



# CPR/AED WORKSHOP

Instructed by San Diego Project Heart Beat (SDFD) and a local Senior Girl Scout

**Hands-Only CPR with use of an AED**

Wednesday April 1st, 2026 • 1:00pm - 2pm

North University Community Branch Library 8820 Judicial Dr. San Diego CA 92122

For educational purposes ONLY • Class is NOT for certification

Come learn everything one needs to know to save a life from Cardiac Arrest! Learn about disparities of women receiving CPR in public.

Get your “hands-on” feedback mannequins and an AED.

To RSVP contact [heartbeatadmin@sandiego.gov](mailto:heartbeatadmin@sandiego.gov)

*San Diego Project Heart Beat is a countywide Public Access Defibrillation/CPR Program managed by the San Diego Fire-Rescue Department*

***The Class is FREE***

