



# CPR/AED WORKSHOP

Instructed by the San Diego Project Heart Beat Team  
**Hands-Only CPR with use of an AED**

Wednesday March 18th, 2026 • 1:00 - 2:00pm  
Mission Hills Library 215 W. Washington St, San Diego, CA 92103

For educational purposes ONLY • Class is NOT for certification  
Come learn everything one needs to know to save a life from  
Cardiac Arrest!

To RSVP contact [heartbeatadmin@sandiego.gov](mailto:heartbeatadmin@sandiego.gov)

*San Diego Project Heart Beat* is a countywide Public Access Defibrillation/CPR Program  
managed by the San Diego Fire-Rescue Department

***The Class is FREE***

