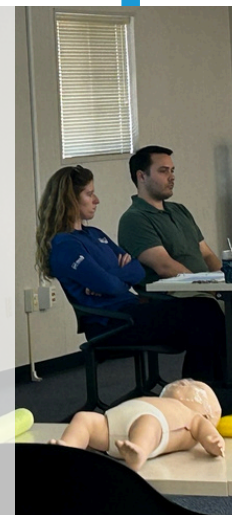


PARKS AND RECREATION PARK POST



September 2025

Parks and Recreation

PARKS AND RECREATION TRAINING

CPR and First Aid



TABLE OF CONTENTS

Training Office	2
Citywide Recreation Services	6
San Diego Parks Foundation	9
Asset Management	13
Park Ranger Division	15
Safety and Training	16
Administration	17
Personnel	19
Around the Department	21

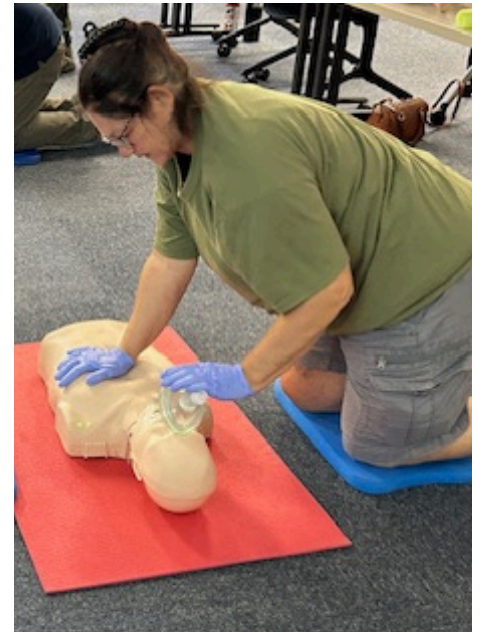
To ensure the safety of all visitors, Parks and Recreation employees receive biannual recertification in First Aid, CPR, and AED usage every spring and fall. This training equips them with the necessary skills to provide lifesaving care in life-threatening emergencies

“Precaution is better than cure.”
-Sir Edward Coke, Lawyer

PARKS AND RECREATION TRAINING

Continued

CPR and First Aid



Songs you can do CPR to:

Stayin' Alive - Bee Gees
I Will Survive - Gloria Gaynor
Dancing Queen - ABBA
Crazy In Love - Beyonce
Golden - KPop Demon Hunters
Baby Shark - Pinkfong
The Imperial March - Star Wars

CPR and First Aid



*“Tell me and I forget, teach me and I may remember,
involve me and I learn.”*

-Benjamin Franklin, US Founding Father

PARKS AND RECREATION TRAINING

Continued

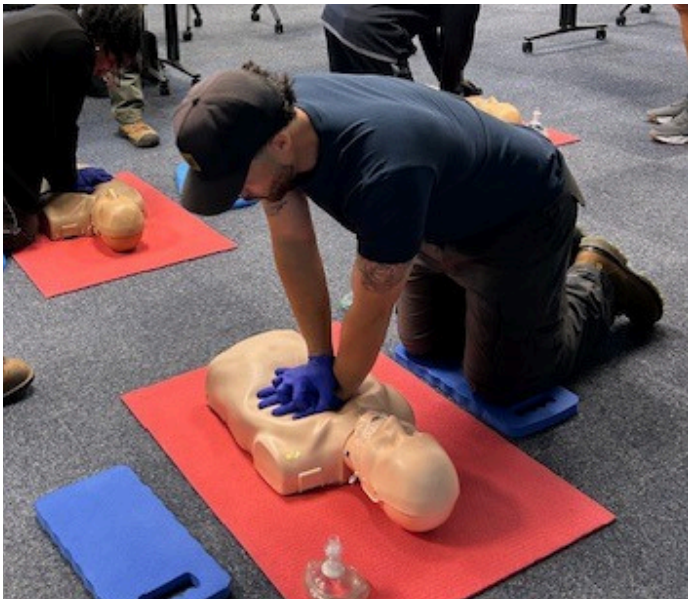
CPR and First Aid



For each minute CPR is delayed, a person's chance of survival decreases by 7-10%



AED stands for Automated External Defibrillator



"The safety of the people shall be the highest law."

-Marcus Tullius Cicero, Philosopher

CITYWIDE RECREATION SERVICES

End of Summer Employee Appreciation Lunch



Your Input is Wanted for the Community Recreation Needs Assessment!

We want to hear from stakeholders, community members, and community-based organizations. The feedback we receive will help shape the programs offered by the Parks and Recreation Department.

Scan to Take Survey

Scan the QR code to take the Community Recreation Needs Assessment Survey and provide us your feedback.

Survey deadline Saturday, Feb 28, 2026



Survey Link:
sandiego.gov/parksurvey

Stay Connected

To receive ongoing email notifications from the Parks and Recreation Department scan the QR Code.



Email Sign-Up:
sandiego.gov/pr-signup

For more information, contact Keen Independent Research at sdparksneeds@keenindependent.com or 602-767-7067.



¡Queremos su opinión para la evaluación de las necesidades de recreación de la comunidad!

Queremos escuchar a las partes interesadas, a los miembros de la comunidad y a las organizaciones comunitarias. Los comentarios que recibamos ayudarán a dar forma a los programas que ofrece el Departamento de Parques y Recreación.

Escanee para realizar la encuesta

Escanee el código QR para realizar la Encuesta de evaluación de necesidades de recreación comunitaria y brindarnos sus comentarios.

Fecha límite de la encuesta:
sábado 28 de febrero de 2026



Enlace de la encuesta:
sandiego.gov/parksurvey

Manténgase conectado

Para recibir notificaciones periódicas por correo electrónico del Departamento de Parques y Recreación
Escanee el código QR.



Suscripción por correo electrónico
sandiego.gov/pr-signup

Para obtener más información, comuníquese con Keen Independent Research en sdparksneeds@keenindependent.com o al 602-767-7067.



SAN DIEGO PARKS FOUNDATION

Park Ambassadors Fall 2025



The latest cohort of the Park Ambassadors program kicked off on September 17, 2025, with 24 new members at the Martin L. King Recreation Center. This nine-week course is designed to equip ambassadors with the skills needed to support recreational activities in San Diego. The curriculum offers a wide range of training, from essential CPR and First Aid certification to professional development such as resume and interview coaching. Additionally, participants receive training for special events and learn how to develop their own recreational programs during weekly sessions.

Haunted Trails 2025



In partnership with Greg DeFatta, the City of San Diego, the San Diego Parks Foundation, and 627 teens experienced the Haunted Trails on the night of September 25th. Organized as a major special event by the Park Ambassadors, this evening served as a dress rehearsal for the Haunted Trails actors. Teens from 25 recreation centers and youth groups had the unique opportunity to walk through the trails free of charge—enjoying a thrilling and spooky experience designed just for them.



Fishing 2025



A collaborative field trip, provided by the San Diego Parks Foundation, the City of San Diego Parks and Recreation Department, and the City Rangers, offered 50 participants a unique educational experience. This hands-on deep-sea fishing educational experience taught them about the California coastline, marine life, and local boating regulations



Ongoing Projects

Colina Del Sol

Work has begun at Colina Recreation Center on the outdoor courts, starting with the complete removal of the existing asphalt. Fresh asphalt has been laid, and once it has fully cured, the entire surface will be striped. A local artist will then transform the court with a vibrant mural, made possible through the support of San Diego Football Club.



Southcrest

Work continues at Southcrest Recreation Center to reestablish a new outdoor basketball court, standards and lighting.



<https://www.sandiegoparksfoundation.org/>

"We are what we repeatedly do. Excellence, therefore, is not an act but a habit."

-Aristotle, Philosopher

ASSET MANAGEMENT

Design Week Award for East Village Green



The landscape architecture firm, The Office of James Burnett (OJB), was honored to receive a Design Week award for East Village Green, a new City Park and Recreation Center to be completed in the East Village of downtown. Encompassing a full 60,000-square-foot site and two adjacent parcels, the project integrates a wide range of community amenities, including a two-story, 14,200-square-foot community center, a central lawn, a children's playground with an interactive water feature, and dedicated off-leash dog parks. Thoughtful public spaces such as a game and reading area, public restrooms with an attendant booth, and a landmark public art installation foster a welcoming and inclusive environment. Pedestrian enhancements along 14th Street were carefully planned to support community gatherings and events, while new streetscape improvements and a two-level, 185-space underground parking garage ensure accessibility and long-term functionality. The relocation and preservation of two historic structures further celebrate the neighborhood's heritage while uniting the past with a vibrant new vision. This award highlights the project's success in blending design excellence, cultural preservation, and community engagement into a cohesive, forward-looking urban landscape.



ASSET MANAGEMENT

Continued

Renderings for East Village Green



Children's Play Area



Dog Park



Game Area



Recreation Center view from Park



Interior Gymnasium



Overview from 13th and F Streets

"In the middle of difficulty lies opportunity."
-Albert Einstein, Theoretical Physicist

PARK RANGER DIVISION

Volunteer Service Project at Presidio Park



On Saturday, August 30th, Ranger Connors welcomed 39 volunteers for a productive day of service. The group nearly filled a 40-yard dumpster with green waste. Troop 21 took on the Witches Tower, thoroughly cleaning, washing, and painting it. Meanwhile, other volunteers, including some elders, painted the Marston Wall until the paint ran out. In addition, the team collected 72 pounds of trash and recyclables. Thanks everyone for your service at Presidio Park.

-Submitted by Kyle A. Connors, Park Ranger



SAFETY AND TRAINING

Safety Tip: Emergency Preparedness

Did you know that having a plan in place can save lives during an emergency? Here are three quick tips to be prepared:



- Know the Evacuation Plan: Familiarize yourself with emergency exits and rally points.
- Create an Emergency Kit: Keep essential supplies like water, a flashlight, and a first-aid kit handy.
- Practice Drills: Participate in workplace emergency drills to stay ready.

By preparing in advance, we can respond effectively to emergencies!

*“At the end of the day, the goals are simple:
safety and security.”*

-Jodi Rell, 87th Governor of CT

Upcoming Trainings

October Training Schedule

Due Date Name

9/30/25 – Wildfire Smoke Tailgate Due
10/15/25 – Quarterly Supervisor Meeting
10/15/25 – Open Space Annual Pesticide Applicator Training
10/21/25 – Chainsaw Training
10/22/25 – Chainsaw Training
10/23/25 – Chainsaw Training

Pre-register for all trainings in Success Factors.

**Training Office
is located at
9485 Aero Drive**

Office Hours:

The Aero Drive training office is available for employees to complete SuccessFactors trainings on Mondays from 9 AM to 12 PM.

Employees must receive permission from their supervisor in advance and inform the training office by e-mailing @SDPR Safety and Training.

*The Chromebooks in the training office will not allow employees to complete their timecards. Please plan accordingly.

ADMINISTRATION

Payroll Reminders

Please take a moment to review who your current payroll specialist is, as there has been a minor change in assignments.

If you receive a DL Department Award and would like it included in your file for recognition, please email a copy to your payroll specialist.

Payroll Specialist	Division
Lakisha Alomar MS 32	Community Parks I
Adriana Arias MS 36M	Administrative Services
	CRS - Mgmt/Recreation Programming
	Golf Operations
Rochelle San Nicolas MS 804 C	Community Parks II - Administration
	Community Parks II - Aquatics
Salina Villegas MS 5D	Community Parks II - Recreation Centers
	Community Parks II - Mount Hope
Tatiana Willis MS 5D	Mission Bay/Shoreline Parks
	Open Space/MADs
	Park Rangers
Rea'jah Wright MS 5D	Balboa Park
	Citywide Maintenance Services
	CRS - Dance
	CRS - Therapeutic Services/AWS

Supervisors: please email a copy of completed Employee Performance Evaluations to your payroll specialist, as payroll no longer receives these from SAP.



Helpful P&R Links

[CityNet](#)

[Personnel](#)

[Inside SD](#)

[Get-It-Done](#)

City Job Links

[Open Jobs](#)

[Transfer Opportunities](#)

[Promotional Jobs
for City Employees Only](#)

Volunteer and Intern Office Updates



Department Picture Contest

Congratulations to the Picture Contest's August winner, **Tiffany Swiderski**, Senior Park Ranger, Open Space Division.

Paid Intern Resources

Use [this link](#) to learn more about the new paid intern hiring process.
Use [this link](#) to access the Intern Supervisor Step-By-Step Guide.

For more information on **Unpaid Internships, Volunteer Fingerprinting, Park Post submissions, CalFresh Volunteer Program, and Volunteer Maintenance Support** please email SDVolunteer@sandiego.gov.

September 2025 Contest Winner

Tiffany Swiderski
Open Space

Discretionary Time
awarded to winner.

NEW Department Picture contest

Capture the essence of Parks and Recreation.

Submit to SDVolunteer@sandiego.gov.

Title submission: "Picture Contest"

Include full name, date, and division.

Due by 15th of each month.

Volunteer Links

[City Internship Program](#)

[Better Impact](#)

[Volunteer Page](#)

Open Enrollment Begins October 23 through November 19, 2025

Letter from the Risk Management Department to all City of San Diego Employees

To all City employees,

Mark your calendars! We are excited to announce that the Open Enrollment period for calendar year 2026 health coverage, Jan. 1 to Dec. 31, 2026, begins Thursday, Oct. 23, and ends Wednesday, Nov. 19, 2025.

What to Expect

As we approach the Open Enrollment period, you will receive details about your benefit options for the 2026 plan premiums.

In-person Benefit Fairs

There will be several in-person benefit fairs at City locations. You can speak directly with vendors and get all your questions answered. Dates, times and locations will be provided soon.

Virtual Education Sessions

The Benefits Office will host several virtual drop-in sessions during the Open Enrollment period. You will receive dates and times for the virtual sessions in future updates.

If You Miss the Open Enrollment Deadline

Your current health plan will carry over into 2026. Flexible spending accounts (FSA) do not roll over. You must make a new election if you wish to establish an FSA for 2026.

Do You Need to Act Now?

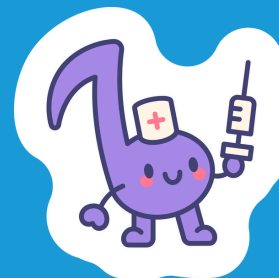
No. Watch for more announcements as we approach Oct. 23.

Questions?

Email benefits@sanidiego.gov.

Thank you,

Risk Management



PERSONNEL

Service Awards

Division	Name	Classification	Years of Service
OS	Douglas Allen	Environmental Biologist 3	10
CP I	Eric Brown	Recreation Leader 1	15
BP	Gary Burns	Grounds Maintenance Supervisor	30
CP II	Enrique Duran, Jr.	Grounds Maintenance Worker 2	10
CP I	Cynthia Jackson	Recreation Leader 1	10
Golf	Lamont Pargo	Irrigation Specialist	25
Golf	Timothy Phelan	Asst Golf Course Superintendent	5
CMS	Sergio Reza	Light Equipment Operator	35
OS	Salvador Serrano	Grounds Maintenance Manager	25



*Thank you for
going above
& beyond.*



Promotions

Division	Name	Classification
OS	Ruben Beltran	Grounds Maintenance Worker 3
CP II	Christopher Chancoy Zamora	Pool Guard 1
CP II	Thomas Ducom	Pool Guard 1
CP II	Francisco Gomez Dominguez	Recreation Leader 2
MBSL	Ismael Gonzalez	Grounds Maintenance Worker 3
CP II	Arturo Herrera Segura	Swimming Pool Manager 1
CP II	Domnique Key	Assistant Recreation Center Director
CRS	Shelby Lawrence	Recreation Leader 2 (Dance)
GOLF	Delia Lencioni	Senior Management Analyst
MBSL	Marcos Licon Luna	Grounds Maintenance Worker 3
CMS	Luis Martinez	Equipment Operator 1
CP II	Katy Moncada	Swimming Pool Manager 1
CRS	Daelin Ross	Recreation Leader 2 (Dance)
MBSL	Zachary Skarbic	Grounds Maintenance Worker 3
CMS	Jason Thomas	Pesticide Supervisor



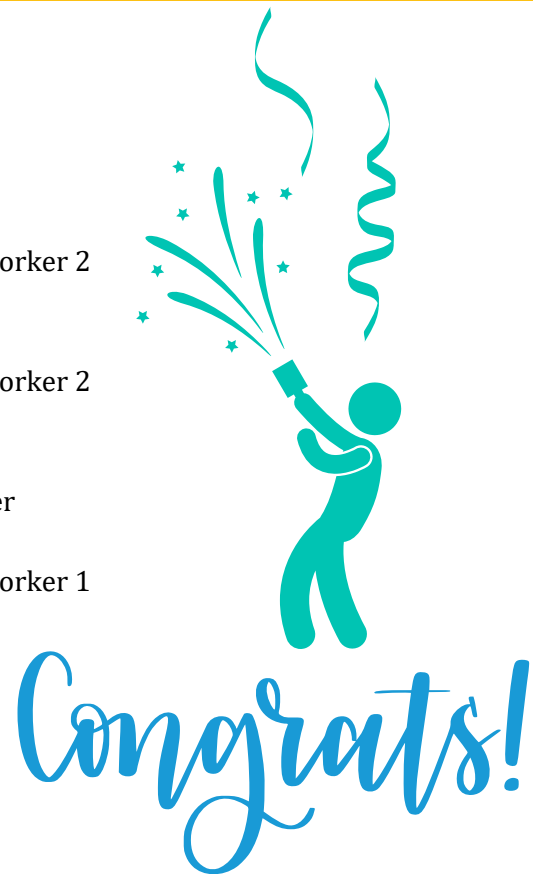
**LET'S
CELEBRATE**

PERSONNEL

Continued

New Hires and Rehires

Division	Name	Classification
CP II	Ashkan Afrooz	Water Safety Instructor
Golf	Alyssa Andrews	Account Clerk
CRS	Stephanie Barragan	Intern
CP II	Giordano Bruno Marin	Pool Guard 1
BP	Jose Camargo Martinez	Grounds Maintenance Worker 2
CP II	Ricardo Castrejon	Pool Guard 1
CP II	Gonzalo Flores Gonzalez	Recreation Leader 1
BP	Jose Flores Pena	Grounds Maintenance Worker 2
OS	Dustin Furlong	Park Ranger
CP II	Dylan Henry	Pool Guard 1
Golf	Juan Ibarra Alvarez	Golf Course Greenskeeper
PR	Dillan Laity	Park Ranger
BP	Omar Magdaleno Rodriguez	Grounds Maintenance Worker 1
OS	Haley Marshall	Park Ranger
OS	Katherine Morrison	Park Ranger
CP II	Johnny Nguyen	Recreation Leader 1
OS	Jessica Norton	Park Ranger
CP II	Ivy O'Donovan	Pool Guard 1
OS	Elias Rocha	Park Ranger
PR	Natalia Toscano	Park Ranger
OS	Mary Zanolatti	Recreation Center Director 2



Service Retirement

Division	Name	Classification	Years of Service
PR	Parish Rye	Park Ranger	21



Parish Rye
Park Ranger



21 years of dedicated service.



AROUND THE DEPARTMENT

Balboa Park Division: Restroom Site Visit



Park Ranger Division: Cleanup at Presidio



On Saturday, September 27th, 26 volunteers gathered near the intersection of Presidio Drive and Taylor Street to help improve visibility into the park from the road—an effort that will support ongoing patrol and safety measures in the area. Their hard work resulted in the removal of a significant amount of vegetation, nearly filling a 40-yard dumpster with green waste. In addition, they collected 88 pounds of trash and debris, along with 19 pounds of recyclables.

-Submitted by Kyle Connors, Park Ranger



AROUND THE DEPARTMENT

Citywide Recreation Services Division: Civic Dance Arts



August 16 & 17- Collage 2026 Encore staging. 68 dancers learned the encore that will close out Collage 2026: Powerful production in February. Guest artists Kevin and Dea Nguyen (BTS, Daddy Yankee, Paula Abdul) came down from LA to create this 5 minute spectacular creation on the four performing level groups. A great time was had by all!

-Submitted by Andrea Feier, Supervising Recreation Specialist



AROUND THE DEPARTMENT

Community Parks I Division: Car Show at South Clairemont





AROUND THE DEPARTMENT

Community Parks I: South Clairemont Recreation Center



The Creative Corner at South Clairemont Recreation Center welcomes children ages 1 to 3.5 years old. Led by Recreation Leader Charrol Negron, this fun and engaging class is specially designed for toddlers.

-Submitted by Jennifer Walsten, Assistant Recreation Center Director

Open Space Division: Lost Dog



On September 20th, Park Rangers Danny, Elias, and Tiffany assisted a community member with a found dog in Emerald Hills Park. The Park Rangers from the Open Space Division transported the dog to the Humane Society where he was scanned for a chip and would hopefully soon be reunited with his family! Great work, team! And shout out to Milton, the goodest boy, who enjoyed treats and the ranger truck AC!

RECOGNIZED EMPLOYEE ORGANIZATIONS



Employee Organizations

EAP

Benefits



Municipal Employees Association (MEA)

9620 Chesapeake Dr Ste 203
San Diego, CA 92123

Phone: 619-264-6632

Fax: 858-300-3898

Web: www.sdmea.org

American Federation of State, County and Municipal Employees (Local 127)

3737 Camino Del Rio South Ste 400
San Diego, CA 92108

Phone: 619-640-4939

Fax: 619-640-8171

Web: <http://www.afscme127.org>

MY SAN DIEGO

San Diego Public Employee Benefit Association

9620 Chesapeake Dr., Suite #104, San Diego, CA 92123

Main: (888) 315-8027 | Fax: (619) 431-3078

support@sdpeba.org

info@sdpeba.org

Monday - Thursday 9:00 a.m. to 5:00 p.m.

Friday 10:00 a.m. to 5:00 p.m.

San Diego City Employees' Retirement System

401 West A Street, Suite 800, San Diego, CA 92101

Phone: (619) 525-3600

Toll Free: (800) 774-4977

FAX: (619) 595-0513

Monday - Friday

9:00 a.m. to 12:00 p.m. and 1:00 p.m. to 4:00 p.m.



Additional Links

[SDPEBA](#)

[Fiscal/Annual Calendar](#)

[SDCERS](#)





THANK YOU FOR ALL YOU DO!

