



Aquatics Schedule Effective June 11, 2026

This document is updated on a periodic basis. Please call the pool for the most accurate hours.

| Lap Swim- Spring 2026 | | | | | | | |
|---------------------------|--|--|--|---|---|---|----------------------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Allied Gardens* | 7:30am-11:30pm 12:30pm-6:00pm | 11:00am-1:00pm 2:00pm-7:00pm | 7:30am-11:30pm 12:30pm-6:00pm | 11:00am-1:00pm 2:00pm-7:00pm | 7:30am-11:30pm 12:30pm-6:00pm | 1:00pm-4:00pm | |
| Bud Kearns* | 12:00pm-7:00pm | 10:15am-5:30pm | 12:00pm-7:00pm | 10:15am-5:30pm | 12:00pm-7:00pm | 10:15am-3:30pm | |
| Carmel Mountain | 7:00am-5:00pm | 10:30am-6:00pm | 7:00am-5:00pm | 10:30am-6:00pm | 7:00am-5:00pm | 12:00pm-4:00pm | |
| Carmel Valley | 11:00am-2:00pm 2:45pm-5:00pm | 11:00am-2:00pm 2:45pm-5:00pm | 11:00am-2:00pm 2:45pm-5:00pm | 11:00am-2:00pm 2:45pm-5:00pm | | | 2:00pm-4:00pm |
| City Heights | 8:00am-12:00pm 1:00pm-4:00pm 5:30pm-7:30pm | 8:00am-12:00pm 1:00pm-4:00pm 5:30pm-7:30pm | 8:00am-12:00pm 1:00pm-4:00pm 5:30pm-7:30pm | 8:00am-1:50pm 2:10pm-4:00pm 5:00pm-8:00pm | 8:00am-1:50pm 2:10pm-4:00pm 5:00pm-8:00pm | 8:00am-1:50pm 2:10pm-4:00pm 5:00pm-8:00pm | 11:15am-1:50pm 2:10pm-4:00pm |
| Clairemont | <i>Pool Closed for Renovations</i> | | | | | | |
| Colina Del Sol | | 11:30am-2:00pm 3:00pm-7:00pm | 11:30am-2:00pm 3:00pm-7:00pm | 11:30am-2:00pm 3:00pm-7:00pm | 1:00 pm - 5:00 pm | 8:30am-11:00am 12:00pm-4:00pm | |
| Kearny Mesa | 1:15pm-5:00pm | 10:00am-12:30pm 4:00pm-5:30pm | 1:15pm-5:00pm | 10:00am-12:30pm 4:00pm-5:30pm | | | 10:00am-12:30pm 4:00pm-5:30pm |
| Martin Luther King | | 11:00am-12:30pm 5:00pm-6:30pm | 12:30pm-2:00pm 2:45pm-4:15pm | 11:00am-12:30pm 5:00pm-6:30pm | 12:30pm-2:00pm 2:45pm-4:15pm | 1:45pm-4:00pm | |
| Memorial | 9:00am-3:00pm | 9:00am-3:00pm | 9:00am-3:00pm | 9:00am-3:00pm | 9:00am-3:00pm | 12:00pm-4:00pm | 12:00pm-5:00pm |
| Ned Baumer | 1:30pm-5:30pm | 1:30pm-5:30pm | 1:30pm-5:30pm | 1:30pm-5:30pm | | 9:00am-2:00pm | |
| Swanson | 11:00am-3:00pm | 11:00am-3:00pm | 11:00am-3:00pm | 11:00am-3:00pm | 1:00pm-5:00pm | | |
| Standley | 9:30am-4:45pm 6:15pm-8:30pm | 7:00am-4:45pm | 9:30am-4:45pm 6:15pm-8:30pm | 7:00am-4:45pm | | | 11:00am-4:00pm |
| Tierrasanta | 1:00pm - 2:30pm 3:30pm - 5:30pm | 10:30am - 2:30pm 3:30pm - 5:30pm | 1:00pm - 2:30pm 3:30pm - 5:30pm | 10:30am - 2:30pm 3:30pm - 5:30pm | 10:30am - 2:30pm 3:30pm - 5:30pm | 12:00pm-4:00pm | |
| Vista Terrace | 11:30am-3:00pm | 11:30am-3:00pm | 11:30am-3:00pm | 11:30am-3:00pm | | | 11:30am-4:00pm |

* Limited lanes at certain times of day. Please call ahead.

All Pools Closed June 19. Please check with pool staff for open hours on July 3rd and July 4th

See next page for Recreation Swim Hours



This document is updated on a periodic basis. Please call the pool for the most accurate hours.

Recreational Swim- Spring 2026

| | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> | <i>Sunday</i> |
|---------------------------|------------------------------------|------------------|----------------------------------|------------------|-------------------|-----------------------------------|-----------------|
| Allied Gardens | 9:30am-11:30am | 11:00am - 1:00pm | 9:30am-11:30am | 11:00am - 1:00pm | 9:30am-11:30am | 1:00pm-4:00pm | |
| | 12:30pm-2:30pm | 6:00pm - 7:00pm | 12:30pm-2:30pm | 6:00pm - 7:00pm | 12:30pm-2:30pm | | |
| Bud Kearns | 12:00pm-4:00pm | 1:00pm-4:00pm | 12:00pm-4:00pm | 1:00pm-4:00pm | 12:00pm-4:00pm | 10:15am-3:30pm | |
| Carmel Mountain | 12:00pm-4:00pm | 12:00pm-4:00pm | 12:00pm-4:00pm | 12:00pm-4:00pm | 12:00pm-4:00pm | 12:00pm-4:00pm | |
| Carmel Valley | 12:30pm-2:00pm | 12:30pm-2:00pm | 12:30pm-2:00pm | 12:30pm-2:00pm | | | 2:30pm-4:00pm |
| City Heights** | 1:00pm-4:00pm | 1:00pm-4:00pm | 1:00pm-4:00pm | 12:00pm-1:50pm | 12:00pm-1:50pm | 12:00pm-1:50pm | 12:00pm-1:50pm |
| | | | | 2:10pm - 4:00pm | 2:10pm - 4:00pm | 2:10pm - 4:00pm | 2:10pm - 4:00pm |
| Clairemont | <i>Pool Closed for Renovations</i> | | | | | | |
| Colina Del Sol | | 3:00pm-5:00pm | 3:00pm-5:00pm | 3:00pm-5:00pm | 1:00 pm - 5:00 pm | 8:30am-11:00am 1:30pm - 4:00pm | |
| Kearny Mesa | 1:15pm-2:45pm 3:15pm - 4:45pm | 2:00pm-4:00pm | 1:15pm-2:45pm 3:15pm - 4:45pm | 2:00pm-4:00pm | | | 2:30pm-5:30pm |
| Martin Luther King | | 12:15pm - 2:15pm | 12:30pm - 2:00pm | 12:15pm - 2:15pm | 12:30pm - 2:00pm | 1:45pm - 3:30pm | |
| | | 3:00pm - 5:00pm | 2:45pm - 4:15pm | 3:00pm - 5:00pm | 2:45pm - 4:15pm | 3:45pm - 5:00pm | |
| Memorial* | 12:00pm-3:00pm | 12:00pm-3:00pm | 12:00pm-3:00pm | 12:00pm-3:00pm | 12:00pm-3:00pm | 5:00pm-8:00pm | 12:00pm-5:00pm |
| | | | | 5:00pm - 8:00pm | 5:00pm - 8:00pm | | |
| Ned Baumer | 1:30pm-3:30pm | 1:30pm-3:30pm | 1:30pm-3:30pm | 1:30pm-3:30pm | | 10:00am-2:00pm | |
| Swanson | 1:00pm-3:00pm | 1:00pm-3:00pm | 1:00pm-3:00pm | 1:00pm-3:00pm | 3:00pm-5:00pm | | |
| Standley*** | 1:00pm-3:00pm | 1:00pm-3:00pm | 1:00pm-3:00pm | 1:00pm-3:00pm | | | 11:00am-4:00pm |
| Tierrasanta** | 1:00pm - 2:30pm | 12:00pm - 2:30pm | 1:00pm - 2:30pm | 12:00pm - 2:30pm | 12:00pm - 2:30pm | 1:00pm - 4:00pm | |
| Vista Terrace | 11:30am-3:00pm | 11:30am-3:00pm | 11:30am-3:00pm | 11:30am-3:00pm | | | 11:30am-4:00pm |

* Limited lanes at certain times of day. Please call ahead.

**Operation of the slides & children's pool is dependent on multiple factors. Please call ahead.

***Shallow end only

All Pools Closed June 19. Please check with pool staff for open hours on July 3rd and July 4th

See next page for Water Fitness Hours



This document is updated on a periodic basis. Please call the pool for the most accurate hours.

| Water Fitness - Spring 2026 | | | | | | | |
|-----------------------------|-----------------------------|-------------------------------------|-------------------|-------------------------------------|-------------------|---------------------|-------------------------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Allied Gardens | 8:00 am - 9:00 am | 5:30 pm - 6:30 pm | 8:00 am - 9:00 am | 5:30 pm - 6:30 pm | 8:00 am - 9:00 am | 1:30 pm - 2:30 pm** | |
| Bud Kearns** | | 9:00am-10:00am** | | 9:00am-10:00am** | | 9:00am-10:00am** | |
| Carmel Mountain | 9:00am-10:00am | | 9:00am-10:00am | | 9:00am-10:00am | 12:00pm-1:00pm** | |
| Carmel Valley | 11:30am-12:30pm | 11:30am-12:30pm | 11:30am-12:30pm | 11:30am-12:30pm | | | 1:00pm-2:00pm |
| City Heights | 5:30pm-6:30pm | | 5:30pm-6:30pm | | | | 11:15am-12:15pm |
| Clairemont | Pool Closed for Renovations | | | | | | |
| Colina Del Sol | | 11:45am-12:45pm 5:30pm-6:30pm | | 11:45am-12:45pm 5:30pm-6:30pm | | 12:15pm-1:15pm | |
| Kearny Mesa | | 10:00am-11:00am 11:30am-12:30pm* | | 10:00am-11:00am 11:30am-12:30pm* | | | 10:00am-11:00am 11:30am-12:30pm* |
| Martin Luther King | | | | | | 4:00pm-5:00pm** | |
| Memorial | 10:30am-11:30am | 6:00pm-7:00pm | 10:30am-11:30am | 6:00pm-7:00pm | 10:30am-11:30am | | |
| Ned Baumer | | | | | | 9:00am-10:00am | |
| Swanson | 11:15am-12:15pm | 11:15am-12:15pm* | 11:15am-12:15pm | 11:15am-12:15pm* | | | |
| Standley** | | 9:30am-10:30am** | | 9:30am-10:30am** | | | 11:15am-12:15pm** |
| Tierrasanta* * | | 11:00am - 12:00pm | | 11:00am - 12:00pm | 11:00am -12:00pm | | |
| Vista Terrace | | 6:00pm-7:00pm | | 6:00pm-7:00pm | | | |

*Arthritis class

**Deep end only

All Pools Closed June 19. Please check with pool staff for open hours on July 3rd and July 4th

ALL PARTICIPANTS MUST SIGN A WAIVER PRIOR TO THE START OF CLASS