

Kearny Mesa Swimming Pool

3170 Armstrong Street, 92111
(619)573-1389
Swimming Pool Manager: Jorge Clayton

Effective August 10th
POOL CLOSED
on Fridays & Saturdays

RECREATION SWIM	Monday –Thursdays Sunday	1:00 p.m.–4:00 p.m. 12:30 p.m.–5:00 p.m.
LAP SWIM	Monday—Thursdays Sunday	12:30 p.m.–5:00 p.m. 12:30 p.m.–5:00 p.m.

Limited lap lanes during some scheduled programs. Lane sharing and circle swimming is required. Please call ahead.

FACILITY ADMISSION	Adults (16 and older)	daily \$5.00	passes \$96/30 swims or \$36/10 swims
	Child/Senior/Disabled	daily \$2.25	passes \$48/30 swims or \$18/10 swims

Passes are valid for 1 year from date of purchase and can be utilized at any City of San Diego swimming pool. No replacement for lost or stolen passes.
An SDRconnect.com/ActiveNet account is required to purchase swim passes.

- All persons entering the facility must pay the admission fee and wear proper swim attire in the water. No re-entry is allowed.
- A paying guardian in a swimsuit must accompany children under 8 years of age or less than four feet tall and must remain within arms reach of the child at all times.
- All aquatics programs, schedules and fees may change and or be cancelled without notice.
- Only service animals trained to aid a person with a disability are allowed in the facility, but not in the water.
- Please follow all posted rules and adhere to directions from aquatic staff.
- Emergency trainings and drills will occur without advance notice.
- Organized activities require management approval in advance

ALL CITY POOLS WILL BE CLOSED SEPTEMBER 7, NOVEMBER 11 and 26

YOUTH TEAMS	The City of San Diego Youth Aquatic League is a recreational level swim and water polo program. We offer safe and affordable aquatic sports, dedicated to introducing and developing basic skills, while promoting fun, water safety and team spirit. Inter-league swim meets and water polo games take place year-round.		
SWIM	Prerequisite:	Gold Level must be able to demonstrate 50 yards of front crawl, backstroke, breaststroke and 25 yards of butterfly. Ages 6-17. Silver Level must be able to demonstrate 25 yards of front crawl, backstroke with a basic understanding of breaststroke or completion of Level 3 swim lesson. Ages 6-17.	
	Practice:	Monday/Wednesday	5:00 p.m.–6:00 p.m.
	Fee:	\$28.00 per month (due at beginning of each month)	
WATER POLO	Prerequisite:	Youth Level must be able to demonstrate 200 yards of continuous swim and one minute of treading water. Ages 9-17.	
	Practice:	Tuesday and Thursday	5:00 p.m.–6:00 p.m.
	Fee:	\$28.00 per month (due at beginning of each month)	
		Junior Level has no prerequisite and is focused on teaching water safety and competency, while introducing the basics of water polo. Ages 5-8 or 9-12	
	Practice:	Sunday	1:30 p.m.–2:30 p.m.
	Fee:	\$21.00 per month (due at beginning of each month)	

Tryouts must be scheduled with Coach or Pool Manager. Team sizes are limited by pool space and Coach to participant ratio

WATER FITNESS	Aquatic Body Conditioning–Total-body strength and conditioning class that offers multi-level, low impact, cardiovascular workout in shallow water. This class will emphasize flexibility and endurance. Participants do not need to know how to swim but must be comfortable in the water.		
	Arthritis Class	Tue / Thu / Sun	10:00 a.m.–11:00 a.m.
	Aquatic Body Conditioning (ABC)	Tue / Thu / Sun	11:30 a.m.–12:30 p.m.
	Fee: \$5 per class or \$39 / 10 class pass		

A waiver form must be completed annually.

For a complete list of all City swimming pools, seasonal brochures and swim lesson information, please visit www.sandiego.gov/pools