



CPR/AED WORKSHOP

Instructed by the San Diego Project Heart Beat Team
Hands-Only CPR with use of an AED

Wednesday March 18th, 2026 • 1:00 - 2:00pm
Mission Hills Library 215 W. Washington St, San Diego, CA 92103

For educational purposes ONLY • Class is NOT for certification
Come learn everything one needs to know to save a life from
Cardiac Arrest!

To RSVP contact heartbeatadmin@sandiego.gov

*San Diego Project Heart Beat is a countywide Public Access Defibrillation/CPR Program
managed by the San Diego Fire-Rescue Department*

The Class is FREE

