

City Heights Swim Center

4380 Landis Street, 92105
(619)641-6126
Swimming Pool Manager: Edgar Jimenez

schedule effective
June 1st

RECREATION SWIM	Monday–Wednesday Thursday–Sunday Friday–Saturday	1:00pm–4:00pm 12:00pm–1:50pm / 2:10pm–4:00pm** 5:00pm– 8:00pm
LAP SWIM	Monday–Wednesday Thursday–Friday Saturday Sunday	8:00am–12:00pm* & 1:00pm–4:00pm* & 5:30pm–7:30pm* 8:00am –1:50pm / 2:10pm–4:00pm** & 5:00pm–8:00pm* 12:00pm–1:50pm / 2:10pm–4:00pm** & 5:00pm–8:00pm 11:00am–1:50pm / 2:10pm–4:00pm**

*Limited lap lanes during some scheduled programs. Lane sharing and circle swimming is required. Please call ahead.

**Two separate sessions for Safety checks and Pool Maintenance. Patrons must exit facility completely before re-entry.

FACILITY ADMISSION	Adults (16 and older)	daily \$5.00	passes \$96/30 swims or \$36/10 swims
	Child/Senior/Disabled	daily \$2.25	passes \$48/30 swims or \$18/10 swims

*Passes are valid for 1 year from date of purchase and can be utilized at any City of San Diego swimming pool. No replacement for lost or stolen passes. *

- All persons entering the facility must pay the admission fee and wear proper swim attire in the water. No re-entry is allowed.
- A paying guardian in a swimsuit must accompany children under 8 years of age or less than four feet tall and must remain within arms reach of the child at all times.
- All aquatics programs, schedules and fees may change and or be cancelled without notice.
- Only service animals trained to aid a person with a disability are allowed in the facility, but not in the water.
- Please follow all posted rules and adhere to directions from aquatic staff.
- Emergency trainings and drills will occur without advance notice .

ALL CITY POOLS WILL BE CLOSED JUNE 19

CITY HEIGHTS SWIM CENTER WILL BE CLOSED JULY 3 WITH HOLIDAY HOURS ON JULY 4 (12:00pm–4:00pm)

YOUTH TEAMS	The City of San Diego Youth Aquatic League is a recreational level swim and water polo program. We offer safe and affordable aquatic sports, dedicated to introducing and developing basic skills, while promoting fun, water safety and team spirit. Inter-league swim meets and water polo games take place year-round.		
SWIM	Prerequisite:	Swimmers must be able to demonstrate 25 yards of front crawl, breaststroke, back stroke and 15 yards of butterfly. Tryouts must be scheduled with coach or Pool Manager.	
	Practice:	Monday/Wednesday/Friday 4:30pm–5:30pm	
	Fee:	\$35.00 per month (due at beginning of each month)	
WATER POLO	Prerequisite:	Youth Level must be able to demonstrate 200 yards of continuous swim and one minute of treading water. Ages 9–17.	
	Practice:	Tuesday/Thursday 4:30pm–5:30pm	
	Fee:	\$35.00 per month (due at beginning of each month)	
		Junior Level has no prerequisite and is focused on teaching water safety and competency, while introducing the basics of water polo. Ages 5–8 or 9–12	
	Practice:	Sunday 2:00pm–3:00pm	
	Fee:	\$21.00 per month (due at beginning of each month)	

Tryouts must be scheduled with Coach or Pool Manager. Team sizes are limited by pool space and Coach to participant ratio

WATER FITNESS	Aquatic Body Conditioning–Total–body strength and conditioning class that offers multi-level, low impact, cardiovascular workout in shallow water. This class will emphasize flexibility and endurance. Participants do not need to know how to swim but must be comfortable in the water.		
	Monday/Wednesday	5:30pm–6:30pm	\$5.00 daily or \$39/10 classes
	Sunday	11:15am–12:15pm	\$5.00 daily or \$39/10 classes

A waiver form must be completed annually.

For a complete list of all City swimming pools and seasonal brochures, please visit www.sandiego.gov/pools