



# Proclamation of the City Council

## City of San Diego

### Older Americans Month

Presented by  
**Council President Joe LaCava, Councilmember Jennifer Campbell, and**  
**Councilmember Stephen Whitburn**  
 May 2026

**WHEREAS**, older adults are vital members of our communities, contributing their knowledge, experience, and leadership across generations; **and**

**WHEREAS**, approximately 15% of the City of San Diego population is age 65 and older, roughly 1 in 7 residents, and this population is projected to grow significantly in the coming years; **and**

**WHEREAS**, every May, the Administration for Community Living leads the national observance of Older Americans Month to recognize the contributions of older adults, highlight aging trends, and reaffirm our commitment to supporting healthy aging; **and**

**WHEREAS**, the 2026 theme, *Champion Your Health*, emphasizes prevention, wellness, and personal responsibility as essential components of healthy aging; **and**

**WHEREAS**, promoting healthy behaviors, including access to preventive care, nutrition, physical activity, and mental wellbeing, supports independence and enhances quality of life for older adults which result in empowering individuals to take an active role in managing their health, advocating for themselves, and making informed decisions strengthens both individuals and communities; **and**

**WHEREAS**, community-based programs, partnerships, and evidence-based practices play a critical role in reducing isolation, supporting caregivers, and creating opportunities for connection, engagement, and lifelong learning; **and**

**WHEREAS**, local leadership, including the City of San Diego Senior Affairs Advisory Board, plays a vital role in elevating the voices and needs of older adults and advancing age-friendly policies and programs; **and**

**WHEREAS**, fostering age-friendly communities ensures that people of all ages can live with dignity, purpose, and opportunity; **NOW, THEREFORE,**

**BE IT PROCLAIMED**, by the Council of the City of San Diego, that this Council, for and on behalf of the people of San Diego, does hereby proclaim May 2026, to be "Older Americans Month" in the City of San Diego.



*Joe LaCava*  
 COUNCIL PRESIDENT JOE LACAVAL

*Kent Lee*  
 COUNCIL PRESIDENT PRO TEM KENT LEE

*Jennifer Campbell*  
 COUNCILMEMBER JENNIFER CAMPBELL

*Stephen Whitburn*  
 COUNCILMEMBER STEPHEN WHITBURN

*Henry L. Foster III*  
 COUNCILMEMBER HENRY L. FOSTER III

*Marni von Wilpert*  
 COUNCILMEMBER MARNI VON WILPERT

*Raul A. Campillo*  
 COUNCILMEMBER RAUL A. CAMPILLO

*Erivian Moreno*  
 COUNCILMEMBER ERIVIAN MORENO

*Sean E. Rivera*  
 COUNCILMEMBER SEAN ELO-RIVERA

*Todd Gloria*  
 MAYOR TODD GLORIA

Approved by Council on the 12<sup>th</sup> Day of May, 2026