please keep this in mind and provide as much advance notice as possible in order to ensure availability. The City is committed to resolving accessibility requests swiftly in order to maximize accessibility.