

FOR IMMEDIATE RELEASE

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Identifications from Murder-Suicide in Burlingame

SAN DIEGO - On March 23, 2026, at approximately 7:40 p.m., San Diego Police officers and San Diego Fire-Rescue personnel responded to a 9-1-1 call in the 2400 block of San Marcos Ave. in the Burlingame neighborhood. Neighbors reported hearing gunshots and discovering a man suffering from an apparent gunshot wound to his head on the front porch of a residence.

Officers arrived within minutes and located a 51-year-old man with what appeared to be a self-inflicted gunshot wound. Officers located a handgun near the man. Police officers initiated life-saving measures, and San Diego Fire-Rescue personnel transported the man to a local hospital, where he was pronounced deceased less than an hour later. He is now identified as Galen Sherwood. While assisting the male subject on the porch, officers observed an injured 83-year-old woman inside the home. They entered the home to provide medical aid and discovered the woman sustained a non-survivable gunshot wound to her upper torso. She was pronounced deceased at the scene. She is now identified as Virginia Sherwood.

Preliminary investigation indicates the deceased man is the adult son of the deceased woman, and the two reside in the home together.

Detectives from the San Diego Police Department's Homicide Unit responded and assumed responsibility for the investigation. The recovered firearm was collected as evidence and will be examined at the San Diego Police Crime Laboratory for analysis, including comparison of test-fired rounds to the cartridge casings recovered at the scene.

Anyone with information regarding this incident is encouraged to call the Homicide Unit at (619) 531-2293 or Crime Stoppers at (888) 580-8477.

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