

CERT San Diego

Introduction to CERT San Diego

Presenter: Carie Chouinard, CERT SD Program Manager



- CERT SD's mission
- CERT's origins
- CERT SD's history
- Training types (Academies & Workshops)
- CERT SD's role during January 2024 rainstorms

CERT San Diego's Mission



Do the most good for the most people

CERT's Origins



1985-LAFD starts research into organized neighborhood volunteers

1986-LAFD piloted first training, focused on earthquake response
-Other departments adopted and modified (Florida)

1994-FEMA expanded training to "All-Hazards" and made the training available to communities nationwide

CERT San Diego's History



2003 Cedar Fires

2004 Chief Bowman began CERT SD

5 Chiefs since (Jarman, Mainar, Fennessey, Stowell & Logan)

CERT San Diego's History



Activations:

- 2007 Witch Creek and Guejito Fires
- 2019-2020 COVID-19 Pandemic
- 2020 Red Cross/ SD County CERT at Temporary Evacuation Points (Valley Fire)
- 2022 Border Fire
- 2024 January Flood Response and Recovery

Recent CERT San Diego Activations



CERT San Diego and Resiliency



- How we deliver training
- What we train
- How it builds community resilience



Est. 1828

Dictionary

Thesaurus

resilience



Games

Word of the Day

Grammar

Word Find

Dictionary

Definition

Did you know?

Example Sentences

Word History

Entries Near

Podcast

resilience noun

re-sil-i-ence (ri-'zil-yən(t)s ◀▶)[Synonyms of resilience >](#)

- 1 : the capability of a strained body to recover its size and shape after [deformation](#) caused especially by compressive stress
- 2 : an ability to recover from or adjust easily to [misfortune](#) or change



CERT Academies, Trainings & Workshops

Academies: Available on weekends for up to 6 hours each session. Classes a combination of powerpoints and hands-on skills. Manual online or hard copy. We can provide accommodations. Open to the public, must register online.

Trainings: Continuing Educations/Drills/Refreshers available to existing CERT SD members. 3-5 hours on weeknights and during the day on weekends. Closed to the public.

Workshops: Skills, preparedness topics, or lectures held at locations around the city. Open to the public 12 and older. One to six hours depending on topic. No registration required. Groups can pick the topic. Can deliver regularly scheduled training.



Academies: In-Person or Hybrid

CERT Basic Academies train citizens from a standardized curriculum produced by FEMA. They take 24 to 32 hours to complete and include classroom and hands-on skills learning

Unit 1: Disaster Preparation

Unit 2: CERT Organization

Unit 3: Disaster Medical Ops (I)

Unit 4: Disaster Medical Ops (II)

Unit 5: Disaster Psychology

Unit 6: Fire Safety & Utility Controls

Unit 7: Light Search & Rescue

Unit 8: Terrorism & CERT

Live-Action Final Drill



Continuing Education/Drills/Refreshers

- *After graduation, next is becoming active
- *Usually 2 hours on weeknights or weekends
- *Open to CERT New Grads or Active Members
- *Builds on topics discussed in Academy
- *Slower pace
- *Offered around the city throughout the year



Continuing Education/Drills/Refreshers

Con Ed: MobEx with USAR



Con Ed: Safe Lifting



Refresher: Head to Toe Demo



Refresher: Medical Treatment



Refresher: Cribbing



Topics

- Five Steps to Preparedness
- Build a Go Bag
- Build a Shelter In Place Kit
- Create a Family Plan
- Disaster First Aid
- Disaster Safety at HOME/WORK/SCHOOL
- Build a Communications Plan
- What to Take When Asked to Evacuate
- Stop the Bleed (non-certificate)
- Disaster Communications (person-to-person)
- <https://www.listoscalifornia.org/> (for more ideas and topics)



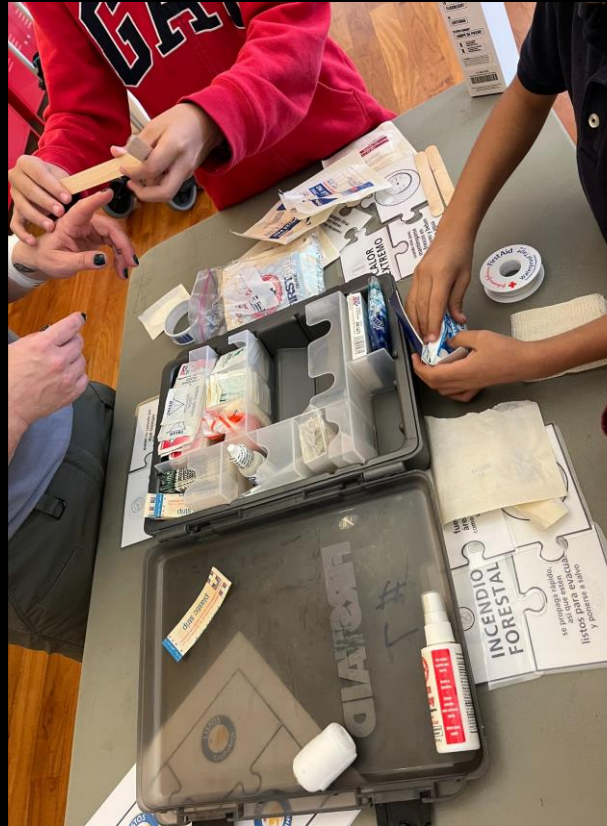
Community Outreach: Library



Community Outreach: Library

Workshops

Community Outreach: Library



Community Outreach: Seniors



Community Outreach: National Night Out

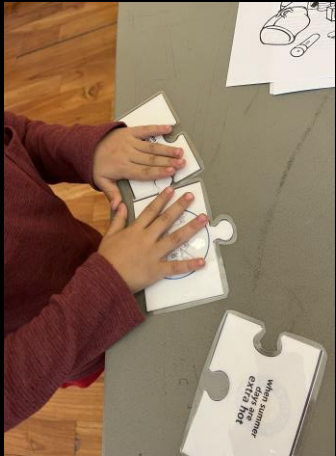
Meeting San Diegans Where They Are

Roadblocks:

- Time
- Location
- Language
- Advertising

Solutions:

- Single Topics
- Libraries/Rec Centers
- Bilingual Instructors
- Partnering



Join Our Next Academy



Set Up a Workshop

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