



PARADISE HILLS

GIRLS SOFTBALL LEAGUE

Our Youth Softball program is designed to develop and enhance players fundamental skills on base running, throwing, pitching and batting in a friendly and team-oriented environment.

Practices will be held @ Skyline Hills Recreation Center
8285 Skyline Drive San Diego CA 92114



AGES: 9-16 YRS

DAYS: MONDAY & THURSDAY

FEE: \$45.00/ SEASON

9-12 YRS
5:00-7:30PM
ACTIVITY CODE:
131616

13-16 YRS
5:00-7:30PM
ACTIVITY CODE:
131601

FOR MORE INFORMATION CALL 619-527-3419

The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotypes, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.



PEEWEE BASEBALL LEAGUE

6610 POTOMAC STREET SAN DIEGO CA 92139



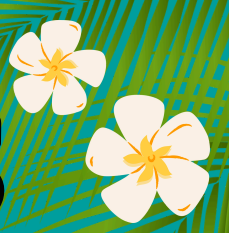
OUR YOUTH PEEWEE BASEBALL PROGRAM IS DESIGNED TO DEVELOP AND ENHANCE PLAYERS FUNDAMENTAL SKILLS ON BASE RUNNING, THROWING, PITCHING AND BATTING IN A FRIENDLY AND TEAM-ORIENTED ENVIRONMENT.
PRACTICES WILL BE HELD @ SKYLINE HILLS REC 8285 SKYLINE DRIVE SAN DIEGO CA 92114

AGES: 5-7
DAYS: MONDAY & WEDNESDAY
TIMES: 4:30-5:30PM
ACTIVITY CODE: 131600

CALL 619-527-3419 FOR MORE INFORMATION



The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint with the City of San Diego, Parks and Recreation Department District Manager Carlos Ries at 619-525-8242, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.



PARADISE HILLS SUMMER CAMP 2026

6610 Potomac Street San Diego CA 92139
619-527-3419

June 8th - July 31st
10:00am - 4:00pm

\$50/Week
Ages: 6-12



Our Camp will be packed with a full day of creative activities including; Arts & Crafts, Sports, Indoor Activities, Team Building, Outdoor Activities, Prizes, Free Lunch and more!



Go Panthers!!

Registration Codes

WEEK 1:131586

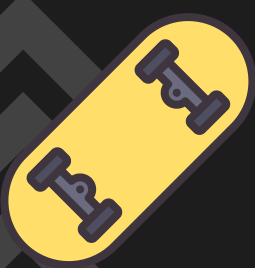
WEEK 2:131587 WEEK 3: 131588 WEEK 4: 131589

WEEK 5: 131591 WEEK 6: 131590

WEEK 7: NATURE CAMP \$60.00 131585 WEEK 8:131592



The City of San Diego is committed to providing a equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.



PARADISE HILLS

SKATEBOARDING CAMP



AGES: 6-14 YRS
TIME: 9:00-12:00PM

SD SKATELIFE SUMMER CAMPS ARE ALL ABOUT HAVING FUN! OUR SKATE CAMPS INCLUDE GROUP LESSONS, INDIVIDUAL INSTRUCTION, SKATEBOARDING GAMES AND ACTIVITIES, CONTESTS, GUEST PROFESSIONAL DEMOS, AND MUCH MORE! OPEN TO ANY AND ALL SKILL LEVELS! PARTICIPANTS MUST WEAR HELMET, ELBOW, AND KNEE PADS. LOANER SKATEBOARDS ARE AVAILABLE IF NEEDED

SESSION I

JUNE 1 -5TH

ACTIVITY CODE: I31599

SESSION II

JUNE 8TH-12TH

ACTIVITY CODE: I31637

FOR MORE INFORMATION CALL 619-527-3419



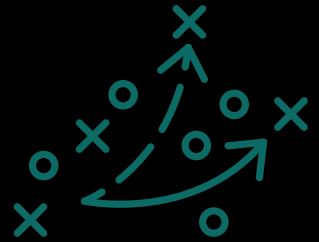
The City of San Diego is committed to providing a safe, equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, sex, sexual orientation, sex stereotyping, or related medical conditions), and traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status, and any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint with the Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.



PARADISE HILLS



FLAG FOOTBALL CLINIC



THE SKILLS SETS DEVELOPED WILL INCLUDE PASSING, RECEIVING, BLOCKING, OFFENSIVE AND DEFENSIVE POSITION PLAY, AND AN OVERALL ATHLETIC DEVELOPMENT IN FLAG FOOTBALL.

**ALL PRACTICES WILL BE HELD AT SKYLINE RECREATION CENTER
8285 SKYLINE DRIVE SAN DIEGO CA 92114**

\$15.00/MONTHLY

DAYS: MONDAY & WEDNESDAY

8-10 YRS

4:30PM-5:30PM

ACTIVITY CODES

JULY: 131594

AUGUST: 131593

10-12 YRS

5:30PM-6:30PM

ACTIVITY CODES

JULY: 131596

AUGUST: 131595

13-14 YRS

6:30PM-7:30PM

ACTIVITY CODES

JULY: 131598

AUGUST: 131597

CALL 619-527-3419 FOR MORE INFORMATION

The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager Carlos Rios at 619-5258242, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.



PARADISE HILLS



12U VOLLEYBALL CLINIC

6610 POTOMAC STREET SD CA 92139



PLAYERS WILL LEARN THE FUNDAMENTALS OF VOLLEYBALL, INCLUDING SERVING, SPIKING, SETTING, PASSING AND GOOD SPORTSMANSHIP.



AGES: 9-12



FEE: \$15/MONTHLY

ONE SESSION PER CHILD

SESSION I- MONDAY

TIME: 4:30-5:30PM

JULY: 131603

AUGUST: 131602



SESSION II- WEDNESDAY

TIME: 4:30-5:30PM

JULY: 131605

AUGUST: 131604

CALL 619-527-3419 FOR MORE INFORMATION

The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.



PARADISE HILLS



14U VOLLEYBALL CLINIC

6610 POTOMAC STREET SD CA 92139



PLAYERS WILL LEARN THE FUNDAMENTALS OF VOLLEYBALL, INCLUDING SERVING, SPIKING, SETTING, PASSING AND GOOD SPORTSMANSHIP.



AGES: 12-14



FEE: \$15/MONTHLY

ONE SESSION PER CHILD

SESSION I- MONDAY

TIME: 5:30-6:30PM

JULY: 131607

AUGUST: 131606



SESSION II- MONDAY

TIME: 6:30-7:30PM

JULY: 131609

AUGUST: 131608

CALL 619-527-3419 FOR MORE INFORMATION

The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.



PARADISE HILLS



16U VOLLEYBALL CLINIC

6610 POTOMAC STREET SD CA 92139



PLAYERS WILL LEARN THE FUNDAMENTALS OF VOLLEYBALL, INCLUDING SERVING, SPIKING, SETTING, PASSING AND GOOD SPORTSMANSHIP.



AGES: 14-16



FEE: \$15/MONTHLY

ONE SESSION PER CHILD

SESSION I- WEDNESDAY

TIME: 5:30-6:30PM

JULY: 131611

AUGUST: 131610

SESSION II- WEDNESDAY

TIME: 6:30-7:30PM

JULY: 131613

AUGUST: 131612



CALL 619-527-3419 FOR MORE INFORMATION



PARADISE HILLS

LITLEDUNKERS



6610 Potomac Street SD CA 92139



PARTICIPANTS WILL LEARN THE FUNDAMENTALS OF BASKETBALL INCLUDING DRIBBLING, SHOOTING, PASSING, ENDURANCE AND GOOD SPORTSMANSHIP.



AGES: 5-7

FEE: \$20/MONTHLY

DAYS: TUESDAY & THURSDAY

TIMES: 5:00-6:00PM

REGISTRATION CODE:

JUNE - (TUESDAY ONLY) 131574

JULY - 131575

AUGUST - 131573

For more information call 619-527-3419



The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.



Paradise Hills



BASKETBALL SKILLS

6610 POTOMAC STREET SD CA 92139

PLAYERS WILL LEARN THE FUNDAMENTALS OF BASKETBALL. INCLUDING DRIBBLING, SHOOTING, PASSING, ENDURANCE AND GOOD SPORTSMANSHIP.

**DAYS: TUESDAYS & THURSDAYS
JUNE- TUESDAYS ONLY
FEE: \$20/MONTHLY**



**AGES: 8-10
TIME: 6:00 -7:00PM
JUNE-131577
JULY- 131578
AUGUST- 131576**



**AGES: 11-14
TIME: 7:00 -8:00PM
JUNE-131580
JULY- 131581
AUGUST- 131579**



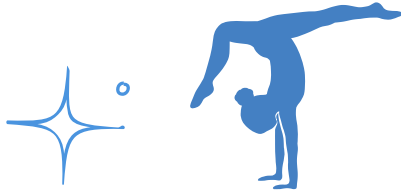
FOR MORE INFORMATION CALL 619-527-3419

The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager Carlos Rios at 6195258242, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.



PARADISE HILLS

GYMNASTICS



Mondays
Ages: 2-8



Parents join their young gymnasts as they build fine and gross motor skills, early reading readiness, rhythm, and movement. Little gymnasts especially enjoy the parent-child partner activities, gymnastics circuits, bubble play, music sticks, and parachute fun!

Intro to Gym Rollers
Start Time: 3:30pm

Ages: 2-3
June Code:
131699

Gym Rollers
Start Time: 4:30pm

Ages: 4-5
June Code:
131698

\$35/
MONTHLY

Academy Gymnastics
Session I
Start Time: 5:30pm

Ages: 5-7
June Code:
131697

Academy Gymnastics
Session II
Start Time: 6:30pm

Ages: 6-8
June Code:
131696



6610 Potomac Street, San Diego, CA 92139
Call (619) 527-3419 For more information

The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including child conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sex transition, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against or harassed on the basis of any of the above, they may file a complaint with either the City of San Diego, Parks and Recreation Department District Manager Carlos Rios at 619-525-8242, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. For more information, visit www.sandiego.gov/equality.



PARADISE HILLS

BOSS UP

SOUL LINE



**\$10/
MONTHLY**

**DAYS: TUESDAY & THURSDAY
TIMES: 6:30-8:00PM
AGES: 18&UP**

**JUNE ACTIVITY CODE: 131583
JULY ACTIVITY CODE: 131584
AUGUST ACTIVITY CODE: 131582**

**COME JOIN MRS. KELLY FOR
OUR LINE DANCE CLASS!**

**EACH WEEK YOU'LL LEARN AND PRACTICE A
ROUTINE OF STYLISH NEW MOVES, WHILE
GETTING EXERCISE AT THE SAME TIME!**

**619-527-3419
6610 Potomac St. San Diego Ca. 92139**



Paradise Hills



Nutritional Class

6610 POTOMAC STREET SAN DIEGO CA 92139



PARTICIPANTS LEARN TO ANALYZE NUTRITIONAL INFORMATION, UNDERSTAND MACRO/MICRONUTRIENTS, PLAN BALANCED MEALS, AND MANAGE WEIGHT OR SPECIFIC HEALTH.

\$10/
MONTHLY

- ✓ AGES: 18+
- ✓ DAYS: SATURDAY
- ✓ TIMES: 12:30-1:30PM
- ✓ ACTIVITY CODE:
JULY-132902
AUGUST-132903



CALL 619-527-3419 FOR MORE INFORMATION



Paradise Hills

WORKOUT CLASS

6610 Potomac Street San Diego CA 92139

Session I

Days: Tuesday

Times: 5:00-6:30pm

June Activity Code: 132892

July Activity Code: 132893

August Activity Code: 132894

Session II

Days: Thursday

Times: 5:00-6:30pm

June Activity Code: 132895

July Activity Code: 132896

August Activity Code: 132897

Session III

Days: Saturday

Times: 10:30-12:00pm

June Activity Code: 132898

July Activity Code: 132899

August Activity Code: 132900



AGES: 18+

Workout classes offer structured, instructor-led group exercise sessions designed to improve strength, cardiovascular fitness, and flexibility

CALL 619-527-3419 FOR MORE INFORMATION



The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager Carlos Rios at 619-252-2424, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.