

San Diego Regional Cyber Lab



Cyber Range Open and Ready for Business

Our lab is grateful to highlight the work of Juan Rodriguez, a contributor to the Cyber Lab and a current MS student at CSUSM. Juan recently completed the development of an on-premise cyber range built entirely from scratch, utilizing Microsoft Hyper-V and Kali Linux.



As part of this project, Juan created a step-by-step Burp Suite playbook that guides users through the environment while emphasizing the intersection of cybersecurity, ethical hacking, and real-world business functions. The guide walks users through exploiting the insecure [OWASP Juice Shop](#) web application to demonstrate how bad actors can exploit these applications by gaining administrative access, modifying customer reviews, and manipulating CAPTCHA mechanisms. This is just one of many capabilities in the new cyber range.

Beyond the guided walkthrough, users are encouraged to explore the virtual machine freely and explore additional tools such as Nmap, Wireshark, and Autopsy to deepen their hands-on experience. This cyber range serves as a flexible learning platform for anyone looking to strengthen their practical cybersecurity skills.

[Click here](#) to book time in the lab and check out the cyber range for yourself.

Upcoming Events:

- *Quarterly Cyber Lab Stakeholder Committee Meeting (4/10)*
- *San Diego Digital Government Summit (6/10)*

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Level Up Your Cybersecurity Game w/ These Must-Attend Events!

WiCyS Cyber Career Day



When: 25 April 2026

Where:
Palomar College
1140 W Mission Rd
San Marcos, CA 92069

Why: The WiCyS Cyber Career Day is an excellent opportunity for women in the cyber field to connect with one another and receive invaluable support in their attempts to secure long-lasting careers in the San Diego cyber industry.

Link: [Here](#)

San Diego Digital Government Summit



When: 10 June 2026

Where:
Crowne Plaza San Diego
2270 Hotel Circle North
San Diego, CA 92108

Why: The San Diego Digital Government Summit empowers public-sector leaders to explore cutting-edge technologies ranging from cybersecurity, AI, data governance, and digital service delivery. Sessions are designed to spark insight, foster collaboration, and accelerate real-world results.

Link: [Here](#)

Introducing DROP: A New Way to Take Control of Your Data

Starting January 1, 2026, Californians now have access to **DROP — the Delete Request and Opt-out Platform**, a free online tool from CalPrivacy that lets you request the **deletion of your personal information** from more than 500 registered data brokers with a single submission.

Why it matters:

Data brokers collect and sell information about you — from your contact details and browsing history to location data and even inferred interests or habits. This data can fuel targeted manipulation, increase your exposure to scams or identity theft, and heighten the risk of data breaches. DROP empowers you to reduce those risks by requiring brokers to delete non-exempt personal information.

How DROP works:

Users verify California residency, provide basic information (such as name, birthdate, phone, and email), and submit a single deletion request. Data brokers will begin processing requests on August 1, 2026 and must check DROP every 45 days. You can update your request at any time.

Is it secure?

Yes — DROP encrypts and protects all information you provide and uses it only to fulfill your request.

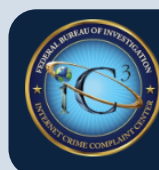
Click [here](#) to submit your DROP request.

FBI Warns of IC3 Impersonation Scam Targeting Fraud Victims

The FBI is warning the public about a growing scam in which criminals impersonate employees of the Internet Crime Complaint Center (IC3) to exploit individuals who have already suffered financial losses. More than 100 reports between December 2023 and February 2025 indicate scammers are contacting victims via email, phone, social media, and online forums, falsely claiming they can recover lost funds. A recent tactic involves fake social media personas posing as fellow victims and directing people to a fraudulent IC3 “Chief Director” named “Jaime Quin” on Telegram, who then attempts to steal additional personal or financial information.

The FBI stresses that the IC3 will never contact individuals directly or request payment for fund recovery. Community members should avoid sharing sensitive information, sending money, or engaging with unsolicited recovery offers. Suspicious activity should be reported at www.ic3.gov, with as much detail as possible, and older adults needing assistance may contact the **DOJ Elder Justice Hotline at 1-833-FRAUD-11**. Stay vigilant, verify identities, and protect your financial information.

For more on this article click [here](#).



**Internet Crime
Complaint Center (IC3)**

FREE Cybersecurity Certifications & Career Opportunities for Students and Part-Time Cyber Professionals

We are excited to share an exceptional opportunity provided by [CAREERworks](#) at Able-Disabled Advocacy, Inc., to launch or advance a career in cybersecurity and IT at **no cost** to participants.

This proven program **provides industry-recognized certifications, hands-on training, professional development, and paid internship opportunities.** The impact of this program is already visible within our community. Contributors to both the Cyber Lab and Women in Cybersecurity (WiCyS) San Diego have successfully completed the program, earning multiple certifications, gaining real-world experience, and securing internships.



Participants begin with a 12-week structured CompTIA certification cohort, with all study materials and exam fees fully covered. Available certifications **include CompTIA A+, Network+, Security+, and CySA+.** In addition to technical training, the program includes a 10-week IT professional development course focused on resume and LinkedIn optimization, technical and behavioral interview preparation, personal brand development, networking strategies with industry professionals, and one-on-one career coaching to support long-term employment success.

To help reduce barriers to participation, wraparound support services may be available. These services can include gas cards or public transportation passes, interview clothing reimbursement, online therapy services, and seasonal food assistance.

The program also offers significant benefits for employers. Intern wages are fully funded at \$20 per hour for up to 200 hours, with no recruiter fees. Employers may select a specific candidate or access a qualified IT talent pool, and Registered Apprenticeship Training Provider partnerships are available.

Applicants are required to complete online assessments in high school-level reading and math, as well as a Security+ placement assessment, submit the formal A-DA application, and provide right-to-work verification (INS Form I-9). H-1B visa holders are welcome to apply.

To learn more or apply click [here.](#)

New Cyber Lab Incubator Coming to San Diego City College

San Diego City College recently secured \$1 million in federal funding to establish a CyberLab Incubator, a hands-on cybersecurity training hub that supplements its Bachelor of Science in Cyber Defense and Analysis program, the only one of its kind in California. The facility will give students realistic experience responding to ransomware, network intrusions, and other cyber threats using high-performance systems in a safe, simulated environment. Representative Scott Peters, who secured the federal appropriation, emphasized that the project will strengthen the region's cybersecurity workforce and help safeguard critical digital infrastructure.

The CyberLab Incubator adds another valuable asset to San Diego's growing cybersecurity ecosystem, complementing the San Diego Regional Cyber Lab's offerings to strengthen cyber readiness across public agencies, private organizations, and academic institutions. Together, these resources expand opportunities for students and professionals to gain practical skills, collaborate on innovative solutions, and contribute to a more resilient regional cyber community, helping ensure San Diego remains a leader in defending against emerging digital threats.

To learn more about SDCC's new Cyber Lab Incubator, [click here](#).

WiCyS 4th Annual Cyber Career Day – Save the Date!

The 4th Annual Cyber Career Day hosted by Women in Cyber Security (WiCyS) San Diego is happening April 25 at Palomar College (San Marcos Campus) — and you won't want to miss it!

This year's event will bring together cybersecurity professionals, students, and industry leaders for a full day of mentorship, networking, and career development.

What to Expect:

- **Mentorship & Insight:** Share your career journey and insider advice to help guide the next generation of cyber talent.
- **Mock Interviews:** Provide valuable feedback to help students build confidence and ace real interviews.
- **Resume Assistance:** WiCyS members will be offering hands-on resume support
- **Inspiring Keynote Speaker:** Hear from a dynamic leader in cybersecurity.
- **High-Impact Networking:** Build meaningful connections across San Diego's cyber community.

To Register Click [Here!](#)

San Diego Regional Cyber Lab

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<http://www.sandiego.gov/cyber-lab>

SAN DIEGO
REGIONAL
CYBER LAB



Cyber Pros: Explore Regional Cyber Lab Resources

Cyber professionals are invited to the San Diego Regional Cyber Lab to access threat intelligence, policy templates, and security frameworks, plus hands-on tools like a virtual cyber range and Haiku games for skill development. These resources are designed to help professionals enhance their skills, strengthen digital defenses, and stay ahead of emerging threats. Explore the full suite of tools and guidance [here](#).

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