



July 2026

THE YOUTH BULLETIN

San Diego, A City Where Children and Youth Thrive

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The Office of Child & Youth Success (OCYS) serves as a navigation and connection point for residents seeking supportive services and programming for youth ages 24 and below.

Vision

All of San Diego's children and youth thrive, are empowered, and feel successful. They are supported by a coordinated network of City and community partners with a shared framework to provide high-impact and equitable programs, services, resources, and opportunities.

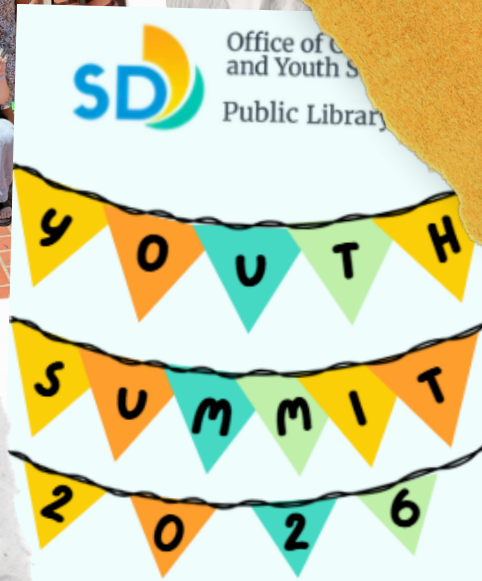
LEARN MORE >

Mission

The Office of Child and Youth Success is dedicated to prioritizing San Diego's youngest community by ensuring access to resources, services, and high-quality programs to support positive social, health, and educational outcomes for all children and youth.

Creators

Each of our monthly newsletters are supported by Brilly Gonzalez Corea and created by OCYS interns Ayleth Cruz, Frida J Cienega, and Ruth Pineda.



June 3, 2026
War Memorial Building, Balboa Park
San Diego



The 2026 Youth Summit was a success!
Over 200 youth attended along with community partners, presenters, and resource providers. OCYS partnered with Youth Will, Our Time to Act, Reality Changers, the LGBTQ+ Community Center, and the Creative Youth Development Network. We had youth speakers, breakout sessions, art engagements, a live podcast recording, games, live music from Songs 4 Smiles, and tons of fun in the sun! Check out the list of presenters and partners, [here](#). We hope to see you at next year's Summit!



San Diego Youth Commission

F.A.Qs Sheet



What's my role as a Youth Commissioner?

- Engage in youth advocacy
- Provide input about your community
- Identify critical issues & present findings & recommendations to City leadership
- Commit to no less than 4 meetings a year with fellow Youth Commissioners

Where can I find the YC Meeting Schedule?

All scheduled meetings and locations can be found on the San Diego Youth Commission meetings web page (<https://www.sandiego.gov/youth-commission/meetings>).

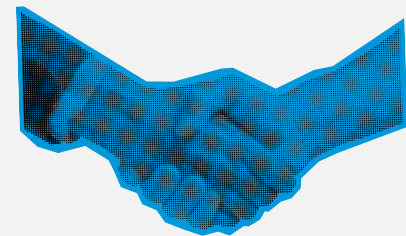


Can I still join a YC Meeting if I am not a part of the committee?

Yes! Youth Commissioner meetings are public and we encourage public comments and input during meetings.

If I need help with my application, whom can I contact?

If you need assistance, you can contact the Office of Child and Youth Success at ocys@sandiego.gov



I submitted my application, what do I do next?

If you submitted an application, please remain patient, a member of the Office of Boards & Commissions will process your application and notify your council district office to review your application. If you have additional questions, contact OCYS at ocys@sandiego.gov



LEARN MORE



APPLY



Monthly
Weekly
Daily

JULY CELEBRATIONS

Disability Pride month: Disability Pride Month is observed every July to celebrate disability identity, culture, and rights, marking the anniversary of the Americans with Disabilities Act (ADA) signed on July 26, 1990

Plastic Free July: Plastic Free July™ is a shared global movement that helps millions of people reduce plastic waste through simple, everyday choices and be part of the solution to plastic pollution.

Monthly

(July 7) National Fashion Day: National Fashion Day encourages people to embrace their unique style, appreciate craftsmanship, and celebrate the diversity of the fashion industry

(July 10) National Kitten day: Promote kitten adoption, raise awareness about homeless kittens, and celebrate the joy kittens bring to our lives.

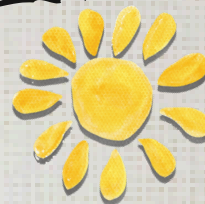


July 7
&
July 10

July 20-26
&
July 30

(July 20 - 26) Shark week: Launched in 1988, Shark Week is Discovery Channel's longest running and most watched event. It began as a conversion driven program to educate the public on stigma on sharks, to show the beauty these animals provide for our ecosystem.

(July 30) International Day of Friendship: Proclaimed in 2011 by the UN General Assembly with the idea that friendship between peoples, countries, cultures and individuals can inspire peace efforts and build bridges between communities.



OCYS Interns



Ayleth Cruz



Frida J. Cienega



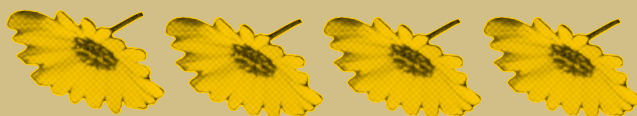
Ruth Pineda

Whats next for our OCYS interns?

When my internship comes to an end, I plan to explore opportunities in the marketing field. This internship helped me find my love for graphic design, event planning, and social media marketing. I plan to continue my studies and apply to film schools during the fall. Being an intern for OCYS has opened many opportunities and knowledge on youths needs in San Diego. I would like to thank my amazing team for always helping me and guiding me through my internship.

When my internship eventually comes to a close, I plan to continue working on other projects and eventually attend grad school. Working at OCYS as an intern has led to many paths, both internally and externally. Meeting new individuals and sharing lovely moments has helped improve my social skills and connections with others.

When my internship comes to an end I hope to keep pouring resources into the communities of San Diego through community outreach efforts. I have a personal drive to help others in any capacity that I can, and if I can help others as a full-time job I would have accomplished a life long goal. Being an OCYS intern has only reaffirmed my feelings of wanting to do work that helps those within the City that I call home. Thank you to my team for giving me an opportunity to further my experience in community outreach work.

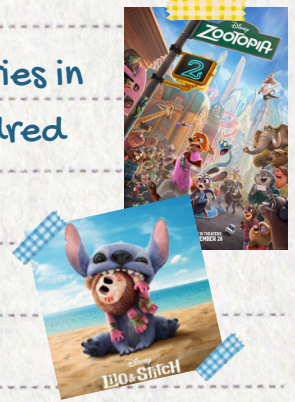
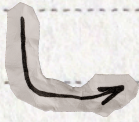


SUMMER BUCKET LIST



Summer Movies in the Park

Summer Movies in the Park is the largest free outdoor movie series in San Diego County, with dozens of hosting sites and over a hundred screenings.



Parks After Dark



Parks After Dark will transform select parks into lively hubs of activity, entertainment, and connection! Free events every Thursday, Friday, and Saturday from 5pm-8pm until August 1st



Discover & Go Program

museum
Museum of Us — All of us

The Discover & Go program offers FREE family day passes to several of San Diego's biggest attractions! Passes can be reserved online, in-person or over the phone with a valid San Diego Public Library card.

the new
children's
museum™



San Diego Zoo



JOIN THE SUMMER READING PROGRAM
June 1 - August 15 Open to all ages!

Complete the Reading Program
by **8/15** for a chance to win
GRAND PRIZES

complete any combo of 10
BOOKS, HOURS, or ACTIVITIES
to earn prizes
while supplies last



more info & sign up at
sandiego.gov/SummerReading



July Jump Start: Using Summer to Prepare for College and Career Success

College Planning Starts Now

For rising seniors, college application season is just around the corner. Universities, scholarships, and financial aid programs often have deadlines that arrive quickly during the fall semester. Students can reduce stress later by completing important tasks during July.

Reality Changers prepares youth to become first-generation college graduates and agents of change in their communities.

As summer unfolds, many students look forward to relaxation, vacations, and spending time with family and friends. While taking time to recharge is important, July is also one of the most valuable months for students to prepare for a successful school year and take meaningful steps toward their college and career goals.

CONSIDER FOCUSING ON THE FOLLOWING:

- Create or update your college list.
- Research majors and career pathways that align with your interests.
- Visit college campuses in person or virtually.
- Begin brainstorming and drafting college application essays.
- Update your resume with leadership, volunteer, work, and extracurricular experiences.
- Request recommendation letters early from teachers, counselors, mentors, or coaches.
- Review admission requirements for universities and scholarship programs.

WAYS TO EXPLORE CAREER OPTIONS INCLUDE:

- Participating in internships or summer employment.
- Job shadowing professionals in fields of interest.
- Conducting informational interviews with community members and mentors.
- Attending career fairs, workshops, or networking events.
- Completing career assessments to identify strengths and interests.
- Researching educational requirements and salary information for various careers.

Final Thoughts

Every college acceptance, scholarship award, internship opportunity, and career success story begins with small steps taken consistently over time. Let July be the month you take those first steps toward achieving your dreams.

College & Career Resource Spotlight

Summer provides additional opportunities to prepare for the upcoming academic school year and to help you begin to think and plan for college and career readiness. Here are a few resources that can support students summer plans with pre-college programming for various college campuses.

FINANCIAL AID & SCHOLARSHIP UPDATES

- **Niche \$10,000 No Essay Scholarship** ~ Deadline: July 31, 2026
- **Silver Cloud Foundation Scholarship | \$5,000** ~ Deadline: July 5, 2026
- **The Rick and Sherry Murray Medical Futures Scholarship | \$8,000** ~ Deadline: July 8, 2026
- **TYLENOL Future Care Scholarship (35) | \$10,000** ~ Deadline: July 13, 2026
- **SigEp Western Carolina University Balanced Man Scholarship | \$2,000** ~ Deadline: July 28, 2026

CONTESTS AND COMPETITIONS

- **Graphic Communications Week Poster Design Contest [Art]** ~ July 1
- **International German Olympics (IDO) [Foreign Language]** ~ July 13
- **National Junior Classical League Convention [The Classics]** ~ July 21
- **NCTE REALM (Recognizing Excellence in Art & Lit. Magazines) [Art & Literature]** ~ July 31
- **The Emerson Prize [History]** ~ August 1
- **New York Times Editorial Contests [Writing]** ~ August 14
- **Columbia Scholastic Press Association Gold Circle Awards [Journalism]** ~ August 31

SUMMER PRE-COLLEGE PROGRAMS

- **Summer at Hopkins Pre-College** | July 6, 2026
- **Northwestern University Pre-College** | July - Rolling
- **Wake Forest University Online Immersion Program** | July - Rolling
- **University of Notre Dame Pre-College** | July - Rolling
- **Dartmouth College Precollege** | July - Rolling

STANDARDIZED TESTING

- **July ACT Score Release** ~ July 21, 2026
- **August SAT - Registration Deadline** ~ August 7, 2026
- **September ACT - Registration Deadline** ~ August 14, 2026
- Looking for test prep? Click [here](#).





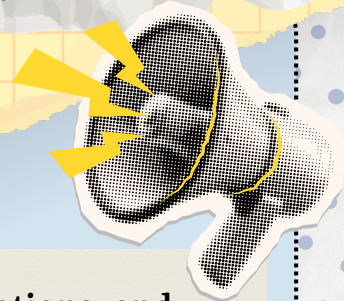
Career Spotlight

Calling ALL Inspiring Business
(Marketing)/Entrepreneurship
Anesthesiologist/Physician Assistant
(PA) !!!

According to the Occupational Outlook
Handbook 2025:

Videos with more info:

Advertising, Promotions, and Marketing Managers
Anesthesiologist/Physician Assistant (PA)



2024 Median Pay
(Per Year)
(Per Hour)

Advertising, Promotions, and
Marketing Managers
\$159, 660 per yr. | \$76.76 per hr.

Anesthesiologist/PA
\$133,260 per yr. | \$64.07 per hr.

Typical Entry-Level Advertising, Promotions and Marketing Special Effects Artists/Animators	→	Bachelor's Degree Masters Degree
Work Experience in <u>Occupation</u>	→	None None
On-the-job Training	→	None None
Number of Jobs, 2024	→	434,000 162,700
Job Outlook, 2024-34	→	6 % (Faster than average) 20 % (Much faster than average)
Employment Change, 2024-34	→	26,100 33,200

JACOBS
CENTER FOR NEIGHBORHOOD INNOVATION

• Community Projects

Applications for TEA '27

LaunchPad Teen
Entrepreneurship

Summer 2026

Dates (Varies) | Apply Here

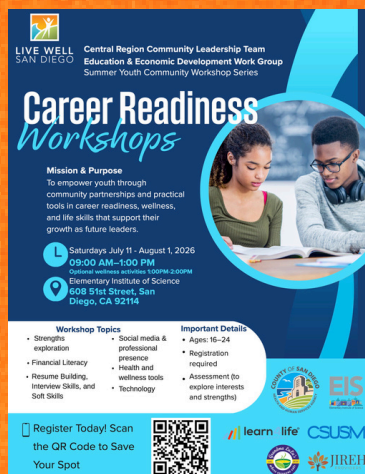




Careers in Education Job Fair

July 23
@ 8 am -
12pm

Live Well San Diego Summer 2026 Career Readiness Workshop Registration



Multiple
dates in
July &
August



Goodwill
FREE workshops &
Employment opportunity's

Apply
and
register
here!

San Diego
Career Fair



More
info
here!!

UPCOMING

J O B F A I R S



The San Diego Promise Program aims to eliminate financial barriers to community college education. Qualified students at San Diego City, Mesa, and Miramar colleges, including those transitioning from the College of Continuing Education, can access a free education.

PROMISE PROGRAM INFORMATION NIGHTS

Join us via Zoom to learn more about the admission requirements and benefits of San Diego Promise Program.

[RSVP Today!](#)

FALL SEMESTER START:
AUGUST 24, 2026



[APPLY FOR FALL 2026!](#)



Website:
sdccd.edu/students/student-promise

For more information on Admissions
<https://www.sdccd.edu/students/admissions>

For more information on Continuing Education
<https://sdcce.edu/academics/index.html>



Helping Hands San Diego



Do you need service
hours or just want
to help out your
community?

YES!

YES!!



San Diego Pride is a nonprofit organization that hosts one of the largest LGBTQ+ celebrations in the U.S. every July. Check out their volunteer page to see various ways you can help!



I Love A Clean San Diego is nonprofit that is on a mission to create zero waste lifestyles and zero litter throughout San Diego County. Check out their volunteer page to see how you can do your part to keep SD clean!



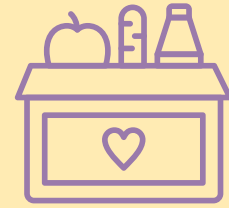
PATH's is a nonprofit whose mission is to end homelessness. They provide supportive services and build affordable and supportive housing across the state. Check out their volunteer page to see the various ways you can help!



Mama's Kitchen is a nonprofit that provides nutritional support to San Diego residents at risk of malnutrition due to critical illnesses. Check out their volunteer page to see the various ways you can help!



SUMMER FOOD RESOURCES



STAY CONNECTED AND INFORMED

FOOD BANK SUMMER MEALS PROGRAM

Through the San Diego Food Bank ten meal sites across the region are offering free food distributions to any San Diego youth aged 0 to 18, beginning June 3 through Aug. 27.

To learn more, visit the [City of San Diego Free Summer Lunch webpage](#).



WORKREADY HUB

211 San Diego provides a one stop shop for connections to resources to help you meet the new requirements for CalFresh and Medi-Cal.

Access the WorkReady Hub by calling 2-1-1 or visiting [WorkReady Hub webpage](#)

SAN DIEGO FOOD RESOURCES

- [CalFresh](#) - Apply for benefits
- [Feeding San Diego](#)
Search food distribution sites
- [San Diego Hunger Coalition](#)
Search for food assistance and resources
- [College Student CalFresh Toolkit](#)
Food assistance for college students
- [Food Assistance Resource Flyer](#)
- [Grandma LuLu's Table](#)
Saturdays at various locations



Discover

JULY 2026 PROGRAMS

ALL PROGRAMS FREE OF CHARGE

STEAM

Game Jam Jr. 2026

San Ysidro Library
07/13/2026 - 07/17/2026
4:00PM - 5:30PM



mysdpl.org/discoverU

These programs are funded in full or in part by Carnegie Corporation of New York's national Libraries as Pillars of Education and Democracy Program.

This information and program content can be made available in alternative formats upon request. For disability-related modifications or accommodations, please email Richard Cooper RACooper@sandiego.gov. For language access needs such as translation services please email Ady Huertas Ahuertas@sandiego.gov.

LIFE MANAGEMENT SKILLS

Whole-Body Wellnes

Rancho Peñasquitos Library
07/18/2026 | 10:00AM - 11:00AM

Healthy Cooking: Snacks

Carmel Valley Library
07/21/2026 | 3:00PM - 4:00PM

Cooking Ideas: Breakfast

San Ysidro Library
07/29/2026 | 4:00PM - 5:00PM

Cooking Ideas: Dinner

Mountain View/Beckwourth Library
07/31/2026 | 4:00PM - 5:00PM

COLLEGE PREP

Building a College Ready Mindset

Pacific Highlands Ranch Library
07/09/2026 | 4:00PM - 5:00PM

Leadership & Services in College

Pacific Highlands Ranch Library
07/23/2026 | 4:00PM - 5:00PM



Public
Library





UPCOMING EVENTS

Twilight Free Concerts in Balboa Park

- July & August, 6:30pm
- Spreckels Organ Pavilion in Balboa Park

Pride Parade

- July 18, 19 from 12pm - 10pm
- Marston Point., Balboa Park (6th Ave. & Laurel St.)

Celebrate 250 years of the U.S.

- July 4th, 6 - 9:30 pm
- Waterfront Park
- Food Trucks, Music, Firework show

Zovargo Animal Show

- July 22 - 10am - 11 am
- Children's Area, Oak Park Library 2802 54th St. San Diego CA